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Sheet music is the format in which songs are written down. Notes begin with blank music loss paper consisting of graphs with five lines and four spaces, each representing a note. Songwriters who compose songs in standard musical notation use staff paper to create sheet music, which can then be passed on to musicians who interpret sheet music for a musical performance. Today, it's easier than ever to make your own sheet music. With notation software such as Finale, or the free web-based Noteflight service, anyone can turn their musical ideas into professional sheet music. Use Noteflight to get started (see Resources). Noteflight is a free web-based music notation service that allows you to write, print and even save your notes as music files for playback. Noteflight has a clean, easy-to-use interface that allows even a beginner to create a song in sheet music. Because Noteflight allows you to listen to what you've written, you can experiment with different notes until you create something that sounds good even if you're not familiar with music composition. Create a Noteflight account and sign in to start creating your notes. You can start writing your song right away. Click New Score at the top of the page located on a toolbar to create an empty note document. Select whether notes should be private or shared. Noteflight presents you with an empty note sheet in Key of C with a 4/4 time signature. Click Edit Title at the top of your sheet music, and type the name of your song, and then click Edit Composer and type your name. On the Score menu with the Change Time Signature or Change Key Signature command, make the necessary changes to your key signature or time signature. Add notes and rests to your notes by clicking on the blank music staff. A notehead appears, and you can drag and click where you want the note to appear. You can also use the floating palette to select different note durations. When you insert your notes, Noteflight automatically reformats notes to keep the correct number of beats per bar. To listen to what you typed at any time, go to the Play menu and select the playback option you want. Print sheet music when you're done composing your song. The result will be a professional score on your song composition. You can also use Noteflight to create an audio file with your composition. With Noteflight, you can assign actual instrument sounds to the appropriate parts. Go to File and select Export to save the finished notes as an MP3 or wav file. This allows you to take an example recording for your band. With the popularity of rustic themed weddings and DIY savvy brides, paper flowers are a huge trend in the wedding business. More and more I see brides with bouquets made of flowers. I wanted to try my hand at a one homemade paper bouquet that would please any DIY bride. Why take the time to make this bouquet? It's cheap: I probably make this whole bouquet for less than \$1.00. Average flower bouquets go for about \$30-\$80 a piece! Its easy to do: when you get the hang of making flowers it takes a few hours to make a full bouquet depending on how many flowers you want in it. They are beautiful: Your guests will love your creative style as you show off your bouquet at the wedding. If you have little ones at home, coming up with activities to keep them occupied can sometimes be challenging. There are several games about your kids playing with each other and you can join in the fun too! One such game is to sing action songs. Singing is not only a fun activity for your kids, but also a great way to establish a solid foundation in terms of motor skills and communication skills. Fine motor skills are the ability to control the small muscles of one's body, including fingers, toes, tongue, and lips. Singing allows toddlers to exercise the muscles in and around the mouth. Singing also helps develop speech and communication skills. Children's songs usually have rhyming words that expose children to phonics skills and sound awareness. According to Scholastic, this will allow them to speak, formulate and learn to read with greater ease. Further, singing with parents is supposed to promote mutual communication skills at a young age. Songs that incorporate actions and movement will also help toddlers with rhythm, spatial awareness, balance and coordination. Here are 3 popular children's songs to introduce your child to. These songs also incorporate easy dance moves that go along with the lyrics that will get your little ones moving around. Lyrics (excerpt) Do your ears hang low? (Tug of ear flipper) Do they falter back and forth? (Place hands near ears and wave back and forth) Can you tie them in a knot? (Pretend you tie a knot) Can you tie them in a bow? (Pretend you're tying a bow) Can you throw them over your shoulder (Pretend you're throwing something over your shoulder) Like a continental soldier (Salute) Do your ears hang low? (Tug of ear flipper) Yes, my ears hang low! Yes, they wobble to and fra! can tie them in a knot! can tie them in a bowl can throw them over my shoulder! As a continental soldier! Yes, my ears hang low! Sheet of G. DeBenedetti Lyrics The eensey weensy spider went up in waterspout (Right thumb to left pinkie, then left thumb to right pinkie and so on) Ned came the rain and washed the spider out (Hold hands high then wiggle fingers as your hands move down) Out came the sun and dried up all the rain (Hold your hands high up and shape circle) And eensey weensy spider went up spout again. (Repeat first line action) Lyrics and Midi Sample, also see Sheet Music (excerpt) by Roland You put your right foot in You i You your right foot out You put your right foot in And you shake it all about You do it Hokey-Pokey And you turn yourself