



STARS AND STRIPES.
Stripes

KANTO

An advertising supplement

AZ

Free

kanto@pstripes.osd.mil

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Machida pub offers cozy, kicked-back oasis



The friendly atmosphere at Covent Garden brings the Irish-pub feel its owner felt in Britain to Machida.

**Story and photos by
Selena Hoy**

Jazz strains drift over the dark wood tables and mingle with the murmur of conversation. People enjoy pints of their favorite beverages with dishes of nuts, cheese and cottage pie. Small and homey, the high ceilings at Covent Garden in Machida feature a friendly atmosphere and frequent live music.

Located only five minutes from JR or Odakyu Machida Stations, the Irish

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Bangladeshi bash makes park the place to be

Story and photos by Tom Eilers

True to local tradition, something is almost always cooking at Tokyo's Yoyogi "Koen," or Park, on summer weekends. Excellent weather and an assortment of spicy curries drew quite a turnout at the recent Bangladeshi Food Festival.

Ethnic fare was served up at various booths on hand for the June 15 event. One was run by Jafar and Family. The staff was very friendly and offered to spice up dishes more if they weren't spicy enough. Jafar and Family operate shops in Shinjuku and Ueno that sell halal food. There was more to this fest, however,

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Tasty Indian and Bangladeshi cuisine was recently served up at a festival in Tokyo's Yoyogi Park, where many weekend events occur in the summer.

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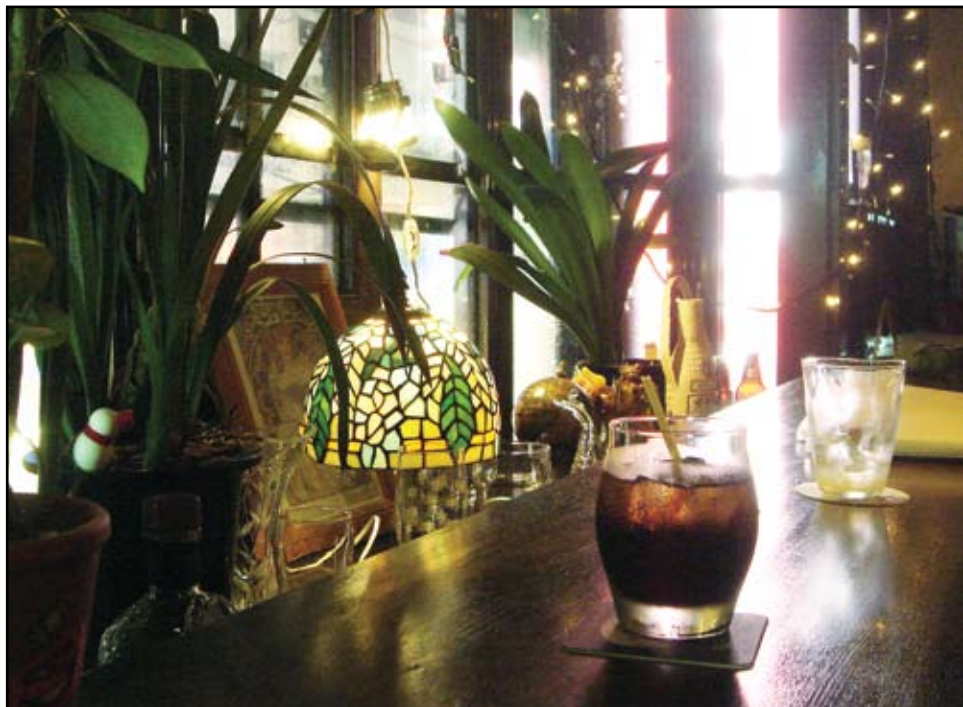
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A touch of class. Covent Garden's cozy interior is often filled with the mellow sounds of jazz and other live music.

Machida pub offers cozy, kicked-back oasis
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pub is an oasis offering respite from the bustling streets below.

Snacks and appetizers from the English food menu include fried mushrooms, salmon spring rolls or a cheese plate; heartier offerings like a sausage combo or chicken curry are also available. Patrons can also choose from over 30 beers, single- and double-malt whiskies and scotches up to 21 years old. You can also order special soft drinks, like a mango smoothie or citrus honey soda.

Owner Hiroki Honma wanted a place where you could meet new and old friends: "I lived and worked in the UK for two years as a software engineer. I went to a lot of British and Irish pubs and was really impressed by them."

Now open for over three years, his vision has been realized. Happy

patrons chat with the bilingual staff across the bar and at tables dotting the space.

The pub hosts live music events several times a month. Mocha, a jazz group, plays their original music twice a month. The four-piece group includes a five-string bass, flute, guitar and snare drum played with brushes. Their mellow sound allows guests to relax and talk without being drowned out.

Also on the calendar are occasional piano-night jam sessions, led by the owner and joined by other instrument-playing customers. "If you play an instrument, please join in!" said Honma.

Upstairs from Covent Garden is Shamrock Garden, a large space used for bigger concerts and parties. DJ nights are regularly held, starting at 10 p.m. and continue until 5 a.m. They play an eclectic mix of rock, hip-hop, house, Irish music and more.

"There are no nightclubs in Machida and I was often asked about it, so I decided to open this place," explained Honma. They also open the upstairs for big sporting events, including a Beijing Olympics party with games projected onto a large screen.

Stop by for a bite or a drink, to play darts and watch soccer or just dance and listen to music. If you don't have a friend to bring, make a new one there!

Covent Garden is located at 6-21-23 Hara-machida, 2F, Machida city. Tel: 042-726-1846 <http://www.aroma-gardens.com/jubilee/information_en.html>.

Upcoming events:

- June 28 – DJ night with "rock n' roll tonight" featuring punk, rockabilly, ska, Irish and more. Starts at 9 p.m. 500 yen cover charge.
- July 5 – DJ night starts at 10 p.m. 1,000 yen cover.
- July 12 – DJ night "K.G. Beats." Five DJs play house, pop, indie, big beat, dub step and electro clash. 10 p.m. to 5 a.m. 500 yen cover, drink specials 500 yen.
- July 19 – Salsa night hosted by dance instructor Ricardo. 1,000 yen cover includes one drink.
- July 26 – DJ night "Rock n' roll tonight." Starts at 9 p.m. 500 yen cover charge.

What are you waiting for?

Call us before you blow your budget!

Call DSN 229-3276,

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or email print@pstripes.osd.mil

to get your next print job started today.

* Stars and Stripes Job Shop is authorized to accept all official Department of Defense print requests per DoD Directive 5122.11 and USCINCPAC INSTRUCTION 5720.15G. We also accept print orders for all command functions, private organizations, DoDDS, etc.

STARS AND STRIPES
Your Hometown Newspaper



What is Stripes Kanto?

By Bryant Pierpont
Stars and Stripes

Stripes Kanto is your newspaper. Produced by the advertising department at Stars and Stripes, it informs about things to do, places to go and U.S. military bases on the Kanto Plain.

This free service provides friendly news on families, clubs, activities, and live music and entertainment both on and off base. It also includes comprehensive listings of events to which we encourage you to add your on-base club and school activities.

Stripes Kanto serves three zones: 1) Yokota and Fuji, 2) Zama and Atsugi, and 3) Yokosuka. Each base is important and each of the three zones will normally get coverage unique to the area.

Advertisers and stories may appear in all three zones or in just one. That's how we keep it uniquely yours.

We want to hear from you. If you want to write about your base, send us an email. We'd like to talk about it. We'd even like to pay you for it.

One thing Stripes Kanto is not about is bad news. Bad news is important but that's not what we are. We're about the good things.

We try to deliver to all family housing in our three zones. We also make the paper available in racks and stands around the bases for those living in dorms or off base.

Tell us what you think. Send an email to me (pierpontb@pstripes.osd.mil) or to our advertising editor Oscar Johnson (johnsono@pstripes.osd.mil). Your opinion matters. Thanks for reading!

Get published Make money

It's almost as simple as that.

Stars & Stripes Advertising Department is looking for more writers living on the Kanto Plain. They will cover activities on and near Yokota, Yokosuka, Zama and Atsugi. These positions pay by the published word and/or photograph. They can generate significant income for you while you're here and could be the perfect part-time job. If you are interested in pursuing these positions, please e-mail your resume (with writing samples) to kanto@pstripes.osd.mil.

Stripes STARS & STRIPES **KANTO**

Kanto Stripes is published Fridays and lists events submitted by the Wednesday 10 days prior to publication.

