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Pamper Yourself and Your Car

By Robin A. Holstein

Time. Everyone is short on it. With the holidays approaching you need every advantage available to save it.

West Mane Salon and Spa, located at 313 Washington Street West, teaming up with C.A.R.S., 617 Tennessee Avenue, to offer you a chance to pamper yourself and your car. Together, they are offering a hair consultation, cut and style, pedicure and one-hour massage for you, along with a full service detail for your car. The package costs only \$199.

In a hurry? You may be interested in the hair-cut and style, manicure, half-hour massage and an express detail for your ride at \$125. Or, choose from a variety of a-la-carte services for an additional fee.

The idea came to both companies after being introduced at a West Side Main Street Association meeting. While you are at the salon, your vehicle can be next door receiving a detailed wash,



Begin your holiday season with West Mane Salon & Spa, 313 Washington Street West, Charleston.

vacuum and wax.

Stephanie Overton, owner and stylist of West Mane Salon & Spa said "We are a full service salon with top of the line Redken™ retail and professional product. All of your needs in one place." West Mane offers everything from hair and makeup consultations, perms, waxing, manicures and pedicures to massage therapy.

C.A.R.S., which stands for Charleston Auto Reconditioning Spa, can do the same for your veh-

cle. "We can bring your auto to like-new condition," says owner Chris Adams. "We can clean your engine, wash, wax and buff the outside, clean your carpeting and condition leather upholstery."

Kelli Buckner LMT joined West Mane Salon & Spa in September. "I specialize in Swedish and deep tissue massage," noted

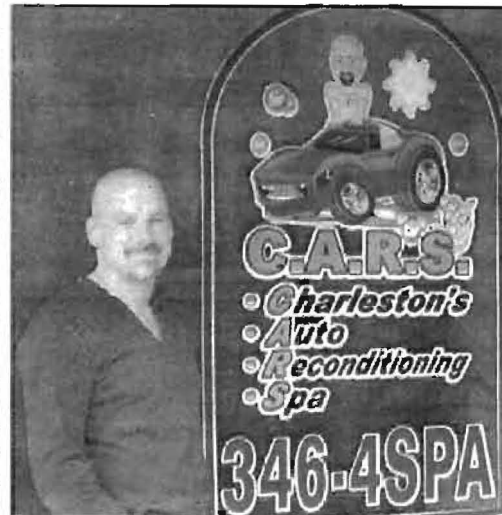
Buckner. "I am a certified prenatal massage therapist."

"In today's world you never have enough time. Working together with C.A.R.S. we help you accomplish two things at once. You can take advantage of our relaxing environment and personal attention. We

will even help you create a total look that will fit your lifestyle needs."

Adams is quick to point out, with winter soon here, now is the time to get your vehicle detailed and ready for the rough weather.

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Chris Adams, owner of C.A.R.S., invites you to prepare your auto for winter with a full detail service.

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