

Endurance!

From Dojo Lesson 5

LEADERSHIP TRAIT - PERSEVERANCE/ENDURANCE

Great leaders have perseverance/endurance. They will finish the job no matter what it takes.

LEADERSHIP LESSON

Your children will learn that no matter what happens, good or bad, we should continue to do the good things God wants us to.

LEADERSHIP STORY

Paul and Barnabas preach in the city of Lystra. (Acts 14:8-20)

WHAT DO I DO?

Have your children read the Leadership Story. Next, have your children watch the Leadership Video and complete the Child Leadership Questions. If you want to do the Optional Family Activity, have the whole family watch the Leadership Video, then lead your family through the Optional Family Activity.

OPTIONAL FAMILY ACTIVITY: NO MATTER WHAT

Endurance is the ability to keep going even when the going gets tough. Endurance allows you to keep going, regardless if things are going good, or not so good. Describe to your child a time when you wanted to quit doing something. Did you choose to quit or to keep going? What were the results of the choice you made? Put your heads together as a family and decide to do, or not do, something for an entire week. Examples would be to go on a nightly family walk or to make a decision to not watch television all week. Whatever you decide to do, work together to make it through the week and not give up, even when it gets tough. At the end of the week celebrate by doing something fun together. As you celebrate, talk about how glad you are that you had the endurance to make it through the week.

MEMORY VERSE:

Help your child memorize this verse.

"So if you are suffering in a manner that pleases God, keep on doing what is right, and trust your lives to the God who created you, for he will never fail you." 1 Peter 4:19 (NLT)

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Main Point: Endurance - I will keep doing what is right no matter what happens!

Materials Needed:

- A Bible
- The Leadership Video - *Endurance*
(File name: Elevate_PERSEVERANCE_Dojo_L5_Endurance.mp4)
- A pen or pencil

Read the Leadership Story about Paul and Barnabas in Acts 14:8-20. When you are finished, watch the Leadership Video. Then, read the items below and write your responses in the space provided.

1. In the video, what is the one goal of the drill called “randori?”
2. What skill does this drill teach?
3. Who were the two characters in the Leadership Story?
4. What were Paul and Barnabas doing in the city of Lystra?
5. When they were there, they met a crippled man who had never walked before. What did Paul do for the crippled man?
6. How did the people of Lystra begin treating Paul and Barnabas after Paul healed the crippled man?
7. Did Paul and Barnabas get distracted by all of this attention?

Endurance! **CONTINUED** **From Dojo Lesson 5**

8. What did they continue to do?
9. Then the attitude of the people in the city soon changed. What changed their attitude towards Paul and Barnabas?
10. How did the people of Lystra's attitude change towards Paul and Barnabas?
11. Even though the people in the city had turned against Paul and Barnabas, Paul and Barnabas had the endurance to keep on going. What did they continue to do?
12. When things were very good and when things were very bad, Paul and Barnabas kept on doing what was right and went on to other cities to tell more people about Jesus. They knew what it meant to have endurance. What did the teacher say endurance was?
13. Below are some activities that we should always do as Christians. Add to the list things you have learned from the Bible that Christians should do.
 - Read the Bible every day.
 - Pray every day.
 - Go to church regularly.
 - Obey our parents.
 - Invite others to church.
 - Tell others about Jesus.

Whether things are going good or going bad, we need to keep doing what the Bible tells us to do. Take the items from the list above and make yourself an endurance checklist. Look at it each week and see how regularly you are doing the things on the list. Pray and ask God to help you keep doing the things on your endurance checklist no matter what.

Memory Verse: Ask your parents to help you memorize this verse.

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Main Point: Endurance - I will keep doing what is right no matter what happens!

1. To be the one who remains standing.
2. Endurance.
3. Paul and Barnabas.
4. They shared the good news and life changing message of Jesus Christ.
5. He healed him.
6. They treated them like gods by bringing gifts to them and worshiping them.
7. No.
8. They continued to tell the good news of Jesus Christ.
9. People who didn't like Paul and Barnabas convinced the people that what they were teaching was false.
10. They turned against them and were mean to them.
11. They continued to tell the good news of Jesus Christ.
12. The ability to keep going no matter what.
13. Answers may vary, but may include: Be kind to others. Share.