around It's what it's all about! Next do: left foot, right hand, left hand, etc. L See Nodeark (Vendor's Site) Sofa Introcaso / EyeEm / Getty Images Reading sheet music means to develop a reciprocal relationship between your eyes and hands, and of course this collaboration will not form overnight; it is a process that requires patience and is best divided into stages. Piano music requires a two-piece staff to accommodate the piano's wide range of tones. This great staff is called grand staff (or great spell in British English), and every single staff within is identified with its own musical symbol called a key. The notes on treble and bass sticks are not quite the same. But don't worry, once you know how to read one, you'll notice the same note pattern repeated on the other in a slightly different way. You learned in the previous step that the vertical position of personnel notes shows the pitch. Note lengths, on the other hand, tell you how long a note is kept and they play a crucial role in the rhythm. Once you become familiar with the basics of piano notation, you can put your new knowledge to use immediately with an easy, color-coded guide for the absolute beginner. For those a little more comfortable with notation, free, printer-friendly practice lessons are available in multiple file formats and sizes. Each lesson is aimed at a specific technique and ends with a practice song so you can practice your new skills and practice sight-reading. Test your progress or challenge yourself with new lessons! Find beginner and rehearsal tests and quizzes – with related lessons – on a number of important musical topics. Do you know what to do with old sheets? You can donate or trash bedding, or you can reuse this used fabric and turn it into something new. If you're short of ideas, we've come up with several smart uses of old sheets that can improve your life. For example, these projects can help you remove waste in your home or help you become a more efficient gardener. It's worth noting that you don't need to have a set of tattered sheets to join. Do you stock too many sheets in general? Many home organization experts recommend keeping no more than two sets of sheets per bed. If you own more than this recommendation, consider cleaning your linen closet and tackling one of these DIY projects. Paper towels are becoming a thing of the past as more people work to reduce waste in their homes. If you have a set of old sheets, consider cutting them down into some reusable cleaning towels. Cotton sheets will make ideal dusters and can even be used to polish stainless steel appliances. Simply grab a pair of sharp scissors and cut the sheets in Mollie Johanson Sheet fabric may not be durable enough for a purse, but they are an ideal fabric for bags. Cord bags can serve many uses. You can use them to organize travel essentials, wrap gifts, or keep your wallet organized. This drawstring bag tutorial will show you how to craft a simple bag. Thick, opaque plates can work well as a treder barrier in your garden. Make sure the sheets are not thin or transparent. Darker colors work best. If you have a lot of open space in your garden bed, fix parts of your old sheet before topping it out with a few inches of fresh mulch. If you have lighter cotton sheets, you can use these in your garden in winter to protect more fragile perennials. Mollie Johanson There is a wide range of accessories you can make with old sheets. Pretty much everything that can be done using cotton should be considered. This double sided belt project may not use a lot of your old plates, but if it goes well, make a few belts for the whole family. Sleek, wrinkle-free white sheets make large curtains in farmhouse-style homes. In fact, it may be cheaper to buy a set of cheap twin sheets and turn them into curtains than to buy custom window shades. The savings will add up if you have odd size windows and need a custom width or length. capecodphoto/Getty Images Think of making a braided rug using old bedding. This DIY project may take some patience to create, but the end result will help you use up old plates and other scrap fabrics that take a seat in your craft room. Old sheets can be turned into a tug of dog toy. The thicker you can make this dog toy, the more durable the toy. To complete this project, you need to cut your old sheets into several long, thin strips. We recommend that the strips about two inches are thick and three meters long. Take all the strips and then tie a large knot at the end. Place the strips in three sections and continue to weave the sections together. Finally, knot the bottom of the toy. Mollie Johanson Plastic bags are terrible for the environment, so many sites enforce plastic bag bans in stores. Even if you can still use plastic bags, it can be worthwhile to turn your plates into shopping bags instead. Try this durable grocery bag pattern using a few patterned or solid plates. This old sheet idea looks like the bag or produce the bag, but the function is different. Sheets make a great fabric for creating a boho-inspired yoga mat bag. This article has different yoga mat bag patterns to choose from. Farm farm at Boone Lisa from Farmhouse on Boone has a very clever idea for recycling old sheets. She turned some old, patterned bedding into pajamas for her daughters. Head over to her girl's pajama tutorial to find out how to make your own set. Bedding will make ideal art smocks so so as the fabric is thick enough that art supplies do not easily seep through. You can find an example online to sew, or you can simply cut a hole in the middle of the sheet and put the sheet over your head. Cutting a hole is a quick way to protect your clothes when you're on a project on the fly. Fly.

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