Elementary Schools

Arnn Elementary (SHA)
Tel: 267-6602

Ikego Elementary
Tel: 246-8320

Lanham Elementary
Tel: 264-3261/3664

Mendal Elementary School (Yokota East)
Tel: 225-5503/5504

Negeshi Elementary
Tel: 242-7815

Sullivan Elementary
Tel: 243-7736

Yokota West Elementary School
Tel: 225-7611

Middle Schools

Yokosuka Middle School
Tel: 243-5165

Yokota Middle School
Tel: 225-9671

High Schools

Kinnick High School
Tel: 243-7392

Yokota High School
Tel: 225-7018

Zama High School
Tel: 263-4040

NAF Atsugi

4th of July Friendship Festival
• Reid Field
Activities run from noon to 8:15 p.m.
Enjoy a free American cookout from noon to 4 p.m.
Eight live bands featuring Five Star Iris
Open Gate from 4 p.m.
Guitar Giveaway!
Fireworks start at 7:45 p.m.
264-3782

Atsugi Clubs

CPO Club – Skymasters Club
Tel: 264-3658/3660
CPOs and equivalent ranks can enjoy the amenities of the Chainlocker Bar. Located on the 2nd floor overlooking the golf course - the Chainlocker offers a full service bar, gaming machines,

billiards, darts, cable TV on a plasma screen, and the famous peanut barrel.

- Monday, bring the family out for great food and lots of fun every for Skymasters Kids' Night Specials.

- Friday, if you are in the mood for superb Mongolian BBQ, come out to the club.

Skymasters 2nd Floor catering room is open to all hands functions. It's the perfect place for private parties or receptions!

For more information about Skymasters restaurant or catering, please call 264-3658 or 264-3660.
Enlisted Club – Club Trilogy
Tel: 264-3736/3738

Club Trilogy is your place to relax after a hard day's work. Housing two restaurants and three bars, this enlisted club has something for everyone. Look for live entertainment and dance parties each week. Also look out for Japan Jams Stand-Up Comedy. Trilogy offers a variety of services, including:

• Blue Water Grill

A family-style restaurant with a warm and comfortable atmosphere, Blue Water Grill provides a variety of menu options guaranteed to satisfy everyone in your family. They also feature a host of specials including Wednesday

Night Italian Night Buffet, Healthy Choice Lunch Special, and the Kanto Plain's largest cheeseburger.

- Monday to Friday 10:30 a.m. to 2 p.m. and 5 p.m. to 10 p.m.

- Saturday, Sunday and holidays 5 p.m. to 10 p.m.

• Smokey's BBQ

Smokey's famous down-home barbecue is an Atsugi staple. Smokey's provides a mouthwatering array of favorites including baby-back ribs, barbecue chicken, and 1/4 pound Black Angus burger.

Open Daily 11 a.m. to midnight

• Bar None Saloon

Club Trilogy's rustic neighborhood bar provides a variety of entertainment options. Don't miss the monthly stand-up comedy shows featuring two different comedians each month

- Sunday to Thursday 5 p.m. to midnight

- Thursday to Saturday 5 p.m. to 1:30 a.m.

• Club Illusions & Offsides Bar

Club Illusions is the epicenter of entertainment within Club Trilogy. In addition to regular dance parties, Illusions often plays host to a number of live entertainment events, bingo, and community

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activities.

- Thursday 7 p.m. to 10 p.m.
- Friday and Saturday 7 p.m. to 1 a.m.

- Live bands at Club Trilogy July 3

8 p.m.

Free and open to all hands and all ages.

Featuring the bands Five Star Iris and Scratch Track.

Officers' Club

Tel: 264-3620

Sunday at the Officers' Club is the all hands Sunday brunch.

10:30 a.m. to 1:30 p.m.

Whispering Pines Golf Course

Tel: 264-3729

- Whispering Pines Restaurant Nestled within the lush greenery of the Atsugi Golf Course, this all-hands restaurant offers a diverse menu in a casual setting.

Hours: 6:30 a.m. to 5 p.m. daily

- Golf Clinics 'On Course'

June 27 - FREE

Ladies at 10 a.m.

Men and Ladies at 5:30 p.m.

Meet at the #10 Tee

Free to all hands

- Golf Demo Day

June 28, 9 a.m.- 3 p.m.

At the Golf Practice Range

Demonstrations by Cleveland, Ping and Nike

Sign up for a fitting!

- Junior Golf Clinic

July 3

At the practice range

Call for details

- Golf with Ladies' NCAA Golfers!

July 4 at 7:30 a.m. Shotgun

Atsugi Golf Course

Call to sign up for a chance to golf with an NCAA all star!

MWR

Tel: 264-3574

MWR TOURS

Tel: 264-3786

Outdoor Recreation

Tel: 264-3784

Swimming Pool

Tel: 264-6165/264-3862

Teen Center

Tel: 264-6382

Youth Center

Tel: 264-3878

YOKOSUKA**Yokosuka Clubs****Admiral Arliegh A. Burke Officers Club**

Tel: 243-5030

- Hawaiian Luau

July 25 and 26 at the Officers' Club Pool

5 p.m.

- Polynesian entertainment

Join us for this tasty feast featuring Kalua pig on a spit, huli huli chicken and other traditional Hawaiian favorites. Tickets went on sale June 2 so hurry! This event sales out every year!

- Social Hour

Wednesdays and Fridays from 4:30 p.m. to 6:30 p.m. in the Kurofune Lounge. Unwind after a week of hard work in a relaxing atmosphere. Come and socialize with your friends. Live entertainment; Wednesdays, the ever popular taco bar and Fridays free finger foods will be available.

CPO Club

Tel: 243-5506

- Mondays - Made to order Pasta and other Italian delights.

\$9.95

- Lunch Buffet

- Monday through Friday 11:30 a.m. to 1:30 p.m.

\$6.50

- Tuesdays in the dining room - Prime rib night

\$14.95

Club Enlisted Alliance

Tel: 243-5951

- Mondays - Open Mic Night 7 p.m. to 11 p.m.

Free

- Tuesdays - Rock Night

7 p.m. to 11:30 in Sharky's Bar

- Wednesdays - Country Western Night

7 p.m. to 11:30 in Sharky's Bar

- Thursdays Latin Night

8 p.m. to 12:00 a.m. in Sharky's Bar

- Fridays - R & B and Hip hop

8 p.m. to 12:00 a.m. in Sharky's Bar

- Saturdays - Jazz Night

5 p.m. to 9 p.m. in Sharky's Bar

Auto Hobby

Tel: 243- 5456

ITT

Tel: 241-5056/5057

Kennel Services

243-4530

Library

Tel: 243-5574

Outdoor Recreation

Tel: 243-5732

Swimming Pool (Bldg J 201)

Tel: 243-5620

Swimming Pool (Bldg G 23)

Tel: 243-6410

Youth Center

Tel: 243-5492

Yokota AB

Kanto Stripes is published Fridays and lists events submitted by the Wednesday 10 days prior to publication.

ICE: Let us know how we are doing

Look for our ICE kiosks and wireless Internet in the following facilities: Officers' Club, Enlisted Club, Samurai Café, Tomodachi Lanes, Outback Restaurant, Tama Golf, Tama Lodge, Taiyo Community Center, and Yujo Community Center/ITT. Tell us how we're doing and you could be the monthly winner of an iPod, \$250 or \$100 in FSS Smart Money!

Log on to <HYPERLINK "http://www.yokotaservices.org"www.YokotaSupport.com> and click on ICE today!

Narita Shuttle Ticket Sales

- One-way fare: \$35;

- roundtrip same day: \$40

Tickets are available for purchase from shuttle drivers. FSS Vehicle Operations offers both one-way and roundtrip daily transportation to and from Narita Airport. Discounted tickets for leisure travel are only available in our office and may be purchased by bringing a copy of your leave orders or leisure travel itinerary. Other restrictions may apply. For complete information, contact FSS Vehicle Ops. Tel: 225-7720

Clubs

- Air Force Clubs Scholarship Program

Applications are due by July 1. Graduating seniors and college students: If you are a current Air Force Club member or the dependent of an Air Force Club member, you are eligible to apply for the Air Force Clubs Scholarship Program. You could win \$1,000 towards your college education! Twenty-five college bound students will receive a scholarship. Stop by the Officers' Club, Enlisted Club, Teen Center, Yujo Community Center, or the Library for an application. Don't miss your chance to win money toward your education! For more information, contact Marketing & Publicity. Tel: 225-3308

Enlisted Club

Tel: 227-8820

- Charlie T's Saturday Dinner Specials

Every Saturday 5 p.m. to 9:30pm in June, visit Charlie T's for "Pastabilities." Choose from a wide selection of pasta sauces and toppings, cooked to your liking right before your eyes! Cost: \$13.95. Members-first discount is \$2.

