

FALL 2025 BOWLING RULES

(Updated 7/24/2025)

Recent rule changes appear in hi-lighted and italicized font.

Rule 1: Facility

1. All games will be played at [Colonial Lanes](#). Alcohol, drug, and tobacco use is not permitted while participating in an Intramural event.

Rule 2: Player Eligibility

1. All Intramural Sports eligibility rules apply. Please check the [Intramural Sports Rules and Regulations](#) carefully
2. Prior to participating, all players must check-in with the Sport Programs Supervisor. To check-in, participants must have a photo available through IMLeagues, or must provide a University of Iowa or government-issued photo ID.

Rule 3: Team Composition

1. A team will be comprised of four players.
 - o Individual bowlers arriving late will be allowed to catch-up if they are present and ready to bowl any time before the beginning of the fifth frame. They may enter with the same restriction during the second and third games but may not make up any games that have been completed.
2. The "Open" league format does not have any gender requirements for team rosters.
3. No more than two players on a team may be a member or coach of a bowling club that plays competitively, or a former member of an intercollegiate bowling team. A list of current bowling club members will be available at the Recreational Services office (E216 FH).

Rule 4: Equipment

1. Bowling shoes and balls will be provided by Colonial Lanes
2. Participants are allowed to use their own bowling equipment if desired.

Rule 5: Ground Rules

1. Each player will bowl three games, all bowlers' scores will be tallied for each game. The team with the highest combined total from the twelve total games will be the tournament champions.
2. Bowling will be scratch. No handicaps will be used.
3. All scores will be recorded with Colonial Lanes scoring programs.
4. **Teams will have a 2-hour and fifteen-minute time limit to complete all three games.** If unable to complete their games in the given time limit, their final scores will be tallied from the point at which time expires.

INCLEMENT WEATHER

If there is inclement weather and Intramural Sports are scheduled, check the [Intramural Sports website](#) for cancellation information. The Sport Programs Staff will also attempt to notify participants scheduled to play that night. You can also sign-up for Intramural Sports notifications through the [Recreational Services app](#).