2012 National Capital Conference on Emergency Medicine (NCCEM)

The Hampton Inn Ottawa and Conference Centre
200 Coventry Road, Ottawa, Ontario

Pre-Conference Skills Day: February 9, 2012
Full Conference Program: February 10-11, 2012

www.med.uottawa.ca/cme
Thursday, February 9, 2012
Choose from 1 of 3 courses

**Advanced Cardiac Life Support (ACLS)**
Course location: The Ottawa Hospital (Civic Campus)
1053 Carling Avenue, Ottawa, ON

or

**Slit Lamp and ED Eye Emergencies**
Course location: The University of Ottawa Eye Institute
501 Smyth Road, Ottawa, ON

or

**CHEO Pediatric Resuscitation School:**
The ABC’s and 3 R’s of managing acutely ill children
Course location: Children’s Hospital of Eastern Ontario
401 Smyth Road, Ottawa, ON
COURSE DESCRIPTION
This three day event is designed to provide practicing Emergency Medicine physicians with an evidence-based update in a wide variety of emergency medicine topics. The course is composed of a one day Pre-Conference Skills day featuring ACLS, Slit Lamp and ED Eye Emergencies, and CHEO Pediatric Resuscitation School. It will provide an opportunity for participants to practice hands-on essential skills. Following the Skills Day, the two conference days will include scientific sessions and interactive workshops. These will allow participants to tailor their learning experience to their own needs. There will also be time for networking with physicians from a wide variety of practice settings.

LEARNING OBJECTIVES
After taking part in this course, participants will be able to:
• Provide leadership on issues of importance in Emergency Medicine
• Employ up-to-date and evidence-based approaches to the diagnosis and management of medical and surgical emergencies in both adult and pediatric populations
• Acquire new, essential hands-on skills required in the treatment of both the pediatric and adult population
### FRIDAY, FEBRUARY 10, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>07:45</td>
<td>Registration, Continental Breakfast and Coffee</td>
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<tr>
<td>08:15</td>
<td>Welcome and Introductions</td>
<td>Dr. Christine Johns</td>
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<tr>
<td>08:30</td>
<td>What’s all the Hocus PoCUs?</td>
<td>Dr. Paul Pageau and Dr. Michael Woo</td>
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<td>09:15</td>
<td>What to Do When It’s Not a Stroke Code</td>
<td>Dr. Jeffrey Perry</td>
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<td>10:00</td>
<td>Networking Break</td>
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<tr>
<td>10:30</td>
<td>Sometimes a Horse is Really a Zebra: Challenging Cases in the Pediatric Emergency Department</td>
<td>Dr. Anna Karwowska</td>
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<tr>
<td>11:15</td>
<td>The Top Adult Emergency Medicine Articles for 2011</td>
<td>Dr. Edmund Kwok and Dr. Mathieu Gatien</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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<tr>
<td>13:00</td>
<td><strong>AFTERNOON WORKSHOPS</strong></td>
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<tr>
<td>13:00-13:45</td>
<td>F1 Update in Trauma Management - What’s New?</td>
<td>Dr. Lorne Wiesenfeld</td>
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<tr>
<td>13:00-13:45</td>
<td>F2 Pediatric Mental Health Risk Assessment</td>
<td>Dr. Clare Gray</td>
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<td>13:00-13:45</td>
<td>F3 The Quick Essential Neuro Exam with How-To Handout</td>
<td>Dr. Jodi Warman</td>
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<tr>
<td>13:00-13:45</td>
<td>F4 Pediatric Dental Trauma and Dental Emergencies</td>
<td>Dr. Carol Janik</td>
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<td>13:00-13:45</td>
<td>F5 Chest Tubes and Pigtail Catheters: Hands-On Skills</td>
<td>Dr. Marianne Yeung and Dr. Joe Kozar and Dr. Christine Johns</td>
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<tr>
<td>13:00-14:45</td>
<td>F6 The Top 3 Deadly D’s that will Affect your Defensibility in Emergency Medicine</td>
<td>Dr. Janet Nuth</td>
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<tr>
<td>14:45</td>
<td>Networking Break</td>
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<tr>
<td>15:10</td>
<td>X-Ray Quiz</td>
<td>Dr. Suzanne Godsoe</td>
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<td>15:30</td>
<td>Isolation in the ED</td>
<td>Dr. Elizabeth Shouldice</td>
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<td>15:50</td>
<td>PALS Update</td>
<td>Dr. Allan Shefrin</td>
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<td>16:10</td>
<td>Lisfranc for Dummies</td>
<td>Dr. Brian Elder</td>
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<tr>
<td>16:30</td>
<td>Evaluations and wrap-up</td>
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**LEARNING OBJECTIVES** – Specific learning objectives for Pre-Conference Skills Day and 2-day Conference Program are available on-line.
Visit [www.med.uottawa.ca/cme](http://www.med.uottawa.ca/cme) for full details.
**SATURDAY, FEBRUARY 11, 2012**

