I Will Help Others!

From Altitude Jr.
Lesson 5

LEADERSHIP TRAIT - HELPFULNESS

Great leaders seek out ways to help others.

LEADERSHIP GOAL

The children will learn that we should help other people.

LEADERSHIP LESSON

Aaron and Hur help Moses - Exodus 17:8-13

WHAT DO I DO?

Have your children watch the Leadership Video, *I Will Help Others.*

ADDITIONAL ACTIVITIES FOR THIS LESSON

- Ask your children the Leadership Questions.
- Read the Leadership Story, found in Exodus 17:8-13, to your children.
- Do the Optional Family Activity.

OPTIONAL FAMILY ACTIVITY: HELPING FAMILY

Pick a task that everyone in the family can work on together. It might be making a snack or planting a garden. Have each person in the family do something to help during the task.

As you work, remind your family about the Bible Lesson. Aaron and Hur helped Moses by holding his arms up. Compare that to the ways each person is helping with the task at hand.

Say: We helped each other today just like Aaron and Hur helped Moses. Just like we helped each other today, we can help others around us. This week look for ways that you can help others around you.

MEMORY VERSE:

Help your children memorize this verse.

"We should help others do what is right and build them up in the Lord."

Romans 15:2 (NLT)

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Main Point: I Will Help Others!

Child Leadership Questions:

1. What did Switch and Bivvy need to do at the beginning of the skit?
   (Help each other climb to the next level.)

2. What did Switch and Bivvy do instead of helping each other?
   (They sat and ate their snack.)

3. To help Switch and Bivvy understand that it's important to help others, Miss Skye taught them a Bible Lesson. Who helped in the Bible Lesson?
   (Moses' friends.)

4. What happened to Moses and the people of Israel?
   (They got attacked by an army.)

5. Moses went up to the mountain to watch the battle. What happened when Moses lifted his arms and staff?
   (The Israelites were winning.)

6. Moses got tired and couldn't keep his arms up. What did Moses' friends do to help Moses?
   (They brought over a rock for Moses to sit on. They held his arms up.)

7. Because Moses' friends helped him, the Israelites were able to win the battle. What are some ways you can be like Moses' friends and help others?
   (Help pick up toys. Take my plate and cup to the kitchen. Help my parents clean up around the house. Help my teacher pick things up.)

Moses needed help and his friends helped him. You can be looking for ways to help others no matter where you go. You can help people at home, church, school, or anywhere!

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