

12 Zen-Tastic Gifts For Yoga Lovers Under \$30

By Stacie Houglan



[SHUTTERSTOCK](#)

Chances are, you know a yoga fan or three that you'll eventually need to buy a gift for. No ideas? No sweat! You won't need to bend over backward to get hold of these funky, creative, useful and beautiful items perfect for the yogi in your life. Yoga is meant to stretch your body and mind, not your wallet, so we've kept price in mind too.

We're sharing these items because we love them, and we hope you do too. Publishers Clearing House might make some money if you buy something through our links (at no additional cost to you).

For the bath



COURTESY UNCOMMON GOODS

After an energizing hot yoga sesh or muscle-burning sets of chaturangas, a relaxing bath is just the thing to make you go "Ohhhhhm." This shea butter bath salt set has seven indulgent varieties to go with the seven chakras, tinted with heavenly scents like sandalwood and rosemary.

To buy: [Uncommon Goods](#), \$24

For the air



COURTESY WALMART

In yoga, the candle's flame represents one's inner light. Encourage your yoga lover to focus on theirs with this set of four scented soy candles that comes in a mandala-decorated tin. With aromas like fig and spring, these are certain to brighten anyone's practice.

To buy: [Walmart](#), \$20

For the chakras

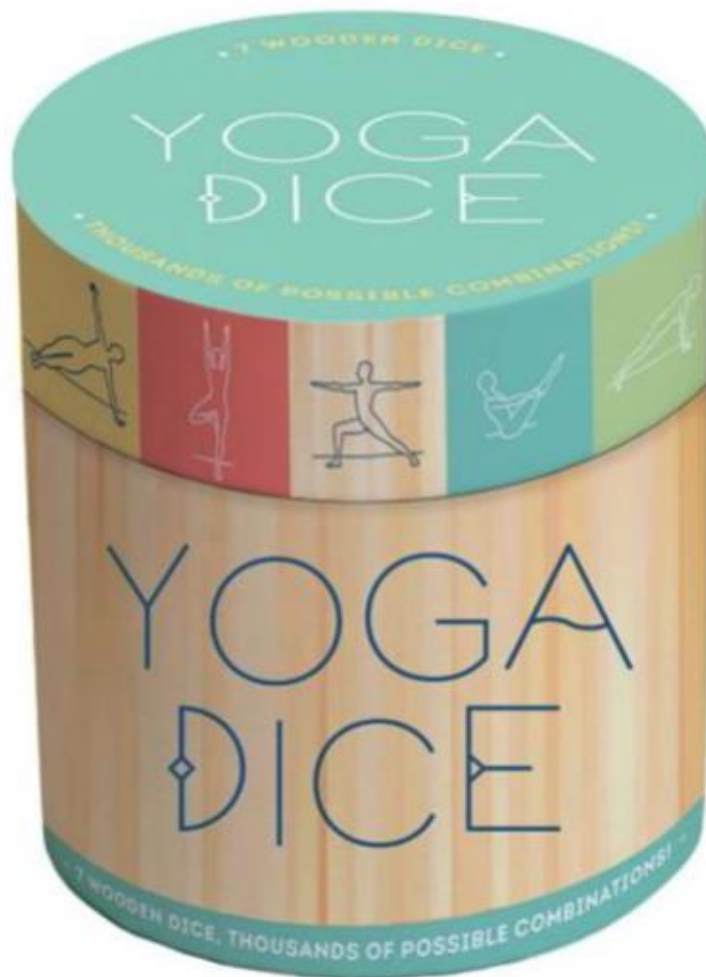


COURTESY NOVICA

As any yogi knows, the seven chakras in the human body need to be aligned for optimum wellness, and gemstones help this process along. This hand-knotted necklace includes quartz, onyx, carnelian, tiger's eye, lapis, amethyst and amazonite, each of which corresponds with a chakra. Hematite beads allow for personalized length adjustment.

To buy: [Novica](#), \$27

For fun



COURTESY WALMART

Successful yoga practice can be a roll of the dice - literally, with this set of seven wooden cubes each featuring a different pose. With endless combinations of sitting, standing, balancing and twisting, your yoga-loving friend is guaranteed to "hatha" great time.