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<td>Prescription Pain Medication Abuse</td>
<td>Dr. Sean Moore</td>
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<tr>
<td>10:00</td>
<td>Networking Break</td>
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<tr>
<td>10:30</td>
<td>Cardiac Arrest Care: Know the Facts. Educate your Patients</td>
<td>Dr. Christian Vaillancourt</td>
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<td>Fever in the Young Child - Now What?</td>
<td>Dr. Sarah Reid</td>
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**MORNING LECTURES**

- **08:30** Highlighting the Top Articles in Pediatric Emergency Medicine from 2011 - Dr. Sandy Tse
- **09:15** Prescription Pain Medication Abuse - Dr. Sean Moore
- **09:30** Cardiac Arrest Care: Know the Facts. Educate your Patients - Dr. Christian Vaillancourt
- **10:00** Networking Break
- **10:30** Fever in the Young Child - Now What? - Dr. Sarah Reid

**AFTERNOON WORKSHOPS**

- **13:00-13:45** The Neurological Examination of Infants and Small Children - Dr. Peter Humphreys
- **13:00-13:45** Difficult Airway Tools: Glidescope, Airtraq and more - Dr. Joe Kozar and Dr. Stella Yiu
- **13:45-14:30** Pediatric ENT Emergency - Dr. Stuart Harman
- **13:45-14:30** Vascular Access with Ultrasound - Dr. James Worrall and Dr. Tom Low
- **13:45-14:30** Palliative Care in the ER: “Going Gently”, the When, Why and How of Caring for the Dying - Dr. Jacky Parker and Christine Welsh, R.N.
- **13:45-14:30** Sedation in the Rural Emergency Department - Dr. Allan Drummond

**SHORT SNAPPER SESSIONS**

- **13:45** Networking Break
- **14:10** Ocular Trauma - Dr. Bernard Hurley
- **15:30** Pediatric ABCs - Asthma, Bronchiolitis and Croup - Dr. Gina Neto
- **15:50** Environmental Emergencies: Lightning and Near Drowning - Dr. Debra Weatherhead
- **16:10** Renal Colic: Preliminary Reading of the CT - Dr. Steven Cooper
- **16:30** Evaluations and wrap-up

*Jammed Fingers, our emergency musicians, will be performing a jazz set during today’s lunch.*
Advanced Cardiac Life Support Update Course (ACLS)

The New Guidelines
This one day ACLS Update course is for health care providers who have previously undergone ACLS training. The course provides an update on the new CPR and ACLS guidelines. The main focus of this session is for individuals to become more comfortable and competent in recognizing and managing cardiac emergencies and cardiac arrest.

The course consists of interactive sessions and small group hands-on workshops in:
1) airway management, intubation
2) defibrillation, cardioversion, and external pacing
3) dysrhythmia recognition and treatment, and
4) simulated cardiac arrest scenarios

Participants will have an opportunity to practice as a team leader in simulations covering cardiac emergencies, cardiac resuscitation, and advanced resuscitation scenarios (toxicology, MI, anaphylaxis, CHF).