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Fly to Shanghai on ANA

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Bangladeshi bash makes park the place to be

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than feasting.

On stage, the performers entertained the crowd with traditional Bangladesh songs and belly dancing. One of the notable performances was by DJ Shopon. He fused traditional Indian music mixed with cutting edge cyber-trance beats. Shopon will hold a Bollywood Hungama event on June 28 starting at 6 p.m. at Roppongi's Wall Street House. The live event will include northern Indian classical kathan dancers as well.

Plenty of vendors also hawked their wares on site. Jewelry was the biggest display as well as traditional clothing. The vendors were outgoing and willing to negotiate on price, often for no other reason than the sport of it. Romana Jewelers, whose shop is located in Akihabara and Harubaru of Shibuya had an impressive showing of jewelry and accessories.

On the other side of the bridge, two free raves went on attracting the usual eclectic mix of people from around the world. Raligerila drew over 100 people with five DJs spinning cyber-trance and hardcore techno beats. The group earned some money by selling canned drinks out of coolers.

Hosting a smaller event, but no less intense, was the group Odoru. DJ Hiro and her husband DJ Ryuji team up to create "S.D.E." (Sound, Dance, Enjoy). Hiro made a strong fashion statement with her bright orange hair offset by a deep blue silk "yukata," or summer dress.

"It's a rather grueling schedule that we have," she said. "We actually deejayed all night at a friend's house until 5 in morning, went home, caught a couple of hours sleep and then arrived at the park around noon. We make very little from these events, but we're very passionately trying to promote our group."

Hiro said her group is experimenting with different promotions. "We are currently trying to work with foreigners to promote our music because it's a huge untapped market. Lots of foreigners go to clubs in Shibuya, Shinjuku and Roppongi."

The Bangladeshi bash was a great way to spend the day. Of course, a day at Yoyogi Park is always great if weather permits. There is always something or someone there to make the day worthwhile.



DJ Shopon spins an interesting mix fusing traditional Indian music with modern trance beats in his booth at the festival.

Summer in Yoyogi Park

Yoyogi (Park) Koen has come a long way since it's days as an airstrip for Japan's first powered-aircraft flight in 1910. Once the site of housing for U.S. occupation forces, it was made a public park three years after hosting events for the 1964 Tokyo Olympics. Today, it is home to a variety of public events – especially in the summer.

The most notable events occur on Sundays. All along the walkways, street

venders sell Japanese fast foods such as "takoyaki," battered and fried octopus treats, "yakisoba," savory stir-fried noodles, as well as beer and soft drinks. Food stands serving up foreign foods are also common, especially if the event theme is ethnic. During the Thai foods festival held recently, shops sold Thai curry and noodles.

Flea markets are held often. During some of the larger flea markets, expect to find just about anything short of a business suit. Crafts, likewise, cover a wide variety of looks and styles.

Large events usually see use of the stage. Expect the park to be packed tree to tree and long lines at the restrooms. Entertainment currently in vogue at Yoyogi runs the gamut from hardcore



On most weekends, something's sure to draw a crowd at Yoyogi Park. The DJ group Raligerila, a regular there, attracts hipsters.

Story and photo by Tom Eilers

shows often attract some of the wildest fashions. You may witness anything from gothic Lolita to animation-character costumes to hardcore punk as well as the latest trends by ladies from the Shibuya side.

For something more traditional you can visit Meiji Shrine. The shrine is dedicated to the deified spirits of the Emperor Meiji and his wife. They are still celebrated as being highly influential figures in Japanese history. The temple often hosts weddings and other formal ceremonies.

So whatever you're hankering to hark, nibble or goggle at, on any given summer Sunday, Yoyogi Park is likely not to disappoint.

trance music and reggae to children's entertainers.

Across the bridge on the Harajuku side is where many music events take place. Almost every genre is performed on various Sundays. Talent scouts frequent this area to look for the next "Japanese Idol."

Further down the road, many DJ events take place. In addition, reggae and other types of music serenade big events. These

Continued from page 4

• BINGO at the Enlisted Club
Get your dobbers ready for bingo at the Enlisted Club. You have the chance to win up to \$15,000 every session. Open to all ranks; club members only.

-Tuesday – 7 p.m. - Cards go on sale at 6 p.m.

-Friday – 7:15 p.m. - Cards go on sale at 6 p.m.

- Sunday – 3 p.m. Cards go on sale at 2 p.m.

Officers' Club

Tel: 225-8513/8526

• Membership social-hour themes at the Officers' Club

- Fridays 4:30 p.m.

- Adults Only

Officers' Club members come to the Samurai Lounge for fun and fellowship on Fridays and enjoy a different theme each week. Enjoy the Social Hour Buffet from 5 p.m. to 7p.m. You could win \$50, \$75 or \$150-\$1,199 just for being present.

• Karaoke Night

The Club hosts Karaoke with Rising Stars Entertainment every Thursday and Saturday at 8 p.m. in the Samurai Lounge. Here is your chance to be a star. Don't miss this opportunity to show off your talents or support your friends at the Officers' Club! Members free, nonmembers \$10.

Aero Club/Flight Training Center

Tel: 225-8988

• Tokyo Tour Flights

See Tokyo from the air! The Aero Club and Flight Training Center offer one-hour tour flights over Tokyo. Cost: \$100 for up to three people. Flights must be scheduled at least 24 hours in advance, and paid for at the time of scheduling.

Arts & Crafts Center

Tel: 225-9044

• In the Zone Photojournalism Class

- Sundays 2 p.m. to 4 p.m. and
- Wednesdays 5 p.m. to 7 p.m.
Cost: \$55 for four sessions.

Instructor: Mark Allen

- This class is an exciting, challenging, and fun exploration in photography. This course will help aspiring and amateur photographers become proficient in the art of communicating with images by applying tried-and-true methods used by photo-journalists around the world. Students are required to own a digital or film SLR camera and be familiar with its basic functions and operation. Grab this golden opportunity to develop your photographic artistry! Sign up today for this photography workshop.

Auto Hobby Center

Tel: 225-7623

• Prevent overheating this summer

Your car's cooling system should be thoroughly flushed and re-filled every 24 months. Make sure to check the level, condition, and concentration of your coolant every 90 days. We also recommend replacing your radiator cap every year.

- Leak check/flash radiator

\$34 labor and parts cost

- Thermostat replacement

\$17-\$34 labor and parts cost

- Hayai lube (quick oil change service)

\$23.95 with 4 quarts of petroleum oil (topping off all fluids/11-point inspection is included)

- Automatic transmission fluid (ATF) flush

\$17-\$34 labor and parts cost

• Air conditioning service

A marginally operating air conditioning system will fail in hot weather. Why take the chance? Have the system examined by one of our qualified technicians.

- A/C gas recharge, labor: \$20 and up

- Evacuate system, labor: \$10 and up

- A/C full service, labor: \$30 and up

ITT Trips, Tours, Travel and Outdoors

Tel: 227-4327

July tours – sign up now*

*Dates and times subject to change. Check with ITT for current information.

• Tokyo Disneyland

- July 4

Depart 6:30 a.m., return 11 p.m.

• Kamakura and Enoshima

- July 5

Depart 6 a.m., return 7 p.m.

• Fujikyu Highland Amusement Park

- July 5

Depart 7 a.m., return 7:30 p.m.

• Hakone Yunessun – Hot Springs Spa Resort Park

- July 6

Depart 6:30 a.m., return 7 p.m.

• Tokyo DisneySea - July 12

Depart 6:30 a.m., return 11 p.m.

• Antiques Jamboree

- July 12

Depart 9 a.m., return 6 p.m.

• Shiraito Waterfall and Mt. Fuji

- July 13

Depart 7 a.m., return 7:30 p.m.

• Tokyo Orientation

- July 19

Depart 9 a.m., return 4 p.m.

• Special Tour: Disney on Ice – Princess Dream

- July 19

Depart 3:30 p.m., return 10 p.m.

• Tokyo Waterfront Area and River Cruise

Odaiba and Palette Town

- July 20

Depart 8 a.m., return 8 p.m.

• Kumagaya Night Festival

- July 22

Depart 2:30 p.m., return 12 a.m.

• Shosenkyo Gorge, Samurai Temple and Wine Factory

- July 26

Depart 7 a.m., return 6 p.m.

Peach Picking and Monkey Park in Nagano

- July 26

Depart 8 a.m., return 8 p.m.

• Yokohama Zoo – Zoorasia

- July 27

Depart 8 a.m., return 5:30 p.m.

