



**Recreation Therapy Registration Information**  
**Evening Recreation Therapy Intensive 3/21/19 5:45 pm**  
**Annual Recreation Therapy Institute 3/22/19 7:00 am**  
**Sacramento Convention Center**



Join us on Thursday Evening, March 21, 2019 *AND/OR* Friday, March 22, 2019 for our annual statewide training. There are up to **1.05 CEU's** available if you register for both RT trainings—many more if you register for the CPRS Conference & Expo (minimum of two hours required to receive CEU's).

**Therapeutic Recreation Workshop (Evening Intensive)**

<b>Therapeutic Recreation Thurs. Evening Workshop (3/21/19)</b>	<b>After 1/23/2019</b>	<b>0.25 CEUs</b>
<b>CPRS Member</b>	<b>\$40</b>	<b>\$20</b>
<b>Nonmember</b>	<b>\$45</b>	<b>\$40</b>
<b>CPRS Student Members</b>	<b>\$20</b>	<b>N/A</b>

IF you are attending the CPRS Conference and/or Thursday's evening Therapeutic Workshop and Friday Institute, please only buy CEUs once. It's a one-time charge and not by day.

<b>RT Institute Only on 3/22/19 Registration and CEU Prices</b>	<b>After 1/23/2019*</b>	<b>Up to 0.8 CEU's</b>
<b>CPRS Member</b>	<b>\$ 230</b>	<b>included</b>
<b>Nonmember</b>	<b>\$ 280</b>	<b>included</b>
<b>Student Member</b> (Must include proof of full-time status-- no discount for Part-time students)	<b>\$ 70</b>	<b>N/A</b>
<b>Volunteer*</b> (Register with paper only; pre-approval required please-contact Daniela Martinez, d-n_martinez@hotmail.com, maximum in effect, first come, first served)	<b>\$0</b>	<b>\$ 20</b>

Advance registration is due by February 26, 2019. After that, you will register onsite and lunch will not be included. \*

\*Volunteer positions are currently full.

\*\*Speakers please note: CEUs are not provided for the educational session you are presenting and please complete a paper registration form without payment. Thank you.

Educational content questions: Contact Intensive Coordinator Amanda Ho-de Castro, CTRS, [AmandaMeiHo@gmail.com](mailto:AmandaMeiHo@gmail.com)  
 Volunteer questions: Contact Daniela Martinez, [d-n\\_martinez@hotmail.com](mailto:d-n_martinez@hotmail.com)  
 Registration questions: Contact the CPRS Registrar, [registrar@cprs.org](mailto:registrar@cprs.org)

Logistics: Park at the lot or garage near the Convention Center so you are close when you finish the 6:00-8:30pm evening workshop listed below. (Note: park in a lot, not at a meter because you can't leave an education session with CEU credit to put more money in the meter, however—good news—most downtown meters use credit cards)



**Recreation Therapy Registration Information**  
**Evening Recreation Therapy Intensive 3/21/19 5:45 pm**  
**Annual Recreation Therapy Institute 3/22/19 7:00 am**  
**Sacramento Convention Center**



**Thursday, March 21, 2019**

**Complimentary Off-Site Educational Session –Presented by the CPRS Aquatics Section**

**0.125 CEUs**

**4:15 – 5:30 p.m.**

**SWIM TEAM—the Movie: Promoting Autism Awareness and Inclusion!**

**Crest Theater, 1013 K St, Sacramento, CA 95814 (half mile walk from the Sacramento Convention Center)**

**Park at the lots near the Convention Center so you are close when you finish the 6:00-8:30pm evening workshop listed below.**

Content will include:

- Swim Team—The movie which chronicles the extraordinary rise of the Jersey Hammerheads, capturing a moving quest for inclusion, independence and a life that feels winning for diverse teens on the spectrum. \*
- Explaining at least three important considerations used by the City of Folsom during program design, development and staff training for a program specific to children on the autism spectrum
- Communicating the why and how decision was made to partner with outside agencies and secure other community support (Doing what is right vs. not acting at all/committing to services that may not meet financial goals)

\*See the trailer here: <http://www.swimteamthefilm.com/screenings.php>

*Followed by*

**Psychiatric Illnesses and Medications: Knowledge for Recreational Therapists—Presented by the CPRS Recreation Therapy Section**

