



I Will Keep Doing What Is Right And Not Get Distracted!

From The Great Race Lesson 6

LEADERSHIP TRAIT - PERSEVERANCE

Leaders with perseverance will not get distracted easily, but will instead focus on the task until it is done.

LEADERSHIP LESSON

Your children will learn that in order to do the right things in life, we need to focus and not get distracted.

LEADERSHIP STORY

Sanballat, Tobiah, and Geshem try to distract Nehemiah. (*Nehemiah 6:1-16*)

WHAT DO I DO?

Have your children read the Leadership Story. Next, have your children watch the Leadership Video and complete the Child Leadership Questions. If you want to do the Optional Family Activity, have the whole family watch the Leadership Video, then lead your family through the Optional Family Activity.

OPTIONAL FAMILY ACTIVITY: NO DISTRACTIONS

Nehemiah had a job to do, but there were three men who were determined to stop him from finishing the wall. Nehemiah would not be distracted, though, and he continued doing his job. Gather your family together and give them a task that takes concentration. For younger children, you can ask them to build the tallest tower they can build using blocks. If you have older children, you can give them cups to stack (*bottom to bottom and top to top*) or ask them to build a house using a deck of cards. Have each person take a turn at building. While each person is building, have the rest of the family try to distract the builder. To distract the builder, you can say silly things to them, cheer loudly, jump around, or anything else you feel would be a distraction. Once each member of the family has completed a building, see which building is tallest (*or possibly most elaborate*). That person is the person who was best able to ignore the distractions. Finish by saying something like this: In this game, you had to put your focus on building a tower so that you could avoid the distractions going on around you. In life, when you are working on a task, you need to focus on it and not let distractions break that focus. If you stay focused, you will complete the task which is the right thing to do. Pray and ask God to help you keep doing what is right and not get distracted.

MEMORY VERSE:

Help your child memorize this verse.

"...let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run the race God has set before us." Hebrews 12:1b (NLT)



I Will Keep Doing What Is Right And Not Get Distracted!

From The Great Race Lesson 6

Main Point: I Will Keep Doing What Is Right And Not Get Distracted!

Read Nehemiah 6:1-16. When you are finished, watch the Leadership Video. Then read the items below and write your responses in the space provided.

1. What did Pastor Mike say that he didn't like about going on a trip?
2. What are some things that Pastor Mike said distracted him from packing?
3. Because he was distracted, Pastor Mike forgot to pack something for his trip. What was it?
4. Pastor Mike missed out on some things because he was distracted and forgot his wallet. Who else in the Leadership Video had to deal with distractions?
5. Who were the people who were trying to get Nehemiah to stop building the wall?
6. The men tried over and over, in many ways, to distract Nehemiah. What were two of the ways that the men tried to distract him?



I Will Keep Doing What Is Right And Not Get Distracted!

CONTINUED

From The Great Race Lesson 6

7. One way Nehemiah did not get distracted was by staying where he was and not leaving. Fill in the blanks of Nehemiah's response to the men's messages asking him to leave the city and meet them.

"I am engaged in a _____ work, so I can't come. Why should I
_____ to come and meet with you?"

8. Another way Nehemiah did not get distracted was by not chasing after the men when they tried to start a rumor about him. Fill in the blanks of Nehemiah's response to the rumor they tried to start about him.

"There is no _____ to any part of your
_____. You are _____ up the
_____."

9. Nehemiah was probably angry, and could have chased down the men because they were trying to get him in trouble. But Nehemiah ignored the distractions because he knew he had a big task from God to complete. Pastor Mike listed some tasks that God has for us to complete. What are they?



I Will Keep Doing What Is Right And Not Get Distracted!

CONTINUED

From The Great Race Lesson 6

10. What are some of the tasks God has for you to complete? They might be chores that your parents assign you, homework from teachers, or things that you learned at church that God wants you to do. List three of them below.

If we get distracted from doing things that God wants us to do, we can miss out on a lot of great things in our lives. Draw a wall protecting the things you wrote in above to show that you want to protect those things God wants you to do.

When distractions come up, imagine putting up a wall between you and the distractions and focus on what you are doing. Think about how Nehemiah stayed in the city and kept working on the wall. Stay where you are and finish what you are doing. When those distractions seem like they are pulling you away from a job you need to finish, follow Nehemiah's example and refuse to be distracted until the job is done.

Memory Verse: Ask your parents to help you memorize this verse.

"...let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run the race God has set before us." Hebrews 12:1b (NLT)



I Will Keep Doing What Is Right And Not Get Distracted!

From The Great Race Lesson 6

Main Point: I Will Keep On Doing What Is Right And Not Get Distracted!

1. Packing.
2. Messy closet. Squeaky wheels. TV shows.
3. His wallet.
4. Nehemiah.
5. Sanballat, Tobiah, and Geshem.
6. Asking him to meet them outside the city. Starting a rumor about him. Trying to trick him into hiding in the temple.
7. Great. Stop. Working.
8. Truth. Story. Making. Whole. Thing.
9. Doing your best. Completing jobs from parents. Inviting others to church.
10. Answers may vary, but may include: Doing dishes. Watching a younger sibling. Doing homework. Cleaning up toys.