Kennel

Tel: 225-8906

Library

Tel: 225-7490

• Dial-A-Story

Call 225-2004 anytime and hear a new story every week, 24 hours a day! Contact the library for a complete listing of upcoming stories at 225-7490.

• Children's Story Time

- Mondays 11:30 a.m. to 12 p.m. at the library

- Kids and parents will have lots of fun with stories, songs and games.

Natatorium

Tel: 225-6133

• Swim lessons

Monday to Thursday, 4p.m. to 6 p.m.

Cost: \$40 per person/\$5 discount for additional family member. Sign up now!

- Camp Adventure swim lessons are scheduled for this summer. Contact the Natatorium for more information and to sign up!

• Pool parties at the Natatorium
The Natatorium indoor pool is available for private parties! For just \$80 for two hours, you can use the Treasure Island or the Space Adventure floatie for your pool party! Please reserve at least two weeks in advance. Contact the Natatorium for availability and more information.

- Fridays, 1 p.m. to 3 p.m., 3:30 p.m. to 5:30 p.m. or 6 p.m. to 8 p.m.

- Saturdays and Sundays, 12 p.m. to 2 p.m., 2:30 p.m. to 4:30 p.m. or 5 p.m. to 7 p.m.

• Karate Classes

Saturday, 3 p.m. to 5 p.m.

Ages: 6 to adult

Cost: \$30/month

Outdoor Recreation

Tel: 225-4552/4553

• Rock Climbing Gym Trip

- July 1

Cost: \$20

Sign up by June 30

• Golfing in Shikishima - July 4

Cost: \$95

Sign up by July 1

• Paintball at Tama Hills

- July 5

Cost: \$40

Sign up by July 3

• Canyons Adventure - July 5

Cost: \$180

Sign up by July 2

• Mt. Fuji day hike

- July 6 and 12 *

Cost: \$40

Sign up by June 31 or July 9

• Mountain biking in Rokudo

- July 8

Cost: \$14 (\$8 with own bike)

Sign up by July 7

• Sea Bass Fishing at Yokosuka

- July 12

Cost: \$40 for Adults; \$25 for ages 13 to 17

Sign up by July 10

• Wakeboard Tour at Yokosuka

- July 12

Cost: \$50

Sign up by July 8

• Rock Climbing Trip

- July 13

Cost: \$25

Sign up by: July 10

• Family Inline Skating Tour

- July 15

Cost: \$8 for Adults; \$4 for 17 and under

Sign up by July 14

• All trips depart from Outdoor Recreation, bldg. 564, unless otherwise noted. Stop by or call for further details on departure times, age restrictions and equipment needed. Show time for each trip is 30 minutes prior to departure. SOFA member registration begins 30 days prior to departure date, while Local National employees and guests may sign up 10 days prior to trip departure. Sponsors must accompany off-base guests on all trips. Full payment is required at signup. There is an extra charge for clothing rental. Please reserve rental items at time of signup. All rental items must be reserved in advance, at least seven calendar days before trip. All trips are subject to change of location or cancellation at any time.

*For all Mt. Fuji hiking trips, all participants must attend a mandatory Safety Briefing, held every Thursday at 5 p.m. at the Yujo Community Center. Call Outdoor Rec. for more information.

Par 3 Golf Course

Tel: 225-8815

• Golf 4 Juniors

Golf 4 Juniors is a command-wide initiative supported by the PACAF Golf Program and has been designed to attract new players to help build the future of the game. This program offers quality instruction for youth ages 8 to 14. It gives young people an opportunity to develop, through golf and character education, life-enhancing values such as honesty, integrity and sportsmanship.

Continued on page 10

Coming attractions at AAFES

Your local AAFES exchanges will have the following new releases in stores soon.
All dates are subject to change based on availability.

DVD

- June 24**
- 10,000 BC
 - BANSHEE
 - BONNEVILLE
 - CARELESS
 - CHARLIE BARTLETT
 - DEATH NOTE VOLUME 5
 - ELMO'S WORLD
 - FINISHING THE GAME
 - GUANTANAMERO
 - HI-5 SUMMER RAINBOWS
 - LESS THAN JAKE
 - MOTLEY CRUE SAINTS OF LOS ANGELES
 - RAISING J DAHMER
 - SERIAL KILLER
 - SESAME STREET
 - SPIDERWICK CHRONICLES – FULL SCREEN, WIDE SCREEN
 - STEP INTO LIQUID
 - STEP INTO LIQUID – BLUE RAY
 - TATTOOIST
 - THE HAMMER
 - THE WIG
 - THOMAS AND FRIENDS
 - TOTALLY THOMAS V1, V2, V3
 - TV – FUTURAMA BEAST BILLION BUCKS
- July 1**
- VANTAGE POINT – BLUE RAY, UMD, FULL SCREEN, WIDE SCREEN
 - CITY OF MEN
 - TV – TIL DEATH DO PART – SEASON 1
 - CASUALTIES OF WAR – UMD
 - DIRTY – UMD
 - MR DEEDS – UMD
- July 8**
- BLOOD BROTHERS
 - DEFINITELY MAYBE – FULL SCREEN, WIDE SCREEN
 - TV – MONK – SEASON 1
 - TV – PSYCH – SEASON 1
- July 22**
- TV – COMEDY CENTRAL FUNHOUSE

CD

- June 24**
- ANTHONY DAVID – ACEY DUECY
 - CUTE IS WHAT WE AIM FOR – ROTATION
 - D'ANGELO – THE BEST SO FAR
 - DWELE – SKETCHES OF A MAN
 - GERALD ALBRIGHT – SAX FOR STAX
 - IMMORTAL TECHNIQUE – THIRD WORLD
 - LESS THAN JAKE – GNV FLA
 - MOTLEY CRUE – SAINTS OF LOS ANGELES
 - MY CHEMICAL ROMANCE – BLACK PARADE...
 - RZA (BOBBY DIGITAL) – DIGI SNACKS
 - SHINEDOWN – SOUND OF MADNESS
 - THREE 6 MAFIA – LAST 2 WALK
 - VARIOUS – PATRIOTIC COUNTRY
 - VARIOUS – UNWRAPPED VOLUME 5.0
- July 1**
- BECK – MODERN GUILT
 - BILLY JOEL – THE STRANGER
 - C MURDER – SCREAMIN' FOR VENGEANCE
 - G-UNIT – T.O.S. – TERMINATE ON SIGHT
 - JIM JONES&BYRDBGANG – M.O.B.
 - JOHN MAYER – LIVE IN LOS ANGELES
 - KERLI – LOVE IS DEAD
 - KILLER MIKE – I PLEDGE ALLEGIANCE 2 GRIND
 - LOS LONELY BOYS – FORGIVEN
 - MAROON 5 – IT WON'T BE SOON BEFORE DLX
 - TECH N9NE – KILLER
- July 8**
- BECK – MODERN GUILT
 - BILLY JOEL – THE STRANGER
 - KERLI – LOVE IS DEAD
 - KILLER MIKE – I PLEDGE ALLEGIANCE 2 GRIND
 - MAROON 5 – IT WON'T BE SOON BEFORE DLX

- July 15**
- FOREIGNER – NO END IN SIGHT: VERY BEST OF
 - RANDY TRAVIS – AROUND THE BEND
- July 22nd**
- THE GAME – LAX

RDVD

- June 24**
- 10,000 BC
 - SPIDERWICK CHRONICLES
 - RAISING J DAHMER



Kanto live!

Selena's gigs by Selena Hoy

Zama, Atsugi and Sagami-hara

June 27, 28 and 30

MacArthur Garage, Hon-Atsugi: Jazz piano and vocals bar. Open 5 p.m. No cover. Tel: 046-228-3388 <<http://www.macarthurgarage.com>>

June 27

Machida Citizens' Hall: Japanese folk singer Kazuto Miura. Performance at 6:30 p.m. Admission is 1,500 yen. Tel: 042-728-4300 <<http://m-shimin-hall.jp/>>

June 27 and 29

Green Hall Sagami-hara: Friday, an accordion and piano concert by Kanako Kato and Kensaku Tanikawa. Show starts at 7 p.m. Admission is 4,000 yen. Sunday, see Hiromi Dance Company's 8th Junior Performance. Starts at 3 p.m. Admission is 3,150 yen <<http://www.hall-net.or.jp/schedule/hall/new.html>>

June 27, 28 and 29

West Vox has Japanese rock in Machida: Friday is Natsuko and acoustic band. Saturday is Vox Riot with Flat Out, Things Left Behind, Alaromeospider and more. Sunday is Chieftan and Days. Doors open at 6 p.m., show starts at 6:30 p.m. Cover charge 1,500 yen with one drink. Tel: 042-710-7282 <<http://www.westfleet.co.jp/top.html>>

June 28

Harmony Hall, Zama: Summer piano concert by Masako. Starts 2 p.m. No cover. Tel: 046-256-7960 <<http://www.ny.airnet.ne.jp/harmony/>>

Kamakura

June 29

Café Goatee: See acoustic singer-songwriter Yusuke Muneta at 7 p.m. 500 yen cover plus purchase of one drink. <<http://www.cafegoatee.com>>

Central Tokyo

June 27

Unit, Daikanyama: Japanese hip-hop and dub with Seiko Ito and Pomeranians. Starts at 7 p.m. 2,500 yen for advanced tickets. Tel: 03-3572-9999.