To buy: [Walmart](#), \$16

For the head



COURTESY FREE PEOPLE

Few things are more distracting during practice than a stray hair tickling your nose while you're trying to hold your Downward Dog. Free People's lightweight, stretchy, scrunchy headbands reign in all that hair - bonus, it can be worn as a scarf, too.

To buy: [Free People](#), \$20

For yoga bros



COURTESY UNCOMMON GOODS

San Francisco resident Dan Abramson wanted to encourage men to do yoga in a funny, appealing way - and came up with Yoga Joes, a twist, if you will, on classic little green army men. This troop's mission is to keep the inner peace with poses like Warrior One, Crow and Tree while inspiring guys to go with the flow.

To buy: [Uncommon Goods](#), \$25

For the ears



COURTESY WALMART

Tibetan singing bowls are believed to generate a healing, meditative energy with their low-frequency sound. This set comes with a hand-hammered brass bowl, wooden striker and hand-sewn pillow to elevate your favorite yogi's practice. And what's real music to our ears is that price.

To buy: [Walmart](#), \$18

For yogis on the go



COURTESY EVERYDAY YOGA

For busy people who want to fit a class in during the workday, a stylish but useful tote is indispensable. The Gaiam Metro Gym Bag has a large main compartment, two magnetic-close pockets, zippered inside pocket and a cinch with barely there straps to hold a mat. It can double as a weekender, too.

To buy: [Everyday Yoga](#), \$25

For refreshment

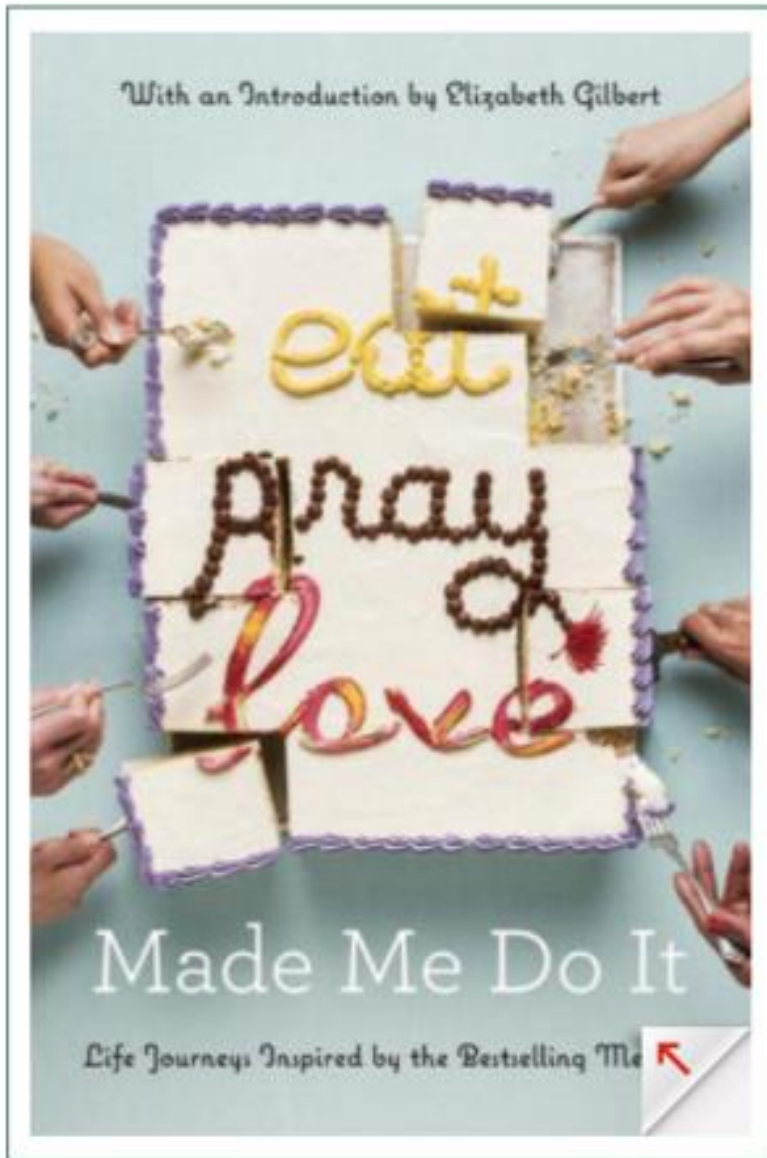


COURTESY MAX WAREHOUSE

Does the yoga lover in your life enjoy tea after practice? Make the party extra special with Primula's round teapot set. It comes with a diffuser and two tea flowers that delightfully unfold before your very eyes in the round glass container. Each flower can be used three times in 24 hours.

