

BROOKLYN COLLEGE DIETETIC INTERNSHIP HOURS AND ACTIVITY LOG

Facility NY FOUNDLING Rotation Public Health Preceptor

Write 3 specific goals you would like to accomplish during this rotation:

1. Explore a new area of dietetics
2. Understand more about NYC's healthcare system
3. Improve on scientific translation skills

Dates and Hours of Supervised Practice	Total Supervised Practice Hours	Overview of Activities
Mon, Sept 8, 2025; 10:00-12:00 am	2 hours	Orientation, Virtual fitness class
Tue, Sept 9, 2025; 4:00-4:30 pm	.5 hour	Virtual Fitness Class (30 min each)
Wed, Sept 10, 2025; 9:30-10:30 AM; 1:00-2:15 pm, 4:00-4:30 pm	4 hours	Clinical Residence Check-In Orientation Listened to staff meeting Virtual Fitness (VF) Class
Thur, Sept 11, 2025; 9:30-2:00 pm; 4:00-4:30 pm	4.5 hours	Electronic documentation review (diet orders) Watched staff training from Dietitian Director Virtual Fitness Class
Fri, Sept 12, 2025; 10:30-2:00pm	3.5 hours	Group fitness (independent living) Review educational materials (portion control) Cooking demo (smoothies)
Mon, Sept 15, 2025; 9:00-11:00; 1:00-2:00, 4:00-4:30	3.5 hours	staff cooking demo (mangia mondays) Portion control educational material revamp Virtual Fitness Class
Tue, Sept 16, 2025; 10:00-12:00 pm; 4:00-4:30pm	2 hours	Doc revisions VF
Wed, Sept 17, 2025; 09:00-5:00 pm	8 hours	Review Recipe Book Discuss cooking activity Discuss Screening for NTR pediatric referrals
Thur, Sept 18, 2025; 10:00-5:00 pm	7 hours	Educational material revisions VF
Fri, Sept 19, 2025; 10:00-4:00 pm	6 hours	Educational material revisions
Mon, Sept 23, 2025; 10:00-4:00pm	6 hours	Educational materials; cookbook; mangia mondays
Tue, Sept 24, 2025; 10:00-5:00pm	7 hours	F/u Site visit; recipe with pt; VF
Wed, Sept 25, 2025; 10:00-5:00pm	7 hours	Diabetes education doc
Thur, Sept 26, 2025; 9:00-5:00pm	8 hours	Cook book review; diabetes education doc
Fri, Sept 27, 2025; 10:00-5:00pm	7 hours	Diabetes education doc; Diet/Med interaction list

Mon, Sept 29, 2025; 09:00-5:00 pm	8 hours	Kitchen audit; counseling teen moms
Tue, Sept 30, 2025; 9:00-5:00 pm	8 hours	Kitchen audit; ntr f/u 8 pts
Wed, Oct 1, 2025; 9:00-5:00 pm	8 hours	VF; balanced snack graphics
Thur, Oct 2, 2025; 9:00-5:00 pm	8 hours	VF; balanced snack graphics
Fri, Oct 3, 2025; 9:00-5:00 pm	8 hours	Balanced snack graphics
Mon, Oct 6, 2025; 9:00-5:00 pm	8 hours	AOBH teen moms home; Mangia Monday
Tue, Oct 7, 2025; 9:00-5:00pm	8 hours	Doc reviews/revisions
Wed, Oct 8, 2025; 10:00-5:00pm	7 hours	PEDs meeting, VF
Thur, Oct 9, 2025; 9:00-5:00 pm	8 hours	Cook book review
Fri, Oct 10, 2025; 9:00-5:00 pm	8 hours	Balanced snack graphics
Tue, Oct 14, 2025; 10:00-5:00pm	7 hours	PEDs meeting
Wed, Oct 15, 2025; 10:00-4:00pm	6 hours	Staten Island PEDs clinic, shadowed counseling
Fri, Oct 17, 2025; 10:00-4:00 pm	6 hours	Importance of breakfast graphics
Mon, Oct 20, 2025; 10:00-4:00 pm	6 hours	Breakfast graphic; Mangia Monday
Tue, Oct 21, 2025; 9:00-5:00pm	8 hours	Doc reviews/revisions
Wed, Oct 22, 2025; 10:00-5:00pm	7 hours	Cook book review
Thur, Oct 23, 2025; 9:00-5:00 pm	8 hours	Weight gaining graphic
Fri, Oct 24, 2025; 9:00-5:00 pm	8 hours	Weight gaining graphic
Mon, Oct 27, 2025; 9:00-5:00 pm	8 hours	Halloween themed cooking demo (Youth & Children) Mangia Monday
Tue, Oct 28, 2025; 9:00-5:00pm	8 hours	Doc reviews/revisions

Wed, Oct 29, 2025; 10:00-5:00pm	7 hours	Doc reviews/revision
Thur, Oct 30, 2025; 9:00-5:00 pm	8 hours	Peds RD meeting, Cook book review, Weight gaining graphic review
Fri, Oct 31, 2025; 9:00-5:00 pm	8 hours	Weight gaining graphic, Sneaky vegetables graphic
Mon, Nov 3, 2025; 9:00-5:00 pm	8 hours	AOBH teen moms home
Tue, Nov 4, 2025; 9:00-5:00pm	8 hours	Weight gaining graphic, Sneaky vegetables, Smoothie recipes graphic
Wed, Nov 5, 2025; 09:00-5:00pm	8 hours	Cookbook review
Thur, Nov 6, 2025; 9:00-5:00 pm	8 hours	Nutrition Label Reading graphic
Fri, Nov 7, 2025; 9:00-5:00 pm	8 hours	Nutrition label reading graphic
Mon, Nov 10, 2025; 9:00-5:00 pm	8 hours	Pantry staples graphic
Wed, Nov 12, 2025; 09:00-5:00pm	8 hours	Cookbook review
	Total hours:	300 hours
