Course Description

The University of Ottawa, Office of Continuing Professional Development and the University of Ottawa Heart Institute are proud to again offer this 1-day course in Cardiology for primary care physicians. This course has been designed to serve as a refresher of basic concepts in cardiology as well as an update on the latest and hottest topics in cardiovascular medicine.

Information & Registration:

613-761-4480 ext: 1 | cpd@toh.on.ca | www.med.uottawa.ca/cpd
Planning Committee

The Office of Continuing Professional Development extends a special thanks to the following physicians who participated in the planning of this event:

- Dr. Chris Glover (Chair), Cardiology
- Dr. Lisa Moore (Chair), Family Medicine
- Dr. Ross Davies, Cardiology
- Dr. Michael Froeschl, Cardiology
- Dr. Laura Muldoon, Family Medicine
- Dr. Salima Shamji, Family Medicine
- Dr. Derek So, Cardiology

Overall Learning Objectives

- Review and integrate newly published data and guidelines that affect how cardiovascular care should be delivered.
- Describe and evaluate pathways for testing and management of cardiovascular conditions.
- Describe ways to improve primary care referral practices and patient outcomes.

Accreditation

The University of Ottawa’s Office of Continuing Professional Development is accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide accredited CPD activities for family physicians and specialists. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 5.25 credits. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited by the University of Ottawa, Office of Continuing Professional Development for up to 5.25 Mainpro-M1 credits.

Course Presentations

To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our website as soon as they become available. We cannot guarantee that all course materials will be posted on the website.

Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Freedom of Information and Privacy Act

This information is protected and is being collected pursuant to the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). By registering with the University of Ottawa for its program or courses, you agree to the information. The University of Ottawa is committed to maintaining and protecting the confidentiality and privacy of your personal information. Only authorized employees, whose official duties so require, are allowed to view your information.

Liability

The University of Ottawa, Office of Continuing Professional Development (CPD) assumes no liability for any claims, personal injury or damage:

- to any individual attending this conference;
- that may result from the use of technologies, program, products and/or services at this conference;
- that may arise out of, or during this conference.

Course Cancellation Policy

The University of Ottawa, CPD reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for courses cancelled by the University of Ottawa, CPD will be refunded; however the University of Ottawa, CPD will not be liable for any loss, damages or other expenses that such cancellation may cause.

Mark your calendar!

- March 30, 2016
  2016 Champlain Primary Care Congress
  St. Elias Banquet Centre

- April 8, 2016
  Hypertension & Chronic Kidney Disease
  The Ottawa Hospital, Civic Campus

- April 14-16, 2016
  Canadian Women’s Heart Health Summit
  Westin Hotel

- April 27-29, 2016
  2016 Annual Refresher Course
  Ottawa Conference and Events Centre
## 8th Annual Update in Cardiology

### 7:30AM - 8:15AM
**REGISTRATION & BREAKFAST**

### 8:15AM - 8:30AM
**Welcome and Introductory Comments**

8:30AM - 9:50AM **HOT TOPICS IN CARDIOLOGY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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| 8:30AM - 8:50AM | The Debate on Lipid Guidelines  
• How to apply the current guidelines to my practice | Dr. Chris Johnson                   |
| 8:50AM - 9:10AM | PCSK9 Inhibitor: The New Injectable Cholesterol Drug  
• Review the evidence for use of this novel medication  
• Describe the indications for referral | Dr. Ruth McPherson                 |
| 9:10AM - 9:30AM | SPRINT Trial - Intensive Anti-hypertensive Treatment  
• Review the trial and its implications for practice | Dr. Marcel Ruzicka                 |
| 9:30AM - 9:50AM | Left Atrial Appendage Occlusion - A Novel Therapy for Stroke Prevention in Atrial Fibrillation  
• Describe the technology and review the evidence for use  
• Describe the indications for referral | Dr. Benjamin Hibbert                |

