



LeTerre...  
one with the earth



# MINERAL BATH SALTS

*from the* **DEAD SEA**

*Israel, the West Bank, and Jordan*

## What Makes Our Bath Salts Different?

Our line of soothing, healing, and therapeutic treatments contain earth's finest natural ingredients. Dead Sea Salts from Israel. Our salts contain over 22 minerals for the natural healing of many skin conditions such as eczema, psoriasis, atopic dermatitis, including dry skin due to menopause, and oral medication.

Our salts include a regiment in ridding the body of radiation you may have been in contact with. We use only 100% pure essential oils in our formulations to soothe, stimulate, and awaken the senses. Our salts, you will see are pleasing to the eye as well. We use only mica minerals to add natural coloring.

Whether you're a person that enjoys their quiet time soaking in a relaxing warm bath, while enjoying your favorite scent of Leterre bath salt, or maybe you're a bathing enthusiast wanting a therapeutic, and detoxifying soak. If you enjoy a body scrub, Leterre can fulfill your every need.



### Bath Vials FREE Acrylic Display

with Purchase of 25



**9oz**

CHOOSE YOUR SCENTS



**18oz**

CHOOSE YOUR SCENTS



**40oz** With Scoop

## THE MUSCLE SOAK

The muscle soak blend is the perfect treat for your tired and achy muscles. Made with pure medical grade epsom crystals. (Not store bought epsom-salts) blended with the perfect amount of eucalyptus and peppermint 100% pure essential oils, aloe vera leaf juice, and vitamin e. Just a twenty-minute refreshing soak will have your tired muscles rejuvenated.

The muscle soak is ideal for those who are athletes, who exercise, or have physical jobs

The muscle soak blend is sure to relieve even the most overworked muscles and for those experiencing everyday muscle aches and pains. Can be also used as a foot soak.

The two key ingredients in our muscle soak are:

**Magnesium:** which helps regulate activity of 325 plus enzymes, prevents artery hardening, blood clots, improves oxygen uses and reduces inflammation to relieve pain and muscle cramps.

**Sulfur:** sulfates flush toxins improve absorption of nutrients, help form joint proteins, and help prevent or ease migraine headaches.

*Available in 1.5oz Bath Vial, 9oz Jar, 18oz & 40oz Jars*

## THE MUSCLE SOAK BLEND

*Soothes your tired and overworked Muscles. Formulated with Medical grade Epsom Crystals, in addition to a unique blend of eucalyptus and peppermint oils, with vitamin E and aloe vera leaf juice. Perfect for joint and knee pain, arthritis, plus other body aches and discomforts.*





# GIFT SETS

**Available Sizes:**

**2oz Vial**

**3oz Jar**

**9oz Jar**

**18oz Jar**

**40oz Jar**



Dead Sea Salts help cuts, burns, wounds, and insect bites. The minerals found in the salts are absorbed through the skin, which is essential to the body's functions. Bath salts also flush out harmful toxins from the body and is a good stress relief. Sea Salts effectively treat many skin conditions, including eczema, and psoriasis, also everyday skin conditions such as rough or dry skin. Dead Sea Salts are also known to soothe rashes, calm allergic reaction, minimize dandruff and treat acne. The results of controlled studies show that Dead Sea salts are an effective, natural treatment for psoriasis with no known side effects. LeTerre Dead Sea Salts are endorsed by the National Foundation of Psoriasis. For further information on treatment plans, please contact us.



# SKIN

## Benefits for using Dead Sea Salt on skin conditions:

**Scalp irritation, dry scalp, and dandruff** are symptoms that can be treated at home. First, you should consult with your salon professional as to a treatment plan.

We recommend you mix equal parts of mineral salt and shampoo. Apply just as you would when shampooing your hair. Let sit for 3 minutes, longer for extreme scalp conditions. Repeat. For extreme scalp conditions, you should shampoo a third time, without the addition of mineral salts. This is to help rinse away oils, and flakes. Safe for color treated hair. We recommend conditioning color treated hair after mineral salt treatment.

\*We recommend using an unscented, fine grain salt.

\*Do not apply directly to an open wound.

\*Helps prevent fungal growth

\*Improves the hair follicles ability to allow hair to grow.

**Eczema & Psoriasis** - Soaking in bath water with sea salt will definitely help in clearing flare ups from eczema, psoriasis and dry skin. Add 2 Tablespoons or more (Based on size of tub) and soak 10-15 minutes without adding soap to water. After soaking bathe with cleanser of choice, and rinse the skin with clear water to remove any residue left on the body. You have taken a mineral bath with your salts, and do not want chemicals from soap remaining on your skin.

**ACNE- BUSTER** - Have cystic acne? Start using Dead Sea salt. We already know that the salts contain zinc and sulfur that have been shown to be a very effective acne treatment when used topically. So use as a gentle scrub, or enjoy your bath soak to disinfect and cleanse back or acne skin condition.

We recommend using a fine grain mineral salt when applying directly to the face.



BEFORE

AFTER



BEFORE

AFTER



## The POWER IS IN THE MINERALS: Dead Sea Salts Chemical Analysis

Magnesium Chloride	31-35%
Potassium Chloride	20-28%
Sodium Chloride Bromide	3-8%
Sulphates	0.3-0.6%
Insolubles	0-0.3%
Water of Crystalization	32-40%

\*\* As always check with your physician before use.

# TO GET THE GREATEST BENEFITS FROM OUR SALTS:

**For dry skin or skin conditions:** run a warm bath. Add your favorite bath soak after getting into the tub. This will allow you to enjoy the aroma of your essential oil while soaking, instead of the oil evaporating into the air as your bath water is running. Soak without adding soaps, or shampoos. Remember, it's always wise to rinse soaps off with clean water before drying.

**As a detox:** add ½ cup salt to ½ cup of baking soda to your water. Use this regiment if you have been exposed to any type of radiation, including routine mammograms, dental x-rays, etc. To eliminate any harmful chemicals your body may have been exposed to.

**As a scrub:** wet your skin with water, take a small amount of salt and rub gently into your dry areas, or your entire body. (Keep away from eye area)

In addition to treating dry skin, and psoriasis, natural health practitioners recommend the use of Dead Sea Salt for a variety of other skin ailments. There exist strong evidence in effective treatments for acne, wrinkles, and sun damage.

Whether you are using LeTerre for a skin condition or just a healthy relaxing bath soak. You will be amazed how soft and silky your skin will feel as you get out of the tub, and into the next day.

How often should I take a treatment bath you ask?

*You may bathe daily with Leterre. Remember, you are using the earths all natural ingredients.*

Contact eclectic reps at:  
barbnews@gmail.com  
651-503-5432

to request pricing, availability and local rep information.

