

**Mom2Mom**  
***The Fruit of the Spirit***  
**Humility TEACHING**  
**STUDENT Notes**

**I. Humility - Why We \_\_\_\_\_ It & What It Is**

**Humility is one of the most important virtues which undergirds our ability to grow in all of the fruit of the Spirit. Humility enables us to participate with the Holy Spirit in our sanctification.**

**A. \_\_\_\_\_ is the opposite of humility – “The mindset of self ... a master’s mindset”**

**B. Humility is “The mindset of \_\_\_\_\_ ... a servant’s mindset”**

**II. Humility – What It \_\_\_\_\_**

**A. Humility requires a \_\_\_\_\_ view of God in our relationship with him – Isaiah 6:1-7; Isaiah 40:10-31**

**B. Humility requires a \_\_\_\_\_ view of self – Rom. 7:18-25; Rom 12:1-3**

**C. Humility requires a \_\_\_\_\_ view of others. – John 13:34,35; I John 4:21; Rom. 12:9-10**

**III. \_\_\_\_\_ of Pride versus Humility**

**A. Manifestations of Pride**

- Complaining against or passing judgment on God
- A lack of gratitude in general
- Anger
- Seeing yourself as better than others
- Having an inflated view of your importance, gifts, and abilities
- Being focused on the lack of your gifts and abilities
- Perfectionism
- Talking too much
- Talking too much about yourself
- Seeking independence or control
- Being consumed with what others think
- Being devastated or angered by criticism
- Being unteachable
- Being sarcastic, hurtful, or degrading
- A lack of service
- A lack of compassion
- Being defensive or blame-shifting
- A lack of admitting when you’re wrong
- A lack of asking forgiveness
- A lack of biblical prayer
- Resisting authority or being disrespectful

- Voicing preferences or opinions when not asked
- Minimizing your own sin and shortcomings
- Maximizing others' sin and shortcomings
- Being impatient or irritable with others
- Being jealous or envious
- Using others
- Being deceitful by covering up sins, faults, and mistakes
- Using attention – getting tactics
- Not having close relationships

### **B. Manifestations of Humility**

- Recognizing and trusting God's character
- Seeing yourself as having no right to question or judge an Almighty or Perfect God
- Focusing on Christ
- Biblical praying and a great deal of it
- Being overwhelmed with God's undeserved grace and goodness
- Being thankful and grateful in general toward others
- Being gentle and patient
- Seeing yourself as no better than others
- Having an accurate view of your gifts and abilities
- Being a good listener
- Talking about others only if it is good and for their good
- Being gladly submissive and obedient to those in authority
- Preferring others over yourself
- Being thankful for criticism or reproof
- Having a teachable spirit
- Seeking always to build up others
- Serving
- A quickness in admitting when you are wrong
- A quickness in granting and asking for forgiveness
- Repenting of sin as a way of life
- Minimizing others' sins or shortcomings in comparison to your own
- Being genuinely glad for others
- Being honest and open about who they are and the areas in which they need growth
- Possessing close relationships

## **IV. The Scriptures give us \_\_\_\_\_ for growing in humility**

**A. Christ is the \_\_\_\_\_ example of humility—Mt. 11:28-29; Phil. 2:5-11**

**B. God gives sweet \_\_\_\_\_ for the humble—Isaiah 57:15, 66:2; James 4:6; I Peter 5:6; Luke 18:14**

### **Optional Memory Verse**

**James 4:6** *But He gives a greater grace. Therefore it says, "God is opposed to the proud, but gives grace to the humble."*

## **Homework**

Assign [Worksheet # 8](#). This should be read and completed this week and discussed next week. [A helpful resource](#) including the passage discussed in this worksheet as well as some commentary was published on [www.faithlafayette.org/mom2mommember](http://www.faithlafayette.org/mom2mommember).

## **Table Discussion Questions** (\*\* is also a Large Group Discussion Question)

### **Application Questions for Humility**

1. \*\* Why does a realistic view of yourself require a high view of God?
2. How do the manifestations of pride affect you?
3. \*\* How do the manifestations of humility affect you?
4. How is Christ's example of humility helpful in our Christian walk?
5. How do God's promises for the humble empower you?

### **Table Time Prayer Request Question**

In what specific ways can we ask Jesus to help you grow in humility this week?

### **Large Group Discussion Question**

Table time discussion questions 1 and 3 will be used for large group discussion.