

Overcome Loss

Revitalizing Your Life—Part 7

Sometimes...bad things happen to good people, and good things happen to bad people.
Eccl. 8:14 NCV

1. Release my grief

Blessed are those who mourn, for they will be comforted. Matt. 5:4 NIV

Trust in him at all times...pour out your hearts to him, for God is our refuge. Ps. 62:8 NIV

The LORD is close to the brokenhearted and saves those who are crushed in spirit.
Ps. 34:18 NIV

2. Receive from others

Carry each other's burdens, and in this way you will fulfill the law of Christ. Gal. 6:2 NIV

3. Refuse to be bitter

Some have no happiness at all; they live and die with bitter hearts. Job 21:25 GNB

4. Remember what's important

Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions. Luke 12:15 NIV

We brought nothing into the world, and we can take nothing out of it. 1 Tim. 6:7 NIV

5. Rely on Christ

I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength. Phil. 4:12-13 NIV

I think you ought to know about the hard time we went through in Asia. We were really crushed and overwhelmed. We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God...And he did help us...and we expect him to do it again and again. 2 Cor. 1:8-10 TLB

