# Take action to build the Global You!

A bulletin for students at ABC Testing

It's Time to Set Your International Goals!

Dear Diego,

The new school term is right around the corner. What steps will you be taking to build international experience this year? Now is the time to commit to developing the Global You, which is an exciting and rewarding process – both personally and professionally. Be sure to explore the important links in this issue!

## So, what can you do right now?

- Make the decision to go global. The coming year is the perfect time to change your life by heading abroad to study, volunteer, intern, work or participate in a virtual international program. Commit to developing the Global You. This simple step is more important than you think!
   Check out language learning
- and internationally-focused courses at your school.
  Choose one or more to include in your course load.
  Find out what international
- and cross-cultural clubs and events take place on your campus. Choose one and plan to join.
  Research which professors
- at your school know about the international aspects of your field of study. Could you pick up a part-time job as a research assistant? Attend or volunteer at a conference?

   Don't have a passport yet?

  Set the wheels in motion to get
- one!



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Ready to learn?

Discover why international skills and experience are so important. Read these key Quick Guides to set the wheels in motion for your global year:

International Skills (English, French)
• 10 Reasons to Go

Why You Need

Abroad During Your Studies (English)
• The Global You (English, French)

Watch this month's video:
Why should I study abroad?



## Start to Build the 10 Global Competencies

professional profile! Then, use the maps to set goals, assess skills and measure progress as you prepare for success in life and work.

Use the 10 Global Competencies

Quick Guide to grasp how global

career skills improve your entire



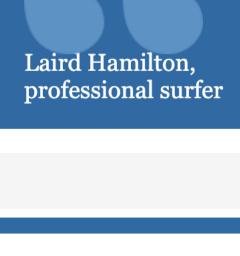
The 1-year Global Mindset Map

(English, French)

The 4-year Global Mindset Map (English, French)

when we stop taking risks."

"We start going downhill



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