

Research Project Memo

Dear Professor Laura,

This project was very interesting for me due to the fact that it was my first experience of working on a proper research paper about the subject I have long been curious about, and I got to learn how to use cited sources and different references at once. I did not have any idea about how to organise this information properly and what kind of sources should be in the paper. So I created a file on google documents online and uploaded all the collected information I got from various journals, books, websites, Youtube, the CCNNY library and other findings from Ai tools.

I have always asked myself why music does not help me study while many of my friends say it helps them focus. This made me ask myself many other questions like if music helps students study and why music affects students differently, which kind of music really helps in studying.

The part I worked on most was matching all my findings from various sources and comparing them with my own experience. I also spend time on realizing the effect of particular types of music on studying . In fact , I have found that background music and instrumental music can aid in accomplishing easy and repetitive assignments, whereas loud or lyrical music may distract students from complicated tasks. I had a hard time

understanding how to connect ideas from sources with my own thoughts without just copying information as well as deciding how much information I should include in the paper.

During the project, I gained skills in conducting research, organizing data, using citations, as well as synthesizing information collected from various sources including websites, books, and interviews, i enjoyed the interviews I did with my friends as interviewee.

After completing the research, my opinion did not change much because I still focus etter when studying in silence but that is on my end. I also acknowledged that music doesn't distract the learner , it only depends on the person, type of music and kind of task. I aslo found that music helps people feel relaxed and improve their mood, which can indirectly support studying.

I am still interested in music and learning more about how music affects the brain and emotions. This paper is mainly for students to understand that music may help studying and affect their focus and also know which kind of music is preferable depending on the task.

Sincerely,

Gervais Ngabo