For further course information, please contact:
Margaret King     (613) 798-5555 Ext. 18001
Course Location:  The Ottawa Hospital (Civic Campus)
                  1053 Carling Ave., Ottawa, ON

Maximum Number of Registrants: 25

Slit Lamp and ED Eye Emergencies: Half Day Course

This 3 hour course is intended for the Emergency Physician with instructional techniques on the provision of a quick and efficient eye examination. Participants should select their availability to attend either the morning or afternoon session.

The course consists of a didactic session together with small group hands-on workshops which will cover:
1) the delivery of an effective slit lamp examination
2) the use of Tono-pens and PanOptic scopes
3) the incorporation of ocular ultrasound as an aid to the emergency physician

Participants will have an opportunity to practice a number of scenarios utilizing state of the art equipment within an internationally recognized world class eye care facility.

For further course information, please contact:
Josiane Beausoleil    (613) 798-5555 Ext. 19255
Course Location:   The University of Ottawa Eye Institute
                  501 Smyth Rd., Ottawa, ON
Course Times:  09:00 – 12:00 hrs. or 13:00 – 16:00 hrs.

Maximum Number of Registrants: 15 per session
CHEO Pediatric Resuscitation School: The ABC’s and 3 R’s of managing acutely ill children

Pediatric Resuscitation School: the ABC’s and 3R’s is a one day program designed by Pediatric Critical Care Clinicians for Emergency Physicians practicing in urban or rural non-pediatric emergency departments. The course is comprised of an exciting hands-on curriculum providing the information physicians need to recognize, respond and reassess acutely ill children in the emergency department. This course is comprised of 6.25 hrs of small group learning, with four 45 minute High Fidelity Simulation sessions which will complement and reinforce didactic lectures.

Topics to be covered include Airway Threat, Respiratory Distress, Tachycardia, Bradycardia, Seizures, Decreased Level of Consciousness, Diabetic Ketoacidosis, Sepsis and Shock.

For further course information, please contact
Louise Lafleur (613) 737-2285

Course location: Children’s Hospital of Eastern Ontario
401 Smyth Road, Ottawa, Ontario

Maximum number of registrants is 24
WINTER ACTIVITIES IN OTTAWA

Winterlude Festival (February 1-21, 2012)
Every February, Canada’s Capital Region is host to Winterlude, Canada’s winter celebration. Three fun-filled weekends of excitement and activity await the whole family! From spectacular ice carvings to an amazing playground made of snow, Winterlude is a great way to take in the best of our Canadian winter. Marvel at majestic snow sculptures and glittering ice sculptures or enjoy spectacular shows under the winter sky. Our mascots, the Ice Hog Family, are waiting for you in Canada’s Capital Region.

The Rideau Canal
Throughout the years, people of all ages have enjoyed the Rideau Canal Skateway on sled, on foot and of course, on skates! In winter, this historic navigable waterway becomes the world’s largest skating rink and a magical 7.8-kilometer skateway of ice, in the heart of Canada’s Capital. During Winterlude, the Rideau Canal Skateway is the site of skating demonstrations, workshops, pavilions and our famous mascots; the Ice Hog Family!

Gatineau Park
Nearly 200 kilometres of trails offer some of the most beautiful and challenging cross-country skiing in the world in Gatineau Park, only a 15-minute drive from Parliament Hill. Winter camping, snowshoeing under the stars, bird watching and hiking are other popular winter activities that everyone can enjoy in the park.

Ottawa Museums
Ottawa and Gatineau are home to 9 national unique museums of Canadian culture. Visit them all for only $35 per individual or $85 per family with a Canada’s Capital Museums Passport.

For more information on these and other activities available in Ottawa, please visit: www.canadascapital.gc.ca
CONFERENCE LOCATION DETAILS

The Hampton Inn Ottawa & Conference Centre
200 Coventry Road, Ottawa, K1Y 4S3
Tel: 613-741-2300 or 1-877-701-1281

Conveniently located just off of Hwy 417 at the Vanier Parkway exit and only minutes from downtown Ottawa.