June 27, 28, 30 and July 1

Billboard Live, Roppongi: R&B joint concert with Omarion and Marques

Houston. Friday, Monday and Tuesday showtime is 7 p.m. and 9:30 p.m., Saturday at 6 p.m. and 9 p.m. Admission is 10,000 yen to 12,000 yen. Tel: 03-3405-1133.

July 3 to 5

Billboard Live, Third World, Jamaican reggae group. Thursday and Friday shows at 7 p.m. and 9:30 p.m. Saturday at 6 p.m. and 9 p.m. Admission 6,000 yen to 8,000 yen.

June 28

Crossroad, Nishi-Shinjuku: Doberman presents Asian Rock Bus 2008 Japanese ska group with Korean punk band Crying Nut and others. Show begins 6 p.m. 3,800 yen. Tel: 03-3444-6751.

June 28 and 29

National Yoyogi Stadium, Harajuku: Japan's J-pop diva Ayumi Hamasaki. Saturday at 6:30 p.m., Sunday at 4 p.m. Admission 7,800 yen. Tel: 03-3498-9999.

June 29

Blue Note, Minami-Aoyama: Natalie Cole. Grammy award-winning R&B singer. 13,650 yen. Tel: 03-5485-0088.

June 30 to July 2

Ramsey Lewis, legendary jazz pianist at 7 p.m. and 9:30 p.m. 9,450 yen.

July 3 to 5

The Whispers. Soul group led by twins Walter and Wallace "Scotty" Scott. Show at 7 p.m. and 9:30 p.m. 9,450 yen.

June 30

Liquidroom, Ebisu: '70s beat and punk sounds of Low IQ 01 and Masterlow. Cover is 3,000 yen in advance; 3,500 yen at the door. Tel: 03-3444-6751.

July 1 and 2

Cotton Club, Marunouchi: Philadelphia soul trio Three Degrees. Tickets cost 8,925 yen. Tel: 03-3215-1555.

Tammy's picks by Tammy Law

Central Tokyo

June 27 and July 2

Vuenos: An R&B, hip-hop and funk bar in central Shibuya. Friday, rock band, Forever End a Day present "Clash the Sound" from 5 p.m. to 9:30 p.m. Advance tickets 2,000 yen or 2,500 yen at the door. Wednesday features hip-hop beats by Ashra the Ghost and Fase 2 Face at 11 p.m. Cover, 2,500 yen for men, 1,500 yen for ladies (a 500 yen discount coupon is on their Web site). < <http://vuenos.com/venue/home>>

June 27

Crocodile: This multi-entertainment bar offers everything from country music to stand-up comedy. The Tokyo Comedy Store takes the stage. Doors open at 6 p.m. every night with live acts starting at 8 p.m. Located on B1 New Sekiguchi Bldg in Shibuya. Entrance fee 2,000 yen. For details call 03-3499-5205 or visit < <http://www.music.co.jp/~croco/>>

June 27 and 28

Cozmo's Café: Friday, 6 p.m., a benefit concert by Acoustic Chill, all proceeds to save Tibet. Music by Ramayya, Invago and Geoff Hash & Missing Scene. 2,000 yen cover. Saturday, live rock by Night Planet at 6 p.m. Tel: 03-3407-3166 <<http://www.cozmoscafe.com/en/shibuya/home/welcome>>

June 27, 28 and July 2

Little Texas: Friday, good old country music at the 3rd Anniversary Party. 5,000 yen cover. Saturday, it's Natsuko Grace and The Country Fairground for 2,500 yen. Wednesday, Sugi-G and The Outlaws will get you up and dancing from 8 p.m. Cover 2,000 yen. Meguro-Daiichi Building's B1F. <<http://www.littletexas.jp/index.html>>

June 27, 28 and July 2

What the Dickens: A home away from home with an interior like a camping cottage and local bands Tuesday to Sunday. Friday, TK and The Blues Blasters bring on the blues. Saturday, Joe David plays R&B and soul. Wednesday, Chris Grundy's instrumental guitar show headlines with his diverse range of rock covers and



Kanto live!

originals. This British pub is open 5 p.m. till late with live shows starting at 8:30 p.m. Three minutes from JR Ebisu station. Tel: 03-3780-2099 <<http://www.whatthedickens.jp>>

June 28 to 29

The Game: Saturday, Hardcore and punk rockers All of Me, Faith, Silence Kills the Revolution and Sobut take the stage from 5 p.m. Cover charge 2,500 yen at the door. Sunday, hardcore scream bands Stompin' Bird, No Hitter, FC Five and Holstein. Doors open at 5:30 p.m. Advance tickets are 1,800 yen or 2,300 at the door. Five minutes from JR Shibuya station. Tel: 03-6419-8324 <<http://www.club-game.com/>>

June 27 to 29

Shibuya Lush: Friday, indie rock band Kodomoazu headline a massive line up. Advance tickets are 2,500 yen or 3,000 yen at the door. Saturday, Jangly jazz from Black Bottom Brass Band at 7 p.m. 3,800 yen live cover. Sunday, a 3rd anniversary party kicks off at 5:30 p.m. with Pele, Riddimates, Zukunashi, the Japonicans and more. Tuesday, the pop-rock beats of Pills Empire, Siamese Cats, Far France and special guests. Advance tickets 2,000 yen or 2,300 yen at the door. All shows start at 7 p.m. Doors open at 6:30 p.m. <<http://www.toos.co.jp/lush/>>

June 28 to 29

The Pink Cow: International dishes and a vast variety of beverages are available at this ex-pat hangout bar, restaurant and art space. Sunday, drum band Shinagawa Djembe Posse presents their live show, Drumcow from 6 p.m. No cover. Tel: 03-3406-5597. <<http://www.thepinkcow.com>>

June 29

Womb: Afra and Incredible Beatbox Band whip up impromptu voice box beats p.m. to 11 p.m. 3,000 yen for advance tickets or 3,500 yen at the door. Tel: 03-5459-0039 <<http://www.womb.co.jp/>>

June 30

Organ Bar: Escape into this den-like grunge bar in Shibuya. Monday is disco-tech night with live tunes from D-Suck, while DJ's Shimone, Nissan, Red and Zakiem spin the beats. 1,000

yen live cover. Tel: 03-5489-5460 <<http://www.organ-b.net>>

July 3

Club Trilogy: Stand-up comedy, drinks and live music. The club consists of two restaurants and three bars. An electrifying night of acoustic rock brought to you by Five Star Iris. Show starts at 7 p.m. at NAF Atsugi. For details visit <<http://www.atsugi.navy.mil/atsugi/mwr/trilogy.html>>.

