



Teaching Time (6:35-6:55 PM)

I. Relationship With God

A. What is a Personal Relationship with God? *(info from The Gospel Primer by Milton Vincent)*

1. In summary, the God of the universe...perfect, holy, and absolutely good...created me to have a relationship with him that would bless my soul and give me unending joy and peace.
2. According to scripture, I am in a relationship with God when I trust that Jesus's death will be enough to pay for my sins, and I ask that he apply the forgiveness that His death provides to MY sins.

B. Growing In Your Devotion to God *(info from Kyle Strobel's book "Formed for the Glory of God: Learning from the Spiritual Practices of Jonathan Edwards")*

1. Growing in your relationship with God is called spiritual formation.
2. We must remember on the Christian journey that love is the goal.
3. It is crucial that we understand that the spiritual journey is not simply about learning facts about God to get smarter about Him.

II. The Spiritual Disciplines -

- A. Personal Bible Study -
- B. Meditation
- C. Contemplation
- D. Prayer
- E. Self-Examination
- F. The Solitary Disciplines - Sabbath, Fasting, Soliloquy, Silence and Solitude)
- G. Living in Christian Community

Optional Memory Verse - Deut 30:20 20 You can make this choice by loving the Lord your God, obeying him, and committing yourself firmly to him. This is the key to your life. And if you love and obey the Lord, you will live long in the land

Table Time (6:55-7:40 PM)

Homework

Read Chapter 5 in *Grounded in Grace* for next week

Table Discussion Questions

1. What is the quality of your devotion to God?
2. How well do you understand the gospel?
3. What is your opinion of spiritual formation?
4. What spiritual disciplines have you regularly practiced?
5. Which spiritual discipline would you like to learn about more deeply?

Table Time Prayer Request Question:

	In what areas would you like to grow in your devotion to God? How would that help you glorify God more?
1	
2	
3	
4	
5	
6	
7	
8	

Pray as a Table about the prayer requests gathered this evening

Large Group Discussion (7:40-7:50 PM):

Was there anything from the teaching or your table discussion that really stuck with you or caught your attention?