



# University of Delaware

## Intramural 4v4 Sand Volleyball Rules

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### Season Format

This is a sport that will consist of Co-Rec, Men's and Women's leagues. All games are played at the Harrington Sand Volleyball Courts. The season will consist of a 3-4 regular season followed by a single elimination playoff bracket. Every player must be a member of the team roster, with an active IMLeagues account, and have their Student ID.

### Equipment

- Courts and volleyballs will be provided by Campus Recreation.

### Gender Requirements & Forfeits

- The Co-Rec league requires teams to have a max of 2 males and min 1 female on the court.
- A 5-minute grace period will be given to all teams after the game time to meet the player requirements before declaring a forfeit. (1 player must be checked-in by game time)

### Game Rules

- Each game will be best 2-out-of-3 sets, each set will be played up to 25 points, you must win by at least 2 points.
- Each member of the team shall serve in turn: rotate clockwise. 3. The server shall stand with both feet behind the rear boundary line and may not step on or over the end boundary line until after the serve has been hit.
- Players are not permitted to scoop, hold or lift the ball. The ball must be clearly hit.
- A ball that touches a boundary line is considered in.
- A ball hit into the net is in play, provided the net is not touched by the players or it is not the third hit.
- A ball is kept in play if it hits the net and goes over into the opponent's court during the volley, but not on serve.
- Players may not touch the net.
- On a spike, contact with the ball must be made on his/her own side of the net, but may in the course of his/her follow through cross-over (but not touch) the net.
- Substitution can only be made for the server position, except in case of injury

Team captains will be held responsible for the information outlined in this rule packet. University of Delaware Intramural Staff reserve the right to evaluate and change any rule based on changing circumstances.

If you have any questions regarding these rules, please contact the Intramural Office at [intramurals@udel.edu](mailto:intramurals@udel.edu).