Yokohama

June 27

Forest Avenue Bar: Jazz Quintet plays live trombone jazz. Doors open at 6 p.m. with live show starting at 8:30 p.m. Cover charge 500 yen. B1F Motomachi Naka-ku. <<http://forestavenuebar.com>>

June 27

Bar & Restaurant Stoves: Cool Wise Men, Hiroyuki and DJ Naruho bring pound party beats to liven up your Friday night. Doors open at 7 p.m. Tel: 045-312-2278 <<http://stovesyokohama.com>>

June 27

The Bridge: CD releases from C & K and DJ Ryu. Live hip-hop, R&B and Reggae beats from Outwits, Tao & Nagi, High Sentence, Earth and Yumini. Doors open at 10 p.m. Cover 2,000 yen. 4F Motomachi Naka-ku. <<http://www.bridgeyokohama.com/>>

June 27 and 28

Stage Coach: Manami Sekiya brings country on Friday. Cover 2,000 yen. Saturday, Lan Ohana offers an infusion of country and Hawaiian at 7:30 p.m. Cover 1,000 yen. Located in Fujisawa (near JR Tsujido station). Tel: 04-6634-4251 <<http://www.stage-coach.net>>

June 27 to 29, July 1 to 3

Motion Blue Yokohama: Fine dining with live Jazz nightly. Friday, worldly tunes played by Hiromitsu Agatsuma. Saturday, Saigenji unveils his Brazilian influence by debuting tunes from his CD "Medicine for your soul." Sunday, J-pop is played by Junpei Shiina and his band at 5:30 p.m. and 8:30 p.m. Tuesday, Groove Smooth brings soul and R&B. Wednesday, Ukulele & Guitar serve up eclectic jazz. Thursday, JaJa graces the stage with classic jazz

on their 2008 tour. Usually two sets a night at 6:30 p.m. and 8:30 p.m. Doors open at 5 p.m. Cover varies by artist. Yokohama Red Brick Warehouse, near JR Sakuragicho station. <<http://www.motionblue.co.jp>>

June 29

Yokohama B.B. Street: Rock beats brought to you by Dual Custom, Rui and Skank69. Doors open at 6 p.m. Advance tickets are 1,500 yen or 1,800 yen day of the show. Near JR Kannai station. <<http://www.bbstreet.com>>

June 30

Club24West: Grunge and garage frequent this large raging live-music venue. Monday shows school nights are no longer safe with Fall From Grace, Flash Back Out and End of Start headlining. Doors open at 5:30 p.m. Cover 1,200 yen. Tell: 04-5252-2424. <<http://www.club24west.com/>>

June 30

Thumbs Up Live & Bar Restaurant: Ban Ban Bazar take to the stage with a quirky mix of jive, folk, country and Hawaiian from 8 p.m. Advance tickets 3,000 yen, or 3,500 yen day of the show. Tel: 045-314-8705 <<http://stovesyokohama.com>>

Yokosuka

July 3

Cafe de Cha Ran Ka: A cozy little venue. M's Blues and Rock tunes fill this space on Thursday night from 6:30 p.m. Cover 1,000 yen. Open daily from 5 p.m. to 2 a.m. Tel: 04-6821-5721.



Continued from page 6

Space is limited. Register now by signing up at the Par 3 Golf Course! Two sessions remaining: July 14 to 18 and August 4 to 8, Monday through Friday from 10 a.m. to 11:30.

- Cost: \$99 per person* Each session includes instruction with PGA certified instructor, golf at Par 3 Course, BBQ lunch on the final day of class and Junior Club Set (one size, no substitutions). *Discount: \$65 for Youth repeating the course who do not want new clubs.

Pet Care Center**Tel: 225-8906**

Grooming Services include: shampoo, cut and blow dry, nail trimming, ear cleaning, gland expression, and flea dip (if required). The number of appointments per day varies based on the size of the dogs scheduled. This popular service is more affordable than off base, so appointments fill up quickly! Grooming fees vary based on the size and breed of your animal.

Sakana Outdoor Pool**Tel: 225-7246**

• Sakana Pool summer schedule
- The Sakana Outdoor pool opened for the summer on June 14. Open daily from 11 a.m. to 6

p.m. (weather permitting).

Samurai Fitness Center**Tel: 225-8889**

• Micro-fit health and fitness assessment

The Samurai Fitness Center offers micro-fit health and fitness assessments. Find out your base-line fitness information. This is a great way to find out your strengths and weaknesses and how to improve your fitness level. Micro-fit is open to all active duty military, DOD civilians and their family members (ages 16 years and older), and local nationals assigned to Yokota. Available by appointment only.

• Fitness incentive programs

Win prizes based on mileage or hours logged for your workout routine. Incentive challenge logs can be picked up at the Samurai Fitness Center and the Natatorium. This form can also be retrieved online at "<http://www.YokotaSupport.com>".

• Fitness Center equipment orientations

Want to start working out but unsure how to best use the machines? The Samurai Fitness Center offers equipment orientations by appointment. Call to sign up and start your fitness routine today!

- Tuesday 9 a.m. to 10 a.m. and

Thursday 2 p.m. to 3 p.m.

• Aerobics Classes

- Power yoga

Tuesday and Thursday 5 a.m. to 6 a.m.

- Kick-box aerobics

Monday, Wednesday and Friday 11:30 a.m. to 12:30 p.m.

- Zumba

Wednesday 5 a.m. to 6 a.m.

- Step-and-weights aerobics

Tuesday and Thursday 11:30 a.m. to 12:30 p.m.

- Step aerobics

Monday, Wednesday and Friday 5 a.m. to 6 a.m.

- Step aerobics

Monday and Wednesday 5:30 p.m. to 6:30 p.m.

- Pilates

Tuesday and Thursday 5:30 p.m. to 6:30 p.m.

- Beginner's yoga

Saturday 11 a.m.

Taiyo Community Center,**Tel: 225-6955**

• Celebrate America contest registration

Celebrate America, Yokota's 4th of July celebration, will soon be upon us! You can sign up now to take part in some of the great contests happening all over base! Sign up for the Tasters' Choice Chili Cook-Off, Colossal Cookie Challenge, Basketball Shootout or the BBQ Cook-off at the Tai-

yo. Sign up for the Leaky Kon-Tiki boat-building contest at the Natatorium. Don't miss all the fun events planned for Independence Day!

• Computer Users Group Yokota (CUGY)

CUGY meets every second and fourth Saturday of the month. For more information or to join this group please contact the Taiyo Community Center or access the CUGY Web site at "<http://www.CUGY.net>".

- 6 p.m. to 12 a.m. at the Yujo Community Center

• Karate Classes

- Tuesday - 7 p.m., ages 6 to adult

- Saturday - 9 a.m. - 10 a.m., ages 4 and 5 years old

Cost: Tuesday and Saturday \$30/month; Saturday only: \$20/month

Tama Hills Recreation Center**Tel: 227-3421**

• Rendezvous for two

Did you know that you can stay in deluxe accommodations and enjoy a seven course gourmet dinner for as low as \$75 per couple? Check out Tama Lodge's "Rendezvous for Two" package. Package includes accommodations, champagne, a seven course

Continued on page 14**ESCOFFIER DINNER**

An Eight Course Dinner
Accompanied with a Selection of
Fine Premium Wines
and
Fabulous Live Entertainment
to Enhance the Evening

Saturday 12, July

\$65.00 per person
Seating at 18:30
Dinner at 19:00

**LOBSTER, MANGO AND AVOCADO GALETTE**

*A Layered Galette of Seafood and Fruit,
Served with a Sweet Curry Dressing*

DUCK CONSOMMÉ

*Rich Duck Consommé Garnished
with a Quail Egg and Baby Negi Onions*

SCALLOP RAVIOLI

*Sea Scallop Nestled Between Sheets of Homemade Pasta,
Served with a Wasabi Butter Sauce,
Garnished with Fresh Asparagus and Roasted Garlic Oil*

PAILLARDE OF QUAIL

*Scallops of Quail Layered with Roasted Pineapple,
Sautéed Spinach and Pan Seared Foie Gras,
Served with a Vanilla Bean Sauce,
Accompanied with Steamed New Potatoes*

GRAPEFRUIT SORBET**FILET OF BEEF**

*Lightly Smoked Beef Filet Wrapped
with Bacon and Char-grilled,
Served with a Mango Coconut Barbeque Sauce,
Garnished with a Grilled Sweet Corn Risotto Cake
and Summer Vegetables*

SUMMER TOMATO SALAD

*Fresh Summer Tomatoes, Caramelized Onion
and Mache Salad,
Served with a Light Balsamic Vinaigrette*

SUMMER SENSATIONS

*A Trio of Summer Delights to include a Watermelon Parfait,
Warm Espresso Cake and Homemade Mascarpone Ice Cream*

Tickets are Non-Refundable

Feast on Authentic Hawaiian Delight

Hawaiian Luau

Friday 15, August Saturday 16, August
Doors Open 19:00 Doors Open 18:30

ADMISSION & BUFFET

Adults: \$25.95

Children: \$12.95 (4-12)

Entertainment by**TONY TAUVELA**

Tickets are Non-Refundable



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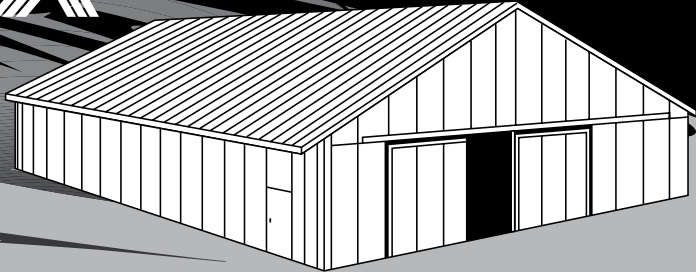
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AAFES Yokota

