## Amsterdam's Weed Laws -Know Before You Go!

- **WAll recreational drugs, including cannabis,** are technically **still illegal** in Amsterdam!
- In Amsterdam, it is only permissible to buy weed from a licensed coffee shop! (Be sure to look out for the white and green signs in the window!)
- In order to purchase marijuana in Amsterdam, you must be **over 18**, and have a **valid photographic ID** to prove it!
  - We lt is only permissible to buy up to 5 grams of marijuana at a time!
- You are allowed to possess up to a maximum of 5 grams of marijuana for personal use!

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  Provided to possess up to a maximum of 5 grams of marijuana for personal use!

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  - ✓ Psilocybin mushrooms, commonly known as 'shrooms' or 'Magic Mushrooms', are now illegal to buy, sell or own in Amsterdam!
- Smoking weed **in public** is legally **prohibited** due to Amsterdam's **smoking ban**! (As a tourist, it's considered best to smoke inside coffee shops. A good rule of thumb is to look out for "no smoking" signs in public buildings and in other public areas. And if you see one no smoking of any kind!)
  - ₩It is **illegal** to bring any marijuana back with you into the UK!
- Always **be extra careful** of injuries and crimes when you're intoxicated most travel insurance providers will **NOT** cover you if you are injured while high!

✓ If you currently suffer from a mental illness, such as psychosis or schizophrenia, smoking weed is NOT recommended – go to http://www.rcpsych.ac.uk/healthadvice/problemsdisorders/cannabis.aspx for more information.

