

What Is An Egg?

An egg is commonly known as food that many people eat, but there are also different kinds of eggs that aren't food related. But what most people don't know is that eggs serve a bigger purpose to the world than just consuming them.

As we all know, humans eat eggs, mainly chicken eggs for nutritional value. But these aren't the only eggs people eat. For example, people eat ostrich eggs and fish eggs that are called caviar in fancy restaurants. All of these eggs have to come from somewhere. Many animals and insects lay eggs to reproduce like chickens, lizards, fish, frogs, ostriches, ducks, spiders, cockroaches, mosquitoes, flies, wasps, and different kinds of bird species. Eggs are also produced by people with female reproductive system. The number of eggs an animal lays depends on the species and whether it's a domesticated or wild animal. Eggs are very unique, they come in different shapes, sizes, textures, colors, and they all have a different taste.

Eggs are also used differently around the world without its nutritional value. For example, eggs are widely connected to culture as a symbol of new life, fertility, and rebirth. One of the most common traditions that eggs are used for is Easter, where people decorate and eat eggs to represent Jesus's resurrection. Additionally in Latin American countries like Mexico, Peru, and Ecuador they practice egg limpias that is also known as egg cleansing. This tradition is performed to cleanse you from negative energies that may be holding onto you.

To add on eggs can be used to help one in the kitchen, as a learning experience, or just for fun. Eggs play an important role in baking, they help create structure and stability in a batter, they help thicken sauces, and they add moisture to cakes and other baked goods. In school, students eventually participate in the egg drop challenge where they try to create a device that can keep a raw chicken egg intact when dropped from a height. At the end of the challenge students learned that gravity is a pulling force while gaining critical thinking skills. Eggs can also be used for fun activities such as egg pranks, egg tosses, and spoon races.

In conclusion, eggs are not just a white shell that is in a shape of an ovoid with a yolk inside. They all come in different shapes, sizes, and colors. Eggs provide a lot to the world, not with just its nutritional value. Whether in cooking, culture, or education, eggs continue to impact people's lives in countless ways, making them invaluable to the world.