Moonlight Madness Sale 5 July 2100-2400

BX



Come Join us for our Warehouse Sale 4-6 July

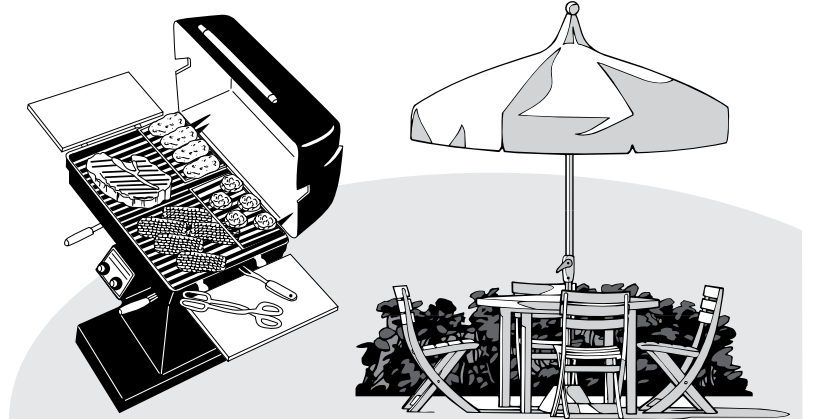
Help us clear out our warehouse and make room for up coming promotions. Come join us for our warehouse sale 4-6 July 0900-1800. Specials through out each department... great items for PCS parties and sending your grad off to college. Stop by customer service and enter for a chance to win a \$500 AAFES gift card. There is a catch, you have to fill out a military star card application and get one entry form; show your military/ master card and get two entries. More chances to win. This will only be on 5 July from 0900-1800.

Moonlight Madness Sale!

This sale is not just for the Christmas season. We are going to have a moonlight madness sale on 5 July 2100-2400. Store will close at 2000 to prepare for our moonlight sale. Enter for a chance to purchase a Wii, enter for a chance to win a 47" Sabre television and many other surprises. Progressive sale is back....buy 3 clearance clothing, shoes or accessories and get 25% off, buy 4 get 50% off and 5 or more get 75% off. This doesn't happen to often, so don't miss out on a chance to save.

BXtra

BXtra full assortment of grills and smokers all available now!
2008 patio furniture, Gazebo in stock..
Special order your Cannodale at your BXtra,,



June 27- July 10

Sealy Mattress Sale get a \$100 AAFES gift card with a purchase of any discontinued Sealy or Lady Americana mattress set priced \$599 and above! (Set includes mattress and boxspring)

4th of July weekend!

Furniture specials through out the store.
Additional saving on mattresses purchased !
Shop early for best selections



Coming soon! Exclusive Majestic Rosewood sale at your Yokota BXtra July 18-20

Save 15% of any special order and in-store stock
Custom make your own designs..
Last chance to Special order now for Christmas!
No better quality then Majestic Rosewood

FOODCOURT

Double stamp or punch on frequency card when purchasing combo meals with the AAFES star card.



We go where you go
We save you money... everyday!



AAFES
aafes.com...open all the time!



Take me out to the ball game

Story by Eric Halperin, photos by Patty Jimenez

Craving a good game of baseball? Are you curious to experience another aspect of Japanese culture? You can do both if you head over to the Goodwill Dome in Saitama to catch the Seibu Lions play.

The Seibu Lions are one of Japan's 12 professional baseball teams. Their home stadium is the closest to Yokota Air Base. Getting there is easy. You can drive, take a train, ride a bicycle or hop a ride on a tour bus sponsored by Information, Tickets and Travel (ITT).

Admission fees range from 600 yen to 4,500 yen. If you drive, you will need an additional 1,000 yen for stadium parking. I suggest taking the ITT tour. The \$40 cost for adults covers bus transportation and a ticket in the stands. In addition, you can watch the game with familiar folks from the base. This is comforting when you become perplexed as to what exactly the Japanese fans are doing at any one time.

Even non-baseball fans should check out a game before they leave Japan. At a Lions game, you might find yourself watching the fans as much as, if not more than, the two teams playing.

Lions fans stand on their feet singing, chanting and making noise the entire time their team is at bat. Then the fans respectfully sit down, allowing the visiting team to get loud for their own batters. Specific chants exist for individual players, specific innings and for the entire team.

After the seventh inning, a special event occurs. Not to be confused with the seventh inning stretch, fans from both teams let loose their inflated color-coded balloons!

Last but not least, Japanese baseball wouldn't be complete without the female vendors who sell an assortment of goodies in the aisles. The "keg girls" wear neon-colored uniforms with small kegs attached to their backpacks. They smile and march up and down the steps, eager to pour you some beer for about 600 yen.

For food you can munch on hot dogs or you can lick your fingers eating Kentucky Fried Chicken. Colonel Sanders welcomes customers in front of the booth in his Seibu Lions uniform. You can also try the Japanese fare. Once you return to the U.S., you will have a hard time finding octopus pancakes, curry over rice, or soba noodles at any sports complex.

Japanese baseball: You may not buy "peanuts and Cracker Jacks" like the song says, but once you go, you might "not care if you ever come back."



Hey batter, batter! This Seibu Lions game brings in the fans as well as some flag-wielding U.S. patriotism.



Fans get ready to release customary "lucky 7 inning" balloons that will carry team colors skyward for the big cheer.



WE DELIVER!

Stars and Stripes has been your hometown newspaper in the Pacific for almost 428 dog ears... oops, we mean dog years.

The Stripes Pacific paper route delivers daily to all of Japan, from Misawa in the north to Okinawa in the south, as well as to the Republic of Korea from the DMZ to Cheju Island, and extends to Guam in the South Pacific and Diego Garcia in the Indian Ocean.

A logistical nightmare of planes, trains, automobiles, bicycles (along with the occasional flying dog) helps get the paper delivered to doorsteps each day throughout these far-flung locations.

To start your home delivery today, just drop us an email at circulation@pstripes.osd.mil.

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**Saturday, July 19 • 12-5pm
Bldg. 1504**

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www.YokotaSupport.com

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Beat the July heat at 6,500 feet

At the Open House

- Free flights around the local area will be offered on a first come, first served basis (ages 6 and up).
 - Enter to win a Private Pilot Deluxe Student kit (valued at \$250).
- For details, contact the staff at 225-8988.

\$35
initiation fee
waived for new
members in
July

Learn about

- Private pilot ground school and flight training
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- CATS—computer based exams
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**Flight Training Center
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Open Tue-Sat, 9am-5pm

Continued from page 10

gourmet dinner for two and a 1 p.m. late check-out. Accommodation choices range from a standard room in the main lodge to a secluded deluxe cabin with hot tub. Note: Accommodation choices are dependent upon availability. Prices vary depending on room selection.

Teen Center

Tel: 225-6793

- Youth Programs Annual Membership

Remember, if you have not already renewed your Youth Programs annual membership, you can do so at the Youth Center. Annual membership fee for June to December 2008 is \$21. If you are interested in becoming a member and would like more information, please contact the Teen Center.

Tomodachi Lanes

Tel: 225-7191

- Tomodachi Summer Slam

Through August 1 at Tomodachi Lanes play "Summer Slam" for your chance to strike it big! Bowl 10 games at regular price for each red, white and blue level. You'll win a prize upon completion of the red and white levels and your blue card will go into a drawing for five great

prizes! You could win \$300, \$200, \$150, \$100 or your own bowling ball! Not valid with discounted bowling rates. Contact Tomodachi Lanes for more details.

Youth Center

Tel: 225-7422

- Youth Programs Annual Membership

Remember, if you have not already renewed your Youth Programs Annual Membership, you can do so at the Youth Center. Annual Membership Fee for June to December 2008 is \$21. If you are interested in becoming a member and would like more information, please contact the Youth Center.

Yujo Community Center

Tel: 225-7713

Renovation Estimated Completion Date: August 2008

Yujo services have been relocated to the Suzuki's side of the building. Services may be limited during this move. ITT has temporarily relocated to the former Golden Video location within the Yujo. George's Insurance will remain open throughout the renovation. Currently George's is only accessible from the outside entrance. We apologize for any inconvenience during this time as we upgrade our facility to better serve you.

- Yokota Lemon Lot

If you are PCSing or just arriving and looking to sell or purchase a vehicle, the Yokota Lemon Lot is the place for you! The initial cost to place your vehicle on the Lemon Lot is \$35. There is a monthly fee of \$10 (30 days). Once the car is sold, \$25 will be refunded to you.