**0.25 CEUs**

**5:45 p.m. Check-In**

**6:00 p.m. - 8:30 p.m.**

**3<sup>rd</sup> Floor, Sacramento Convention Center, 1400 J Street, Sacramento, CA 95814**

**Requires an additional fee, please see page 1.**

Joan M. Striebel, Staff Psychiatrist, California Department of Corrections

- This session will use clinical cases to teach the basic manifestations of major mental illnesses, discuss psychiatric medications, and review medication side effects.
- Major mental illnesses show incredible variation. Understanding the symptom clusters of each illness can help recreational therapists target treatment to the patient’s symptoms and needs.
- Understanding certain medication side effects – particularly central nervous system side effects and metabolic side effects – is relevant for recreational therapists.

**Please register using the form on Page 4.**



**Recreation Therapy Registration Information**  
**Evening Recreation Therapy Intensive 3/21/19 5:45 pm**  
**Annual Recreation Therapy Institute 3/22/19 7:00 am**  
**Sacramento Convention Center**



**Friday, March 22, 2019 -- RT Institute Day at a Glance**  
**Up to 0.8 CEUs**

7:00 a.m.-7:55 a.m. **Check-In**

8:00 a.m.-8:30 a.m. **CPRS Recreation Therapy Section General Membership Meeting & Awards Presentation**

**Opening**

8:30 a.m.-10:00 a.m. **Opening Keynote: All Play – Gender Spectrum Inclusion in Recreation**

We'll explore how recreation professionals can enhance inclusion for participants on the gender spectrum by presenting an educational overview and providing attendees with tools to develop staff trainings, policies, and procedures that address change. ~*Speaker Becky Herz, Sunrise Recreation & Park District, Magdalena Mustafa, LMFT, Child Mental Health & Wellness Department, Kaiser Permanente*

**Morning Concurrent Sessions: 10:15 a.m. – 12:15 p.m.**

**How to Obtain Recreation Therapy Licensure**

~Dr. Laura McLachlin, CTRS, RTC, Professor, CA State University Chico, Erick Kong, CTRS, Assistant Professor, CA State University, East Bay and Kevin McCann, CTRS, RTC, Rehabilitation Therapist, Salinas Valley Psychiatric Program, Keelin Jardin, Baywood Court Retirement Community & Lecturer, Internship Site Supervisor, CA State University, East Bay

**Moving and Differentiating Neuromovement® as a Learning Based Approach to Health and Vitality,**

~Christoph Gumb, Owner, My Beautiful Plastic Brain

**Recreational Therapy Interventions for Persons with Severe Mental Illness at Oregon State Hospital**

~Shelly Severson, CTRS, Recreational Therapy Director, Oregon State Hospital

12:15 p.m.-1:00 p.m. **Lunch** (for those who pre-register by February 20, 2019)

**Afternoon Concurrent Sessions: 1:00 p.m. – 2:30 p.m.**

**Webster: Increasing your Professional Writing and Vocabulary**

~Dr. Jamie Hoffman, CTRS, Associate Professor, CA State University, Sacramento and Erik Luvaas, CTRS, Assistant Professor, Recreation Therapy, CA State University, Sacramento

**Essential Services: Inclusive Practices & the ADA for Aging Adults**

~Jessica Reaber, CTRS, RTC, Recreation Coordinator, City of San Ramon

**The Business of Inclusion: Putting Theory Into Practice**

~Allison Everett, Accessibility Issues Coordinator, City of Pasadena

**NCTRC Overview**

~Susan Kaufer, CTRS, Credentialing Specialist II, National Council for Therapeutic Recreation Certification



**Recreation Therapy Registration Information**  
**Evening Recreation Therapy Intensive 3/21/19 5:45 pm**  
**Annual Recreation Therapy Institute 3/22/19 7:00 am**  
**Sacramento Convention Center**



**Afternoon Concurrent Sessions: 2:45 p.m. – 4:15 p.m.**

**Dialectical Behavior Therapy (DBT) and Recreation Therapy**

~Marti Winterhalter, CTRS, Villa Fairmont Mental Health Center Department of Rehabilitation

**Epictetus Club: Lessons from Behind the Prison Walls**

~Alivia Gok, CTRS, Recreation Therapist, The WELL at CA State University, Sacramento and Jerry Topping, CTRS, Recreation Therapist, CA Department of Corrections and Rehabilitation

