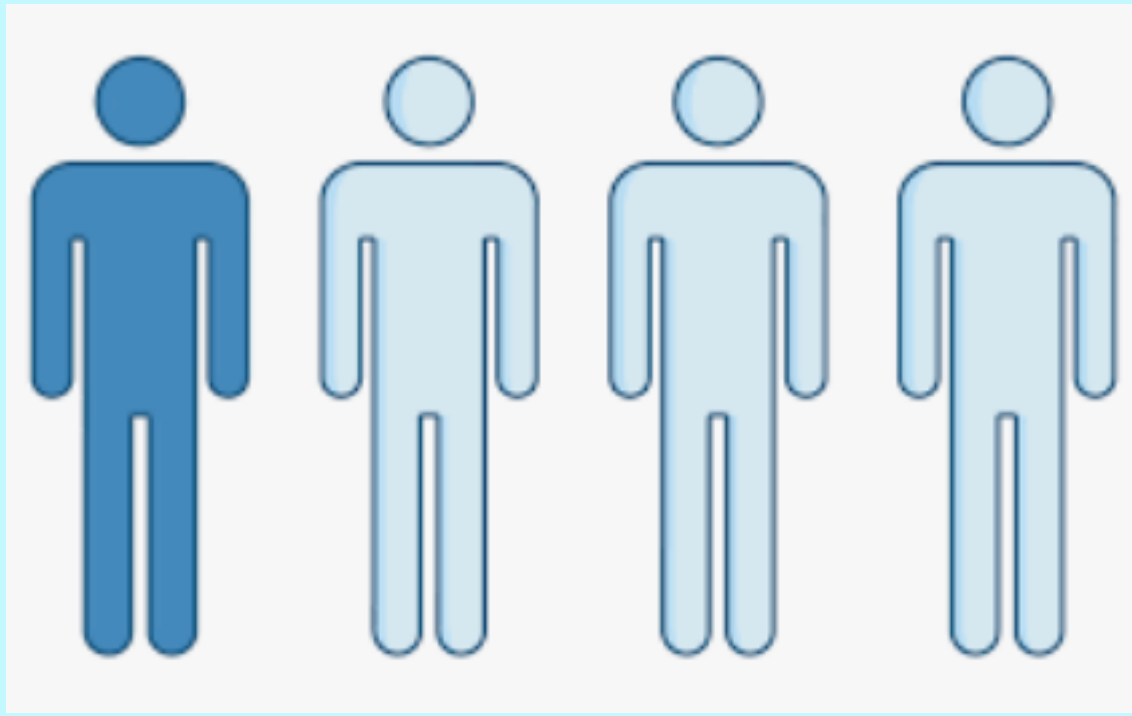


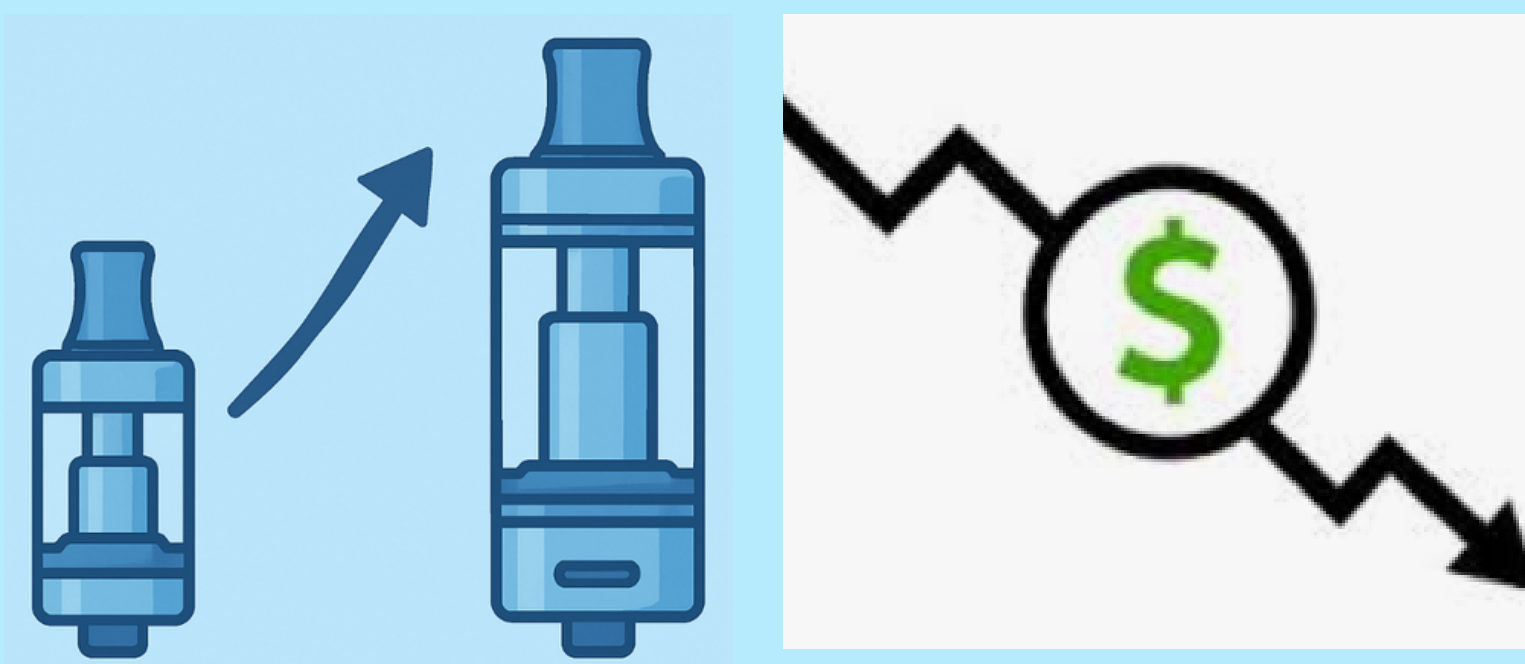
TEEN VAPING



More than **1 in 4** (26.3%) of current teen e-cigarette users **use an e-cigarette product daily** (FDA).

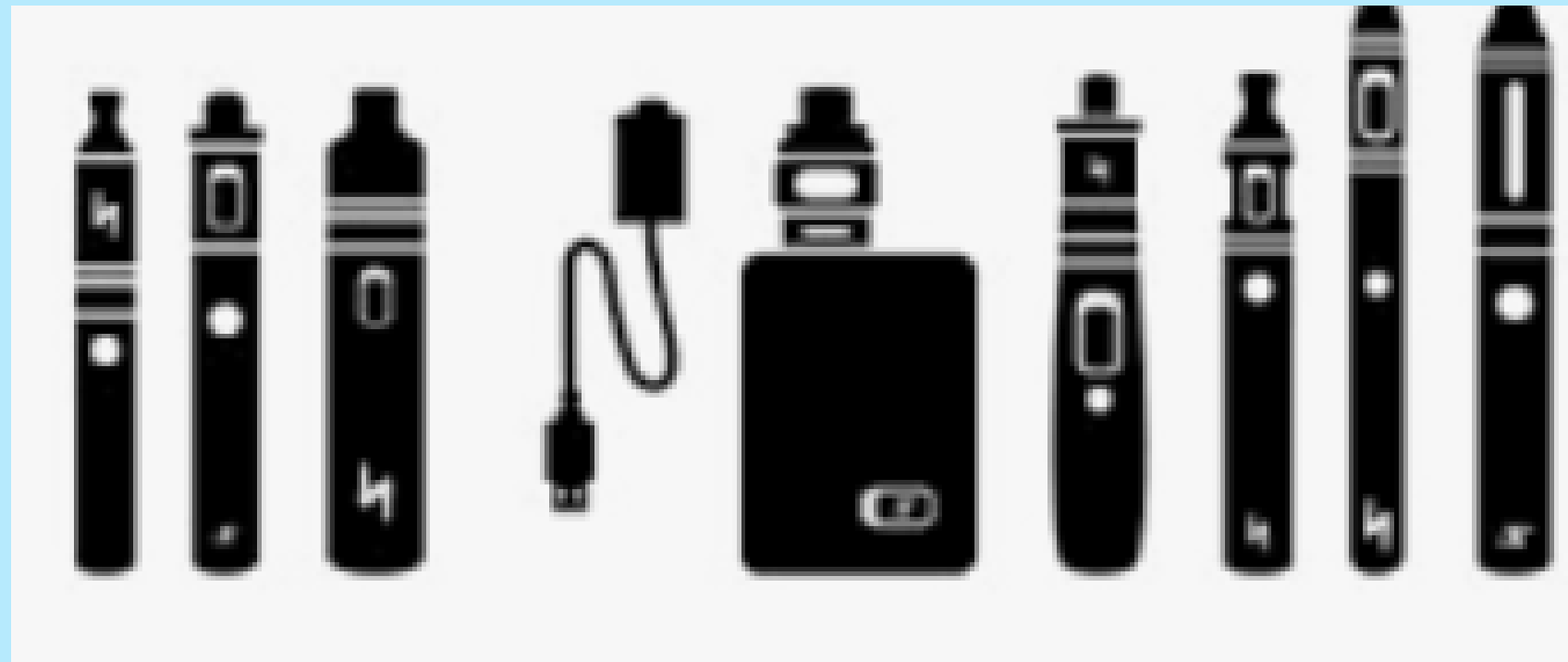
Between 2017 and 2024, e-cigarettes nearly (Truth Initiative):

- **Tripled in nicotine strength**
- **Quintupled in e-liquid capacity**
- **Dropped in price by nearly 70%**



E-cigarette aerosols contain harmful substances such as (CDC, NIH):

- Nicotine
- Nickel, Lead
- Formaldehyde
- Acetaldehyde
- Other carcinogens



There are **more than 460 e-cigarette brands and 7700 e-liquid flavors** on the market (CDC).

4 out of the top 5 brands (Elf Bar, Mr. Fog, Breeze, & JUUL) **have not received pre-market authorization from the FDA and are on the market illegally, yet remain popular among teens** (Truth Initiative).

Serious health effects of vaping as a teen include (CDC, NIH):

- Nicotine addiction and dependence
- Impaired lung development and increased risk of chronic lung disease
- Impaired brain development
- Increased risk of cancer
- Increased risk of heart attacks
- Cognitive impairments, affecting memory, learning, attention, and impulse control

Your health and well-being begins with self-care -
say **NO**  **to vaping**

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