

Mom2Mom Living Your Identity
Devotion to God- Spiritual Disciplines
APPLY

M2M Member Page



Teaching Time (6:35-6:50 PM)

	The Spiritual Disciplines
How do you apply this in your life?	
How do you help your family apply this?	
How does the way you apply this change across ages and stages of life?	

Optional Memory Verse - 1 Tim 4:8 "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come."

Table Time (6:50-7:30 PM)

Discussion Questions

1. How would you like to grow in personal application of spiritual disciplines?
2. How do you think you might need to help your family grow in application of this topic?
3. How do you see the application of this topic affecting your children at their current age/stage?

Gather Prayer Requests:

Person	Question 1: What is one thing you'd like to personally apply more deeply from the last two weeks of Mom2Mom?	Question 2: What is one way you'd like to see your family growing in application of spiritual disciplines?
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Prayer as a Table about the prayer requests gathered this evening

Working Moms Mini-Session Practical Ideas:
