



Discipline! **From Dojo Lesson 1**

LEADERSHIP TRAIT - DISCIPLINE

Great leaders understand that good things come through discipline.

LEADERSHIP LESSON

Your children will learn that we should take time every day to read our Bibles and serve others.

LEADERSHIP STORY

Life of Paul. (1 Corinthians 9:24-27)

WHAT DO I DO?

Have your children read the Leadership Story. Next, have your children watch the Leadership Video and complete the Child Leadership Questions. If you want to do the Optional Family Activity, have the whole family watch the Leadership Video, then lead your family through the Optional Family Activity.

OPTIONAL FAMILY ACTIVITY: RUNNING THE RACE

Discipline is needed in order to mature in everything we do during in our lives, including our Christian walk. You have to be willing to put in the work and training involved to become the best you can be. Tell your child about a time in your life when you had to have discipline. Explain what happened because of your choice to have discipline. This week, as a family, choose one area to be disciplined in together. You could decide to do a nightly Bible reading together or serve others in need together. This week, continue to remind your children that God wants them to be disciplined by reading the Bible and serving others.

MEMORY VERSE:

Help your child memorize this verse.

"All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize." 1 Corinthians 9:25 (NLT)



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Main Point: Discipline - I will spend time every day doing the things God wants me to do!

Read the Leadership Story about the life of Paul in 1 Corinthians 9:24-27. When you are finished, watch the Leadership Video. Then, read the items below and write your responses in the space provided.

1. In the video, Pastor Mike talked about two colors of belts in karate. What color was the beginner student's belt?
2. What color was the belt of the other student?
3. Fill in the blank. "In order to become a black belt, it takes hard work and _____."
4. In the Leadership Story, Paul was a member of a Jewish group called the Pharisees. Who were the Pharisees?
5. The Pharisees wanted to obey every single Jewish law. How many Jewish laws were there?
6. What quality did the Pharisees need to obey all of the laws?
7. Discipline is an important quality to have in our lives and Paul compares discipline in our Christian life to what?



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8. If runners want to win the races they run, then what do they need to have in their training?
9. What are the two ways that runners are disciplined in their training?
10. One way runners are disciplined is eating the right foods to have the energy to run. As Christians, we also need to take in the right food for energy. What is the “food” that we take in?
11. We should read our Bibles regularly. You can read your Bible on your _____, with your _____, or at _____.
12. Runners also need to exercise to keep in shape and stay physically fit. How do we spiritually exercise?
13. What are two ways that we can serve others?
14. If a runner is disciplined in training, then they could win a medal or a trophy. If we are spiritually disciplined, what can we win?



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15. The prize that runners on this earth win can get broken or get lost, but our prize in Heaven will last forever. What are the two things that we need to be disciplined in to get that prize?

When we have discipline in reading our Bibles and serving others, we will grow and mature in our Christian life and become more like Christ. Then we will be able to get the prize in Heaven that will last forever.

We learned that one way we are disciplined is reading our Bibles regularly. It gives us the fuel to live our lives the way God wants us to. Make a plan to read two chapters a week from the book of Mark. This will help you become more disciplined to grow and mature in your Christian life.

Memory Verse: Ask your parents to help you memorize this verse.

"All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize." 1 Corinthians 9:25 (NLT)



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Main Point: Discipline!

1. White.
2. Black.
3. Discipline.
4. Leaders in the church who tried to obey every single Jewish law.
5. 613.
6. Discipline.
7. Running a race.
8. Discipline.
9. Eating the right foods and exercising to stay fit.
10. The Bible.
11. Own, family, church.
12. Serve others.
13. Share what we believe about Jesus with someone and help someone who has a need.
14. A prize in Heaven.
15. Regularly reading God's Word and serving others.