HOTEL RESERVATIONS – RESERVE EARLY!

The Hampton Inn Hotel features 179 guestrooms and is adjacent to the conference centre. The hotel provides a complimentary hot breakfast, morning paper, high speed internet, indoor pool, exercise room and free indoor parking.

Attendees requiring guestroom accommodation can take advantage of the special conference rates available to our conference participants:

Single room rate: $135 (plus taxes)
Double room rate: $145 (plus taxes)

To receive this special rate, simply call the Hampton Inn Reservations line at 613-741-2300 or 1-877-701-1281 and quote our conference group name: “Emergency Medicine 2012 Conference or Group code “EMC” or Group number 1386”. Due to the Winterlude peak season, these rates are available only until January 9, 2012.
PLANNING COMMITTEE

The Office of CME extends special thanks to the following individuals who participated in the planning of this event: TOH = The Ottawa Hospital.

- **Dr. Christine Johns**, Co-Chair, Department of Emergency Medicine, TOH
- **Dr. Sarah Reid**, Co-Chair, Children’s Hospital of Eastern Ontario
- **Ms Denise Angus**, Department of Emergency Medicine, TOH
- **Ms Josiane Beausoleil**, Department of Emergency Medicine, TOH
- **Dr. Mark Borzecki**, Chief, Arnprior & District Memorial Hospital
- **Dr. Joseph Kozar**, Department of Emergency Medicine, TOH
- **Dr. Barbara Miller**, Department of Emergency Medicine, TOH
- **Dr. Gina Neto**, Children’s Hospital of Eastern Ontario
- **Dr. Chris Nussbaum**, Department of Emergency Medicine, TOH
- **Dr. Paul Pageau**, Department of Emergency Medicine, TOH
- **Dr. Chuck Su**, Chief, Winchester District Memorial Hospital
- **Dr. Debra Weatherhead**, Queensway Carleton Hospital
- **Dr. Brian Weitzman**, Department of Emergency Medicine, TOH
- **Dr. Marianne Yeung**, Department of Emergency Medicine, TOH

COURSE MATERIAL

To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our Website as soon as they become available. Please note we cannot guarantee that all course materials will be posted on the website.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT

This information is protected and is being collected pursuant to the Freedom of Information & Protection of Privacy Act of Ontario (RSO 1990). By registering with the University of Ottawa for its programs or courses, you agree to the University’s collection of your relevant personal information. The University of Ottawa is committed to maintaining and protecting the confidentiality and privacy of your personal information. Only authorized employees, whose official duties so require, are allowed to view your information.
2012 NATIONAL CAPITAL CONFERENCE ON EMERGENCY MEDICINE
February 9-11, 2012

ACCREDITATION

2 DAY CONFERENCE:
The University of Ottawa’s Office of Continuing Medical Education is accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide accredited CME activities for family physicians and specialists. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 12 MAINPRO – M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada for up to 12 credits. Through an agreement with the U.S. Accreditation Council for Continuing Medical Education, it is also accredited for up to 12 hours of Category 1 credit of the American Medical Association Physicians’ Recognition Award (AMA).

Physicians should only claim credit hours for the time he/she spent in the educational activity.

Letters of accreditation/attendance will be distributed electronically within 7 business days after the conference. We do not routinely mail out accreditation letters. Should you have any questions or concerns, please contact the CME Office in writing.

PRE-CONFERENCE SKILLS DAY:

ACLS
Accredited for up to 7.5 MAINPRO – M1 credits and 7.5 MOC SECTION 1 credits

Slit Lamp and ED Eye Emergencies
Accredited for up to 3 MAINPRO – M1 credits and 3 MOC SECTION 1 credits

CHEO Pediatric Resuscitation School: the ABCs and 3 Rs of managing acutely ill children
Accredited for up to 6.25 MAINPRO – M1 credits and 6.25 MOC SECTION 1 credits

DISCLOSURE
Speakers will be requested to disclose to the audience, any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.