

TravelLife

SUMMER 2025

WANDER WELL

I S S U E

JAPAN'S
BLUE ZONE

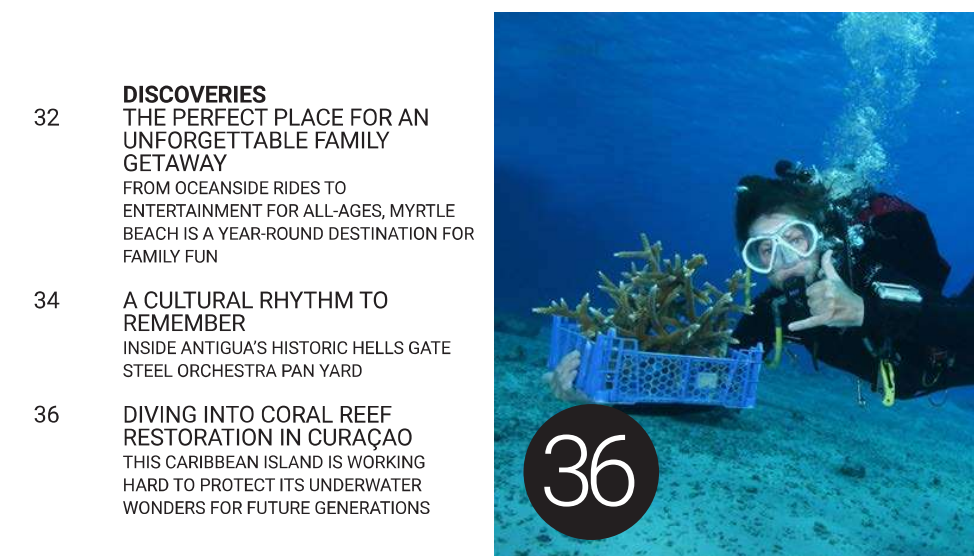
BELIZE
SPA PARADISE

NEW ZEALAND
FOREST BATHING

AND MORE...

CONTENTS

2	CONTRIBUTORS
4	EDITOR'S LETTER JOURNEYS THAT MATTER
8	TRAVEL ESSENTIALS EVERYTHING YOU NEED TO LOOK AND FEEL GOOD ON THE MOVE FROM SKINCARE ESSENTIALS AND LUXE LOUNGEWEAR, TO ON-THE-GO FITNESS AND WELLNESS GEAR, THESE ITEMS MAKE IT EASY TO PACK LIKE A PRO FOR ANY TRIP
10	UNIQUE & BOUTIQUE POSTCARD FROM THE PALACE MADEIRA'S SAVOY PALACE DELIVERS A "HOTEL WITHIN A HOTEL" WITH THE RESERVE
12	A TRANQUIL RETREAT IN MEXICO WITH MORE TO EXPLORE VENTUS HA' AT MARINA EL CID SPA & BEACH RESORT COMBINES SERENE DESIGN, PERSONALIZED SERVICE AND THE PERKS OF THREE CONNECTED PROPERTIES
14	FOODIE FILES A TASTE OF THE TROPICS AT SEA WINDSTAR'S JAMES BEARD CARIBBEAN CRUISE IS A FEAST FOR THE SENSES
16	QUEBEC'S EXCITING FOOD SCENE IS READY FOR ITS CLOSEUP THE INAUGURAL MICHELIN GUIDE QUEBEC FIRMLY ESTABLISHES THE PROVINCE'S PEDIGREE ON THE WORLD'S CULINARY STAGE
18	FARTHER TO TABLE THREE SMALL-TOWN ONTARIO RESTAURANTS KNOCKING BIG CITY PLAYERS OFF THE CHARTS
22	CITY ESCAPES INTRODUCING TALLINN AND VILNIUS TWO UNDERRATED EUROPEAN CITIES YOU SHOULD VISIT NOW
24	DISCOVERIES OFF THE BEATEN PATH IN CANADA 5 UNDER-THE-RADAR CANADIAN DESTINATIONS JUST AS WORTHWHILE AS MANY OF THE COUNTRY'S MORE POPULAR SITES
26	ISLAND HOPPING DONE RIGHT IN ST. VINCENT AND THE GRENADINES ONE UNFORGETTABLE WEEK EXPLORING THIS LESSER-KNOWN CARIBBEAN CHAIN OF ISLANDS



