Revised June 2024

University of Delaware

Intramural 6v6 Indoor Volleyball Rules

League Format

This is an officiated sport that may consist of coed, men's, women's, and graduate-open leagues. The leagues may also range from competitive to recreational skill levels. Teams will play in a 3-4 week regular season with the top teams advancing to playoffs. All games are played in Gym 2 in the Carpenter Sports Building (Lil Bob). Every player must be a member of the team roster, with an active IM Leagues account, and have their Student ID.

Forfeits/Defaults

- UD Intramural office must be notified by 12pm the day of the game to be considered a default/loss rather than a forfeit.
- A 5-minute grace period will be given to all teams to meet the 4 player minimum & gender requirements before declaring a forfeit.
- 2 defaults count as 1 forfeit, 1 forfeit knocks your team out of playoff contention unless you pay the optional buy-back-in fee, 2 forfeits results in your team being removed from the league for the remainder of the season.

Equipment

- NO JEWELREY OR HATS ALLOWED, NO EXCEPTIONS!
- Sneakers are required. Sneakers may not have soles that will mark the courts.
- Men's and Coed leagues will have a net height of 7'11 (5/8"), Women's will be 7'4 (5/8")
- Volleyballs are provided by Campus Recreation.

Gender Requirements

- Men's leagues require all males, women's leagues require all females.
- Coed leagues require a max of 3 males and minimum of 1 female in play.
- Graduate-Open leagues have no gender requirements.

Game Rules

- The first team to win 2-out-of-3 sets. All games will utilize rally scoring to 25. The third set, if necessary, will be played to 15. Teams must win by 2.
- **The match has a max time limit of 45 minutes.** At the end of 45 minutes the match is over and if a team is ahead in the game being played they will win that game. If time ends with the game score tied the match will be extended for one point.

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- When receiving the ball for service after a side-out has been called, each member of that team shall rotate one position in a clockwise direction.
- A ball hit into the net, may be recovered provided a player does not make contact with the net or cross the centerline.
- A player may not play the ball in succession, unless played once by another player. Exception: One player can make contact with the ball twice if initial contact is a block.
- A team must return the ball across the net with three or fewer contacts. A block does not count as contact.
- If a player is hit by the ball or touched the ball, it is considered legal contact and to have been played. Legal contact is a touch of the ball by any part of a player's body.
- When the ball lands on the boundary line, it is considered in the court. It is legal for a player to run out of bounds and play the ball.
- Any ball that makes contact with the backboards or ceiling fixtures on the opponent's side will be considered out of play and a point or side-out will be awarded.

Violations

- The let serve shall be allowed, and play shall continue provided net contact is entirely within the net antennas.
- A re-serve shall be called when the server releases the ball for service, then catches it or drops it to the floor. The official will cancel the serve and direct a second and final attempt serve. Only one re-serve is permitted per player, per turn in rotation at service.
- Serving illegally, or out of turn. A served ball may not be blocked or attacked by the receiving team.
- Touching the net or reaching under the net to interfere with an opponent playing the ball.
- Stepping over the centerline into the opponent's court, a player may step on the line.
- Spiking or blocking the ball in front of the 10' line when playing the back row position.
- Contacting the ball twice in succession, unless the first contact is a block.
- Catching, holding, or "carrying" the ball while playing it.

Team captains will be held responsible for the information outlined in this rule packet. University of Delaware Intramural Staff reserve the right to evaluate and change any rule based on changing circumstances.

If you have any questions regarding these rules, please contact the Intramural Office at intramurals@udel.edu.