



Practical Ways to Show Love to Your Husband

Additional Notes:

1. Accept your husband as your leader and praise the leadership qualities he has.
2. Show interest and belief in his goals, ideals, and achievements.
3. When your husband is talking, show attentiveness by putting down your phone and look at him.
4. Encourage your husband to protect you physically, mentally, emotionally, spiritually, and volitionally. Ask him to help you learn to say “No” and “Yes” when he sees that you need to.
5. Learn to be content with his provisions.
6. Show loyalty to him as your spiritual leader.
7. Compliment him for things he has done well.
8. Embrace God’s instructions for a meaningful and enjoyable sexual relationship. Don’t use sex as a weapon or reward.
9. Physically be affectionate with your husband.
10. Let him make the final decision and give him the opportunity to fail without saying “I told you so.”
11. Fix his favorite meal and make it special.
12. Support his desire to have family devotions by being an active participant.
13. Send him a loving note or text.
14. Pray for your husband.
15. Be loyal to your husband in every area and do not show greater spiritual loyalty to another spiritual leader (pastor, man or woman teacher, books, etc.).
16. Refuse to listen to compliments from other men either in person or text or social media.
17. When correcting your husband, use words that will make it easy to believe that you have his best interest in mind.
18. Build loyalty to husband/dad in the children by maintaining a good attitude toward him, by praying for him with the children and by



complimenting him in the children's presence. Avoid destroying the children's loyalty to dad.

- 1) Complaints during day of things he has not done.
- 2) Fear of things he will do.
- 3) Speaking about dad's failures.

**Additional
Notes:**

19. Your discipline of the children ought to be consistent with his, as he is responsible to God for them.
20. Be excited about his achievements and successes—even if you were not involved in them. Compliment him.
21. Be sensitive to his pressures and pray for him.
22. Be grateful to your husband and show it (i.e. gifts, cards, being good provider, manners, courtesy shown to you, even everyday things).
23. Seek to maintain a healthy mind and body through appropriate eating and exercise habits.
24. Speak about your husband positively when speaking to others.
25. Dinner conversations should include the day and interests of everyone.
26. Understand if he just wants to be alone with the Lord.
27. Make your husband your best friend and confide in him.
28. Be willing to support the priorities he believes are important by asking him how you could serve him that day.
29. Allow him time with the kids.
30. Compliment him on his masculinity (muscles, strength, etc.).
31. When requested, forgive him fully and explain how he could rebuild trust.
32. Communicate about problems quickly, before they take time to grow.
33. Control your spending to the agreed upon budget.