

# TIMERS, TIKTOK, AND TINY DOGS: MY 10 STEP IMRAD SAGA

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**01.  
Idea!**

As usual I was rushing a last-minute assignment and realized I typed way faster when I saw the time ticking down. Instant research question... Do I really type faster on a time crunch?
- Googled things like "visible timer writing productivity," "timed writing speed," "timer effect on brain." Nothing good... kept going.

**02.  
Google is NO Help :(**


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**03.  
A Shih tzu a day keeps the Doctor Away**

Had a quick cry session but remembered I have my pups! Puppy cuddles = emotional support while I convinced myself to keep searching.
- Opened TikTok "for a quick 5 minutes" and ended up going down on a rabbit hole about single ingredient dog treats... inevitably spent 30 dollars on Tik Tok shop

**04.  
Can't Escape the Clock App**


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**05.  
FOUND IT!**

After endless Googling, I finally found an academic article that made sense and actually related to my topic. I was so hype I blasted music and danced around the room with my dogs, they weren't fans
- More Google. More frustration. More emotional support pups. More dance parties when I finally found the other two sources. VICTORY!

**06.  
Repeat :/**


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**07.  
Became the source?**

Took over English class and held my experiment...not sure if it was successful. Just thankful I didn't cry while presenting
- Plugged all the data into a spreadsheet, made it CUTE! Got my results and analyzed by chatting with my dogs over some coffee for me and warmed bone broth for them!

**08.  
Google Sheets**


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**09.  
What is sleep?**

I kept putting it off, then grinding through tired, slow writing sessions. By the end, I was checked out but the paper finally got DONE.
- Puppies, TikTok, panic, late nights, I survived. Would I do it again? Probably, now I'll just have a timer on so I can write faster ;)

**10.  
Submit**