Register your vehicle at the Yujo before placing it on the resale lot*. The following items will be required to register:

- JCI
- Vehicle model information
- Liability insurance
- Road tax of the year
- Japanese inspection
- Date of last base inspection

*Vehicles parked at the Lemon Lot without a permit or with an expired permit will be cited and are subject to impoundment. For more information, contact the Yujo at 225-7713.

Camp Zama

Kanto Stripes is published Fridays and lists events submitted by the Wednesday 10 days prior to publication.

- Independence Day
July 4 at Camp Zama Dewey Park
3 p.m. to 9:10 p.m.

Free, food, races, games, music, sports, fireworks and entertainment.

For more information call 263-3479/8892

- Country western line-dance contest and Jamboree

July 26 at the Camp Zama Community Center 6 p.m. to 2 a.m.

- Live music by the Wildwood Roses 8 p.m.

- Line dance contest 7 p.m. (Six-member teams must sign up at the CZCC cashiers window by July 12.)

- Bull-riding contest 11:30 p.m. Sign up the day of the contest.

Fee: \$25 or 2,500 Yen per person
Country dinner buffet provided.
Call for more information 263-4547

Army Community Services

Tel: 263-4357

- New Parent Support Program and the EFMP Program

- July 1: Play Morning, Zama Chapel BLDG 502, 9:30 a.m. to 11 a.m.

- July 3: Breast Feeding Support Group, ACS BLDG 402, 9:30a.m. to 10:30 a.m.

- July 8: Play Morning, Zama Chapel BLDG 502, 9:30 a.m. to 11 a.m.

- July 10: Play Morning, SHA CDC, 9:30 a.m. to 11 a.m.

- July 15: Play Morning, Zama


Chapel BLDG 502, 9:30 a.m. to 11 a.m.
 - July 15: EFMP Support Group, ACS BLDG 402, noon to 1 p.m.
 - July 17: Play Morning, SHA CDC, 9:30 a.m. to 11 a.m.
 - July 17: New Parent Support Program Workshop, "Coping and Communicating with Young Toddlers," ACS BLDG 402, 3 p.m. to 4 p.m.
 - July 21: Breast Feeding Support Group, SHA CDC, 9:30 a.m. to 10:30 a.m.
 - July 22: Play Morning, Zama Chapel GLDG 402, 9:30 a.m. to 11 a.m.
 - July 22: Baby Love Seminar, "Potty Training," during Play Morning at Zama Chapel GLDG 502, 10 a.m. to 10:30 a.m.
 - July 24: Play Morning, SHA CDC, 9:30 a.m. to 11 a.m.
 - July 29: Play Morning, Zama Chapel GLDG 502, 9:30 a.m. to 11 a.m.
 - July 31: EFMP Workshop, "Resources for Exceptional Family Members," ACS BLDG 402, 2 p.m. to 3 p.m.
Bowling Center
Tel: 263-4780
 • Bowling Center Specials
 - Mondays – 3 for 1 Bowl-

ing: Bowl 3 games and earn 1 free game 1 p.m. to 3 p.m.
 - Tuesdays – Youth bowl for \$1 per game (If bowling with at least 1 adult) 11 a.m. to close
 - Wednesdays – Red pin bowling: Get a strike when the red pin is in the #1 position and win one free game instantly. 11 a.m. to close. (For paying customers only)
 - Thursday – Free family time bowling: 18 lanes available 3 p.m. to 7:30 p.m. 8 lanes available 7:30 p.m. to close.
 - Friday Marathon bowling: The bowler who bowls the most games in two hours will be the "marathon bowler of the week" and be eligible for a \$100 AAFES gift certificate drawing at the end of the summer. Also the bowler with the highest 3 games will be eligible for a \$100 gift certificate drawing at the end of the summer. 11 a.m. to close.
 - Saturday Marathon Bowling: Bowl three 45-minute sessions with a rest after each session. Prizes awarded for: Most games bowled,

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 PH. 03-3401-7501

most strikes and splits and 4:30 p.m.
 win a mystery prize. Youths - Saturday Cosmic Bowl-
 start at 1 p.m., adults start ing: \$6 per bowler (under 10 years of age \$3) Unlim-
 ited bowling, 7 p.m. to 10 p.m.

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 E-mail: yokota@fe-nf.com
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1-17 JULY JAPAN TOUR		JULY AIR+HOTEL FARE			
HAKONE YUNESSANCE 2DAYS CHILD DISCOUNT AVAILABLE! Advance issue 5 ¥12,500~(\$125)	UNIVERSAL STUDIO 2DAYS GRAND OPEN UNIVERSAL TOWER STAY Advance issue 5 ¥31,000~(\$310)	PIC RESORT SAIPAN STAY 5DAYS Departure date: 7/1,5,12,13,14,15 ¥55,950~(\$537) Tax & Fuel s.c.(\$190) AP7	BALI ISLAND 6DAYS Departure date: 7/1-15&22-30 ¥59,000~(\$561) Tax & Fuel s.c.(\$254) AP7	CHIANG MAY 5DAYS Departure date: 7/1-7/31 ¥82,950~(\$797) Tax & Fuel s.c.(\$223) AP7	VIETNAM 5DAYS WITH TOUR! Departure date: 7/1-7/31 ¥83,000~(\$798) Tax & Fuel s.c.(\$331) AP7
OKINAWA BEACH STAY 2DAYS AIR EXTENSION OK! Advance issue 5 ¥40,000~(\$384)	HIROSHIMA+MIYAJIMA STAY 3DAYS CHILD DISCOUNT AVAILABLE! Advance issue 5 ¥36,300~(\$363)	FIJI ISLAND 6DAYS Departure date: 7/1-15&21-30 ¥91,050~(\$867) Tax & Fuel s.c.(\$437) AP7	BEST SELLER		
		MANILA 14DAYS 6/30-7/14 AP3 ¥39,800~(\$382) Tax & Fuel s.c.(\$183)	MANILA 30DAYS 6/30-7/17 AP3 ¥49,000~(\$471) Tax & Fuel s.c.(\$179)		
This week special USA FARE					
SEOUL JULY SPECIAL 7/7-7/17 ¥25,800~ (\$248~) Tax & Fuel s.c.(\$108) AP7	GUAM ONE WAY TONIGHT! 6/22-7/30 ¥18,600~ (\$178~) Tax & Fuel s.c.(\$125)	SEATTLE, SAN FRANCISCO ONE WAY TODAY! 6/22-7/30 ¥46,300~ (\$445~) Tax & Fuel s.c.(\$245)	HONOLULU SPECIAL 6/23-6/30 ¥39,800~(\$392~) Tax & Fuel s.c.(\$293) AP1	LOS ANGELES 6/27-7/4 ¥29,800~(\$286~) Tax & Fuel s.c.(\$478) AP3	EAST COAST BY DELTA 7/1-7/30 ¥75,000~(\$714~) Tax & Fuel s.c.(\$412) AP7
★ Thanksgiving China! ★ ★ Labor day weekend! ★					
Beijing The Walls tour ¥77,250~/\$728~ 5 DAYS 5 Star Hotel 4Nights+Air+Transfer+Full meals & Tour ALL included! (Tax & China Visa Application Fee Not included. Please ask.) 26-30 NOV 2008 Advance booking special! (Yokota, Yokosuka, Zama, Atsugi) Get!! free RT ticket to Narita APT. Payment plan available!			Mt. Fuji Sunrise climb ¥13,800/\$132 2 DAYS 1Night Hut(short break)+2meals include+Bus transfer Limited space for this tour!! First Come First Serve! 31st August depart! 20 space! Entry by 30th June		
Summer & Autum Package Flyer available!! Please call us!!!					
Please see our new business hours below					
WEEK DAY 9:30 A.M.- 6:30 P.M. SATURDAY 9:30 A.M.- 4:30 P.M. SUNDAY CLOSED					
You'd Better Ask Night Flight!! No Waiting! We are happy to serve you immediately!					
			IMPORTANT ★ ★ ★ ★ ★ - Prices may vary depending on availability and dates. - Cancellation charges DO APPLY please confirm all details at time of booking. - Taxes/Delivery charges NOT included. - Please verify all times of booking. - All rates quoted based on AVAILABILITY.		

Vino Festivale

Camp Zama

Saturday, 28 June, 4-9 pm, CZCC
\$25 Per person, \$5 More at the door

OVER 40 DIFFERENT WINES TO TASTE!
HORS D'OEUVRES PROVIDED

- Adults only
- Free commemorative wine glass to the first 250 ticket purchasers
- Wine Seminar included (limited seating, 1300-1600 at the Firelite Lounge)
- Free transportation to SHA and Sobudai Mae Train Station

INFORMATION CALL 263-4547