**Fundraising to Achieve Your Recreation Therapy Mission**

~Arlene Krause, CTRS, MS, Lecturer, CA State University, Sacramento

**Nature Engagement: A Programming Goal for Health & Wellness Promotion**

~Erik Luvaas, CTRS, Assistant Professor, Recreation Therapy, CA State University, Sacramento

**Closing**

**4:30 p.m. - 6:00 pm Closing Keynote: Weaving a Tapestry of Health: Many Threads One Purpose**

Health is like a tapestry. It's not the result of any one thread but the combined work of many that allows us to strive for health. Let's examine the many partners (threads) collaborating in multiple sectors across professions to promote and improve health in our communities. *Speaker Jo Burns, CTRS, MS, Burns Consulting & Affiliate Faculty, Metropolitan State University of Denver*

**CEU Check Out**

**6:00 p.m.-6:30 pm Evaluations and Pick-Up CEU's**

**Please note to receive CEU's you need to be in the session within ten minutes of start time and stay in the session.**

Institute programs and presenters are accurate as of the date of publication. CPRS reserves the right to change sessions and speakers as necessary. Handouts are the owner of the presenter and permission must be received to duplicate.

This schedule is final as we know it as of 2-18, 2019. Stay posted at <http://www.cprs.org/p/cm/ld/fid=760>



**Recreation Therapy Registration Information**  
**Evening Recreation Therapy Intensive 3/21/19 5:45 pm**  
**Annual Recreation Therapy Institute 3/22/19 7:00 am**  
**Sacramento Convention Center**



**Registration Form**

**Print Carefully.** Your badge will be printed with your name. Do you want to use a nickname—please record it next to your name.

<b>Full Name:</b>	<b>Designation:</b> (Dr., RTC, CTRS, CPRP, CPRE, etc.)
<b>Job Title:</b>	
<b>Organization Full Name:</b>	
<b>Mailing Address for Institute tickets &amp; name badge:</b>	
<b>City/State/Zip Code:</b>	
<b>Phone:</b> (include area code-indicate Home/Cell/Work)	
<b>Email:</b>	
<b>CPRS Membership # if applicable:</b>	

<b>Volunteers only CEU fee (\$20) (speaker CEUs are complimentary*)</b>	\$ _____
<i>*CEU Fee also includes the CPRS Conference &amp; Expo if attending (don't pay twice)</i>	
<b>RT Intensive – Thursday Evening –6:00pm--Fee from Page 1</b>	\$ _____
<b>CEU fee for Thursday evening only (\$20) (pay this fee if you are not registering for the Friday Institute or for the CPRS general conference)</b>	
<b>RT Institute Registration Fee from Page 1 (includes CEUs):</b>	\$ _____
<b>Total Amount Enclosed: (Check/Money Order made payable to CPRS Conference)</b>	\$ _____

I acknowledge the CPRS Conference & RT Institute refund policy. It states that requests received between January 23 and February 20, 2019 will be charged a 50% cancellation fee and no refunds will be granted after February 20, 2019. I also acknowledge that CEUs are given to those who join a session within 10 minutes of start time and participate in the same session until the session is completed by the speaker. Registration after 2/20/19 must take place onsite and lunch is not available. If you would like to learn more about this Institute, the registration policies or the CPRS Conference & Expo please call 916.665.2777.

\_\_\_\_\_  
 Signature & Date

**Payment (MUST accompany form):**

- Check       Visa       MasterCard       American Express

<b>Credit Card Number:</b>	<b>Expiration Date:</b>
<b>Cardholder Name:</b>	
<b>Cardholder's Signature:</b>	
<b>Special Food Requests:</b> <input type="checkbox"/> Vegan <input type="checkbox"/> Vegetarian <input type="checkbox"/> Gluten-Free <input type="checkbox"/> Soy-Free <input type="checkbox"/> Dairy-Free <input type="checkbox"/> Nut-Free <input type="checkbox"/> Other	
<b>Accessibility &amp; Other Accommodations Request (please describe your request here):</b>	

Accessibility accommodations must be received by CPRS by January 31, 2019. If a specific accommodation is not requested in advance, it might not be provided onsite. Requests should contact CPRS 916/665-2777 for instructions.

**Return Form and Payment: Mail:** Attn: CPRS Conference Registrar, 7971 Freeport Blvd., Sacramento, CA 95832 **FAX:** Pay by credit card & fax to 916-665-9149.