



Milman *Scholarship*

Karen Najera



←

I used blackout poetry with a young adult novel (*Looking for Alaska* by John Green) to help a group of teen girls express their daily emotions through creative writing. This approach can serve as an alternative to using an emotion wheel, offering a more engaging and reflective way for clients to check in and share how they're feeling each day through poetry. Also, can help with supporting clients with expressing how they are feeling today or thoughts leading to session.

→



113

47

LOOKING FOR ALASKA

6

87

They know [redacted] are here. I showed

And the furniture of the [redacted] was haphazardly stuffed in
to [redacted] and box springs [redacted] and [redacted] [redacted]

Madison County, Well, ~~that's~~ just delightful."

I already looking, needless [redacted], [redacted]
[redacted] [redacted]

He is reading my mind, she said, "God, [redacted] Never do it [redacted]
hard. That would hurt. That looks like torture. [redacted] all she can do [redacted]

stressed

31

~~10-11-52, since she was seen a bare night, I think~~

~~The Colonel cut him off. "Enough with the psychobabble, MC~~
~~Dr. Phil. Let's talk counterinsurgency."~~ People were starting to file

He breathed slowly and with great labor through his wide-open mouth. He took time to stretch the left arm, his back not moving

Happy ☺

177

[REDACTED]

[REDACTED]

[REDACTED]

exist, " [REDACTED]

_____ smiled, _____

[REDACTED]

living

loudly [REDACTED]
[REDACTED]
[REDACTED]

pleasure

"Well,

[REDACTED]

79

LOOKING FOR ALASKA

Tired

27

The first four "agencies" _____ turned us down. _____
_____ we found one that was willing to take on our project.
_____ liked the idea _____
he said, "_____" But _____ Not in front
of the kids." We agreed—with some reluctance.

"To ensure that none of us would get expelled," [REDACTED] told me. "I'll be from every English class I go to cover it up." At the time, [REDACTED] was a senior and had been the high school's star athlete since arriving in the United States. After paying him after witnessing the, uh, speech [REDACTED] gave, [REDACTED] said, "I feel that I have earned your charity," he said, gesturing to the spiral notebooks he'd filled with plans. [REDACTED] Every junior in the school had known for two weeks, and so far not even the faintest rumor had leaked out. [REDACTED] if just one person told one friend who told one friend who told one friend [REDACTED] everything would fall apart.

██████████, but when ██████████ Morse didn't show up by 11:50 that morning, I thought the Colonel would lose his shit. ██████████ was ██████████ putting out his hand to shake hands with ██████████ the night before. ██████████ Maxx had promised to arrive by 11:40, twenty minutes before the official start of Speaker Day, giving him time to learn the speech and everything. ██████████ Colonel, worried but quiet, waiting. ██████████ "the performer."

"Of all the things I thought could go wrong, this was not one of them. We have no solution for this."

the world's best girl, but I figured she could explain to
what had just happened.
bed
down a book and got me of bed with a sheet wrapped
around her shoulders. For a moment, she looked concerned. She
looked like the girl met yesterday, the girl who said I was
bubbly with a good sense of humor and intelligence. And then
she looked

"~~Christina~~ ~~was~~ ~~a~~ ~~swim~~ ~~team~~. And she said it with such casual matter that I felt like everyone had known it, and I was the only one whose damn school agreed in advance to possibly ~~not~~ ~~let~~ ~~her~~ ~~go~~.
Mike H. ~~had~~ ~~been~~ ~~in~~ ~~the~~ ~~same~~ ~~school~~, and in the confusion of the moment I said I ~~didn't~~ ~~know~~ ~~her~~ ~~blankly~~, ~~and~~ ~~she~~ ~~was~~ ~~in~~ ~~the~~ ~~same~~ ~~school~~."

"[redacted] break," [redacted]
[redacted]
[redacted]
[redacted]

I left without saying a word to her. I went straight to the bathroom, took the clothes behind the door, took the Colonel and dropped him in the bathtub and got in the shower to wash the clothes and the Colonel off me but the side of the fence is a small room filled with specimens of all new count Alaska and Kevin and those who engaged and dislike me. After I finished the shower, I turned on and went to the room to find her and the Colonel.

~~_____~~ that took you so long? Get lost on ~~_____~~

"They said it was because of you," I said, and my grin betrayed
my annoyance. "They said I should hang out with you."
"What? No, it happens to everybody," the Colonel said. "It hap-
pens to me. They throw it on the back. You win. Out. You lose.
Come."

"I couldn't just swim out," I said softly, pulling on a pair of jeans
 and beneath my travel. "They duct-taped me. I couldn't even
 C. really."

Thank You !!

Any thoughts or questions?