

CitiScapes

NORTHWEST ARKANSAS

PEOPLE • PLACE • EVEN • FOOD • FUN

Family Life in Northwest Arkansas

CUTE KIDS & HOT STYLES
CREATIVE KID SPACES
FAMILY FUN ON HORSEBACK

SENIOR CARE EXTRA:
IMPROVING COGNITIVE HEALTH
MEALS ON WHEELS
BUTTERFIELD TRAIL VILLAGE

also:

PROFILE: Author Lela Davidson

COMMUNITY: After Hours Emergency Pet Care

NONPROFIT SPOTLIGHT: Pagnozzi Charities,
Leveling the Playing Field

JULY 2014
\$2.50 VALUE

NORTHWEST ARKANSAS HUNTER JUMPER ASSOCIATION

RIDING TO WIN

When Misty, Vicky and Julie Morgan moved to Northwest Arkansas from Texas in the late 1970s, they were disappointed to find that the sport they were so involved with in Texas, the hunter/jumper discipline of horsemanship, was not common in their new home. But for these sisters, that was just a temporary challenge.

The Morgan sisters started organizing small events and “play days” at local barns and fields – anywhere they could find a place to gather. By 1980, when interest in the discipline began to grow in Northwest Arkansas, Vicky proposed the idea of creating an official riding association. She was subsequently elected as the first president of the Northwest Arkansas Hunter Jumper Association.



Kids as young as 8 years old can begin learning the sport of hunter jumper riding in the NWAHJA • Photo courtesy of NWAHJA

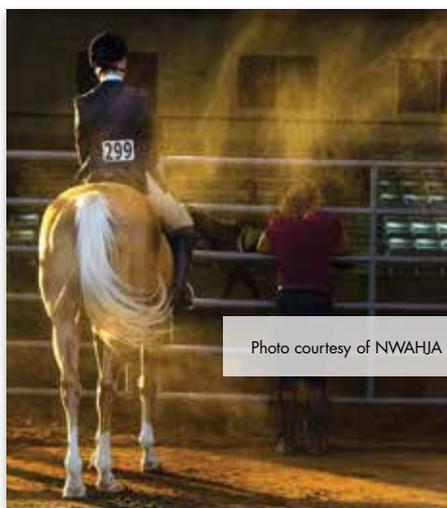


Photo courtesy of NWAHJA

As the number of events increased and the association grew, it gained the attention of trainers outside of Northwest Arkansas, and venues for shows grew to include local “barns” that had been formed in the area, including the George Family’s estate in Springdale.

Eleven barns are associated with NWAHJA today. They offer services ranging from boarding and lessons to summer camps and horse sales. Thirty-six years after its founding, some of the first young competitors are now operating barns and still involved in the organization.

Heather Swope has been involved with NWAHJA since 2004 and is currently in her third term as the organization’s president. “I feel that NWAHJA’s main role is to promote our sport on a grassroots level, allowing riders the opportunity to compete in a safe environment locally... and to prepare those riders if they want to compete on a national or regional level.”

Swope says that membership has ranged between 75 and 125 members over the last 10 years and includes riders from Missouri and Oklahoma as well as Northwest Arkansas and the River Valley. The programs connected to the association provide lessons to students age 8 or older. While children younger than 8 may be ready to take basic riding lessons, the coordination and mental concentration that is needed to learn how to jump safely is generally not developed in younger children.

NWAHJA tries to schedule a show every month, and local barns host their own shows as well. Points for top competitors are tallied throughout the season and prizes are offered at the final show. The current show season runs from April through November, with a 3-day show in July called the Summer Classic.

Horse jumping is a specialized riding skill taught by member barns • Photo courtesy of Deer Creek Farms



The skills and lessons learned by NWAHJA members reach beyond the arena, but a ribbon is always a great bonus • Photo courtesy of NWAHJA



NWAHJA gives back to the community by providing a donation to a local horse organization with part of the proceeds from the event.

Haley Hogue is a current junior board member for the NWAHJA who rides on the Ozark Legends Interscholastic Equestrian Association team. In 2013, she earned the NWAHJA Hunter Reserve Champion title and the National Sportsmanship Winner title from the Interscholastic Equestrian Association. Hogue claims to have honed both physical and mental skills through her participation in the NWAHJA, "Working with a being that thinks on its own produces harmony between horse and rider. Each day you have to be patient with your horse, especially when learning something new. Also you must have the strength to take control of the ride and understand all the aspects of your horse."

Some Northwest Arkansas riders go outside the area to compete in Oklahoma, Texas and Tennessee in rated hunter/jumper shows, and middle school and high school teams involved in the Interscholastic Equestrian Association compete in a six-state region that includes Texas, Oklahoma, Louisiana, Arkansas, Missouri and Kansas. ■



Annie Carroll took home the win in the Cross Pole Challenge at the 2012 NWAHJA Summer Classic. Photo courtesy of Deer Creek Farms

For more information, visit www.nwahja.com.



PSYCHOLOGY & COUNSELING
ASSOCIATES

Professional • Private • Personalized

479.443.5575

www.PCA-NWA.com

1 W. SUNBRIDGE • FAYETTEVILLE



PCAkids

Psychology & Counseling Associates

Center for Children and Adolescents

479.442.KIDS (5437)

www.PCAKIDSNWA.com

CitiScapes
MAGAZINE

BEST OF
2013

WINNER

10 11 12

Voted Best Mental Health Clinic for Four Consecutive Years

Diagnosis & Treatment of

- Depression, Anxiety, Panic & Stress Management • Divorce & Grief Management • Autism
- ADD/ADHD Assessment • Eating Disorders • Self Esteem/Relationship Difficulties
- Family Conflict • ImPACT Concussion Evaluation & Treatment
- Exercise/Performance/Sport Psychology

Susan L. Shackelford, Ph.D. • Angela Chapman, MD

Matthew Crouch, MD • Timothy A. Cavell, Ph.D.

Sarah Downing, Psy.D. • Angela Perea, PsyD

Carol Cordell, LPC | Julie Council, LCSW | Katie Freeman, LCSW

Kathy Jordan, LCSW | Kamie Meeks, LCSW

Caroline Sawyer, LCSW | Charles Shields, LPC | Kristy Bailey, LPE

PETS are Family Too!



TOURS
WELCOME!

Complimentary exam to new clients
when you mention our CitiScapes ad!

Remember to keep your pet on
monthly prevention:

Kill fleas • Kill ticks • Repel insects

Prevent parasites

Prevent heartworm disease

Medicine • Surgery

Boarding • Grooming • Adoptions

Online Store

M-F 8-6 • Sat 8-noon



Best Friends

Animal Hospital
& Pet Hotel

Laura Hokett, DVM • Rachel Hill, DVM
Anita Kiehl, DVM, DACVP

479-251-VETS (8387)

www.bfahph.com Find us on Facebook for additional promotions.

4175 Mission Blvd. • Fayetteville
(1.2 miles east of Crossover and Mission on HWY 45)