**BEFORE YOU BEGIN:** Register for [MyWorldAbroad](https://www.myworldabroad.com) to access the links below.

Create your free account now.

## STEM Internships Abroad

On MyWorldAbroad, navigate to: [The 4 BIG Things > Getting Experience > Intern Abroad](https://www.myworldabroad.com/4-bigs/getting-experience/intern-abroad)

**TOP RESOURCES:** Find agencies and NGOs with internship positions using these resource lists:

- **International Internship Organizations:** Use the “Sector” filter to search for STEM opportunities.
- **International Internships and Student Programs With Canadian Governments:** For Canadian citizens. Check out the [IYIP program](https://www.youthjobs.gc.ca), and others.
- **International Internships With the US Government:** For US citizens.
- **International Internship Directories and Advice:** For additional resources and advice.

**TOP ADVICE:**

- [How to Apply for an Internship Without Ever Having Traveled Abroad](https://www.myworldabroad.com/4-bigs/how-to-apply-for-an-internship-without-ever-traveled-abroad)
- [The Internship Job Search](https://www.myworldabroad.com/4-bigs/how-to-apply-for-an-internship-without-ever-traveled-abroad#the-internship-job-search) (includes tips on writing applications).
- [How to Research an Organization](https://www.myworldabroad.com/4-bigs/how-to-apply-for-an-internship-without-ever-traveled-abroad#how-to-research-an-organization)

**BONUS TIP:**

Start building a mentorship network of professionals in your field. Make a point of speaking to those who have lived and worked abroad.

## STEM Careers

Navigate to: [The 4 BIG Things > The Professions > Engineering Careers Abroad](https://www.myworldabroad.com/4-bigs/the-professions/engineering-careers-abroad)

**TOP RESOURCE:** Research companies, internships, jobs and mentorship connections:

- [Engineering Job Boards](https://www.myworldabroad.com/4-bigs/the-professions/engineering-careers-abroad#engineering-job-boards)

**OTHER RESOURCES:**

- [All Job Boards](https://www.myworldabroad.com/4-bigs/the-professions/engineering-careers-abroad#all-job-boards): Use “Resource Type” filter to find job boards coded for STEM disciplines.

**BONUS TIP:**

Interested in a company that doesn’t have an intern program? Contact the firm and suggest an internship!

## NGOs & International Development

Navigate to: [The 4 BIG Things > The Professions > NGOs & International Development](https://www.myworldabroad.com/4-bigs/the-professions/ngos-international-development)

**TOP RESOURCES:** Gain international experience or find NGOs with STEM-related projects.

- [All NGOs](https://www.myworldabroad.com/4-bigs/the-professions/ngos-international-development#all-ngos): Multiple internship and volunteer opportunities with these NGOs.
- [NGO Job Boards](https://www.myworldabroad.com/4-bigs/the-professions/ngos-international-development#ngo-job-boards): If an NGO is posting international STEM jobs, they are good targets for an internship or co-op placement.

**BONUS TIP:**

International development often involves STEM disciplines. It’s also a great field for building cross-cultural experience.

## KEY ADVICE:

Crucial ideas to help you build your career!

- [Qualities of an International Engineer](https://www.myworldabroad.com/4-bigs/key-advice/qualities-of-an-international-engineer): Why not engineer abroad?
- [The Four Parts to Acquiring Global Career Skills](https://www.myworldabroad.com/4-bigs/key-advice/the-four-parts-to-acquiring-global-career-skills): Are you ready for the challenge?
- [Your International IQ](https://www.myworldabroad.com/4-bigs/key-advice/your-international-iq): Get ahead with a global mindset!
- [How to Survive Your First International Internship](https://www.myworldabroad.com/4-bigs/key-advice/how-to-survive-your-first-international-internship): Make an impression abroad!
- [Debunking the Myths: The Real Deal on International Work](https://www.myworldabroad.com/4-bigs/key-advice/debunking-the-myths): International job search essentials!

**BONUS TIP:**

The MyWorldAbroad site has hundreds of career-focused articles. Also see our 38 [Quick Guides](https://www.myworldabroad.com/quick-guides).