

2020 Covid-19 Drawing Guidelines

I. Introduction

This document outlines the Covid-19 guidelines for participation in First Friends Sports' Drawing Class.

II. General Code of Conduct

As a reminder, your participation in Drawing is a personal choice, and you should feel comfortable determining for yourself if you would like to resume activities with safety precautions in place. We recommend all participants (coaches, parents and players) communicate with First Friends Sports to better understand the safety policies in place and work together to protect against the spread of COVID-19.

- If you are sick or have symptoms of an illness, please stay home. Stay home regardless of what is causing your illness. According to the CDC, Covid-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. This list does not include all possible symptoms. The CDC will continue to update symptoms and as we learn more about Covid-19. The CDC's list of symptoms and a "self-checker" is available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- If you have been in close contact (within 6 feet) with someone who is suspected or confirmed to have COVID 19 within two weeks of a session, please stay home.

III. Check-In

Participants will be required to check-in before they can participate in each session. Participants will not be allowed to participate if they have not checked in. All participants will use the main church entrance, under the carport.

What can you expect at check-in?

1. **Temperature checks:** Any participant with a temperature of 100.4 or higher within the last 72 hours of a session will not be permitted to participate.
2. **Questionnaire:** Each participant will be asked about their contact/exposure to Covid-19 within the last two weeks.
3. **Masks:** Masks will be required for all individuals inside the building. There are some exceptions as outlined under Section IV.
4. **Participant Limitation:** There will be a maximum amount of 20 individuals permitted in the classroom at once. Please wait to be given permission to enter the classroom.

IV. Sessions

Facial coverings

1. Employees, staff, and volunteers must wear a cloth face covering at all times.
2. Due to the current mask requirement in the State of Ohio, we will be requiring masks to be worn in all common spaces. Masks will be required for any individuals inside the building and not part of a drawing session. Masks may be removed only if you are seated and socially distanced from other individuals/groups.
3. Participants will not be required to wear masks if they are seated in their assigned space.
4. Instructors will not be required to wear a facial covering except when they are giving instruction to participants within 6ft.

Spectators

1. Parents/guardians are encouraged to limit the number of “spectators” they bring into the building.
2. There will be an assigned waiting area for parents/guardians/siblings.
3. We will enforce social distancing in this area.

Physical Interaction

1. Avoid general physical interaction including hugging, “high fives” or passing objects by hand.
2. Participants and any additional persons on site (employee, volunteer, parent) should avoid close contacts and follow all social-distancing guidelines.

Equipment & Supplies

1. Where possible, use individual equipment.
 - a. Do not share personal equipment or gear (e.g. drawing equipment or facial coverings)
 - b. If borrowing from the general equipment, please use the same equipment for the duration of the event. We will sanitize all general equipment after each use.
2. We will disinfect chairs and tables before, in between and after sessions.

General Hygiene

1. Avoid touching your eyes/mouth/nose as much as possible.
2. Wash or sanitize your hands often.
 - a. Use soap and water for a minimum of 20 seconds.
 - b. When soap and water is not available, use hand sanitizer.
3. Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze.
 - a. Follow with washing or sanitizing your hands.
 - b. Dispose of tissues in a sealed trash can.

4. Follow recommendations on wearing PPE (Personal Protective Equipment – masks or face covers) when possible.

Disclosure

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content is provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such,

First Friends Sports and First Friends Church makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to sports.