32	DISCOVERIES THE PERFECT PLACE FOR AN UNFORGETTABLE FAMILY GETAWAY FROM OCEANSIDE RIDES TO ENTERTAINMENT FOR ALL-AGES, MYRTLE BEACH IS A YEAR-ROUND DESTINATION FOR FAMILY FUN
34	A CULTURAL RHYTHM TO REMEMBER INSIDE ANTIGUA'S HISTORIC HELLS GATE STEEL ORCHESTRA PAN YARD
36	DIVING INTO CORAL REEF RESTORATION IN CURAÇAO THIS CARIBBEAN ISLAND IS WORKING HARD TO PROTECT ITS UNDERWATER WONDERS FOR FUTURE GENERATIONS

Diving into Coral Reef Restoration in Curaçao

This Caribbean island is working hard to protect its underwater wonders for future generations

BY SABRINA PIRILLO



Bon bini (welcome) to Curaçao! This colourful island is home to some of the best beaches in the Caribbean, unique cultural experiences, activities for all ages and the UNESCO-listed capital of Willemstad filled with street art, pastel-hued buildings and bustling shops and cafes. It also offers an abundance of vibrant coral reefs, marine

life and crystal-clear waters that make Curaçao a diver's paradise. The island is widely recognized as one of the best shore diving destinations in the world, boasting more than 38 world-class shore diving sites scattered across the island, something that makes their reef renewal program a vital part of strengthening the local ecosystem.



Just 15 minutes from Hato International Airport and five minutes from the historic capital of Willemstad, Curaçao Marriott Beach Resort is nestled amidst six oceanfront acres, complete with a robust and healthy house reef and burgeoning coral nursery. Located at the far west end of Marriott's beach is Goby Divers, an esteemed dive shop and an integral part of the property's coral restoration efforts.

As coral reefs around the world are threatened by climate change, Curaçao Marriott Beach Resort is taking the initiative to help restore the island's natural beauty and vital ecosystems by sponsoring Reef Renewal Curaçao, an organization that partners with Goby Divers to grow and maintain a coral nursery just to the side of Marriott's abundant house reef.

Founded in 2015, Reef Renewal Curaçao is a key driver behind the revitalization of the island's underwater ecosystem, establishing nurseries and planting new coral. Coral reefs cover less than one per cent of the ocean floor but are

home to nearly 25 per cent of all marine life, highlighting the importance of this restoration project.

Coral reefs also play a vital role in the economy, boosting economic development through tourism and fishing, from snorkelling tours to recreational fishing trips. The coastal barriers also protect against storms, wind damage and erosion. Goby Divers are a proud project

snorkel sessions for guests who would like to see the nursery and explore the reef.

Divers who visit the island can also participate in a Reef Renewal Diver course with Goby Divers, which provides a hands-on approach to reef restoration. And of course, all guests are welcome to donate to the foundation to help further the work that protects the underwater wonders of Curaçao for future generations.



I had the pleasure of taking part in Goby Divers' educational sessions and guided snorkel activity just in front of the property last November. This complimentary session is offered to guests every Tuesday. Visiting the nursery felt like I was snorkelling with purpose. It was incredible to see the work that these dedicated divers are doing. One of the dive volunteers waved to me as he added

partner, serving as an active centre for education through which hotel guests can learn about reef restoration thanks to Curaçao Marriott Beach Resort's sponsorship of complimentary guided

coral to the bamboo sticks that are made into vertical fences. I waved back as I swam by, curious as to what this lush reef restoration will look like in a few years.