



PO Box 52
Minneapolis, MN 55440-0052

Health and wellness information

NONPROFIT ORG
U.S. POSTAGE
PAID
TWIN CITIES, MN
PERMIT NO. 27690



Get ready for flu season
and visit our flu clinics.



Your flu shot is 100% covered.

Protect yourself and your loved ones from the flu — get a flu shot. Everyone 6 months of age and older needs a flu shot every year. It's your best protection against the flu.



Visit ucare.org/flushot or scan the code using your phone's camera to find a flu shot location near you.

Stop by our Flu Fighter Clinic

UCare and local vaccine providers are teaming up to offer free flu shots and COVID-19* vaccines.



When:

Thursday, Nov. 13, 9 am – 2 pm



Where:

Southdale YMCA
7355 York Ave S, Edina, MN 55435

Photo ID is required for non-members age 18 and older.

Health care professionals will be available to answer your questions. Be sure to bring your UCare member ID with you. For a complete list of flu shot clinics in your area, scan the QR code above.

Can't make it to our Flu Fighter Clinic?

Get your flu shot at any location convenient for you — your clinic, local pharmacy, grocery store or anywhere flu shots are offered. UCare will cover the cost.

If you need assistance, call 1-833-951-3185 or 612-676-3481 or email outreach@ucare.org. Help is available in your language.

*Subject to availability

Y0120_9913_052025_C
U9913 (10/2025)