9:50AM - 10:15AM **REFRESHMENT BREAK**

### 10:30AM - 12:15PM
**MORNING WORKSHOPS - Please select two of the following:**

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Title</th>
<th>Presenter(s)</th>
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</table>
| W1       | Acute Coronary Syndromes  
• Review and integrate guidelines that affect treatment for Acute Coronary Syndromes  
• Describe ways to improve recognition of Acute Coronary Syndromes | Dr. Michel Le May                   |
| W2       | Too Many Choices? Anticoagulants - Which One to Choose When?  
• Select the proper anti-coagulant for a patient with atrial fibrillation | Dr. Mouhannad Sadek                 |
| W3       | Treating the Patient With a Murmur  
• Interpret heart murmur  
• Diagnose heart disease  
• Describe how to follow different types of valvular disease | Dr. Ian Burwash                    |
| W4       | Helping the Broken Heart: Common Scenarios in Heart Failure  
• Explain the causes of heart failure  
• Identify the different types of heart failure and their impact on management, or prescription  
• Describe and implement long management of a patient with heart failure | Dr. Lisa Mielniczuk                |
| W5       | The De-Prescribing of Cardiac Medications  
• Review evidence for long term use of Cardiac medications  
• Describe ways to identify cardiovascular medications that are no longer required or may be harmful | Dr. Lyall Higginson                |
| W6       | Palpitations: One, Two, Skip a Few  
• Describe red flags in palpitations  
• Review and select the appropriate tests  
• Choose the appropriate management strategies | Dr. Calum Redpath                   |

12:15PM - 1:00PM **LUNCH**

### 1:00PM - 3:00PM
**Clinical Scenarios: A Day in the Life of Three Patients**
1) Chest Pain  
2) Dyspnea  
3) Palpitations

Two hour interactive session following patients from their initial presentation through an appropriate workup, management strategy and follow up. This session will include a patient’s experience and direct view of all the diagnostic and therapeutic procedures involved in their care.

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| 1:00PM - 3:25PM | Cardiac Jeopardy  
• Evaluate and apply the major messages from today’s workshops | Dr. Chris Glover & Dr. Lisa Moore |

3:25PM - 3:30PM **EVALUATIONS & ADJOURNMENT**
8TH ANNUAL UPDATE IN CARDIOLOGY
FRIDAY, FEBRUARY 12, 2016
THE OTTAWA HOSPITAL, CIVIC CAMPUS, AMPHITHEATRE
1053 CARLING AVE, OTTAWA

Registration Information

- Workshops are assigned on a first-come, first-served basis.
- No registration form will be processed without the full registration fee included.
- Post-dated cheques are not accepted.
- Continental breakfast, refreshment breaks and lunch are included in the registration fees.
- Refunds less $75 administrative charge will be issued for cancellations received in writing by January 15, 2016. No refunds will be issued for cancellations received after that date. Refund cheques will be sent after the event.
- All registrations that are faxed or mailed to the Office of CPD will automatically be charged the Fax / Mail registration fee. No exceptions.

Registration Fees

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<tr>
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<th>Online Early Bird Rate</th>
<th>Online Regular Rate</th>
<th>Mail, Fax, Onsite</th>
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<tr>
<td></td>
<td>On or before January 22, 2016</td>
<td>After January 22, 2016</td>
<td>Anytime</td>
</tr>
<tr>
<td>Physician</td>
<td>$240</td>
<td>$250</td>
<td>$260</td>
</tr>
<tr>
<td>Resident*</td>
<td>$190</td>
<td>$200</td>
<td>$210</td>
</tr>
<tr>
<td>Other Health Care Professional</td>
<td>$190</td>
<td>$200</td>
<td>$210</td>
</tr>
</tbody>
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* A letter from your program director verifying Resident status will be required upon check in at the registration desk in order to receive the discounted registration rate.

Workshop Selections - please use the codes listed in the program (i.e. W1, W2...)

First Choice: _________________________ Second Choice: _________________________ Alternate Choice: _________________________

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Methods of Payment

- Visa
- Mastercard
- Cheque

Card Number _________________________ Expiry Date _________________________

Name on the Card _________________________ Signature _________________________

Fax: 613-761-5262 | Email: cpd@toh.on.ca | Phone: 613-761-4480 (extension: 1)

Mail: Please make cheques payable to "University of Ottawa, CPD"
725 Parkdale Avenue, Loeb Research Room 158, Ottawa, ON K1Y 4E9