To buy: [Max Warehouse](#), \$14

For the mind

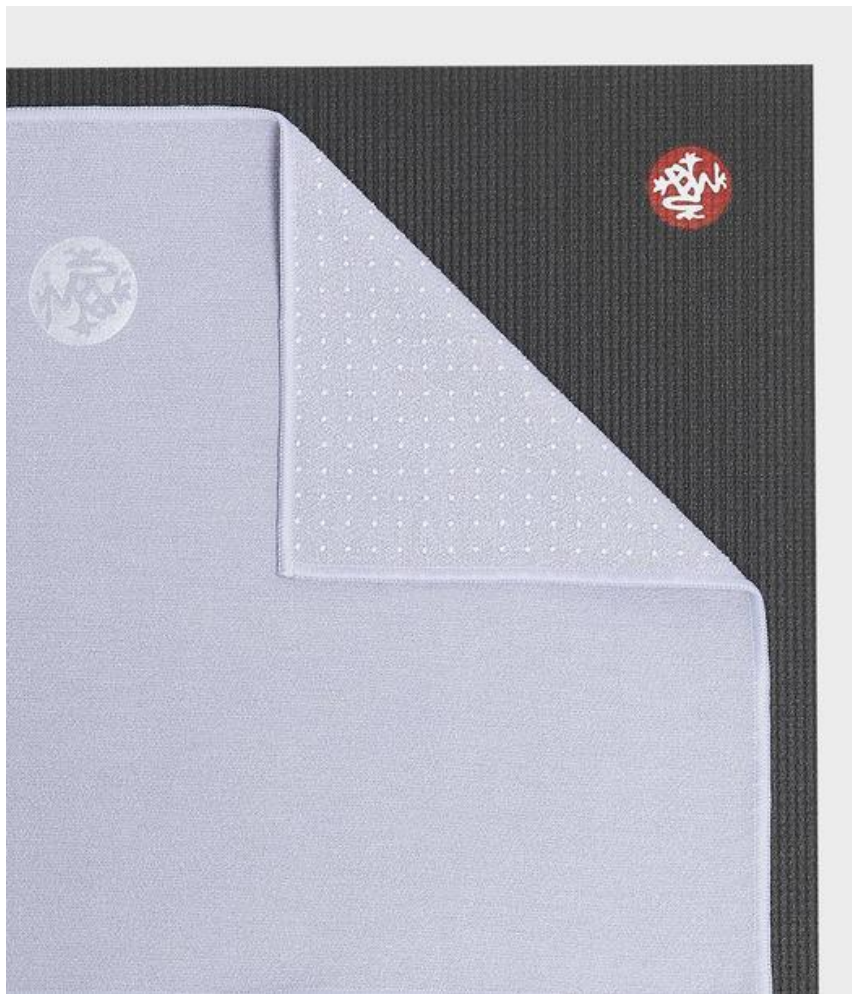


COURTESY BARNES & NOBLE

Elizabeth Gilbert's *Eat Pray Love* has inspired people to live their best lives since 2006. Now *Eat Pray Love Made Me Do It*, with an intro by Gilbert herself, features 48 candid, humorous and riveting stories about people motivated by the book to change their lives, whether finding religion, finding themselves, or yes, finding the perfect pizza.

To buy: [Barnes & Noble](#), \$16

For the body



COURTESY MANDUKA

A great yoga hand towel is a game changer, but a luxury that many people don't want to spend money on - which is why Yogitoes' hand towel makes a perfect gift. It's smaller and more portable than a full-size towel, but has all the grip thanks to silicone nubs that hug the mat like a champ. The towels are made of recyclable plastic, too.

To buy: [Manduka](#), \$20

For the sole



COURTESY EVERYDAY YOGA

Yoga socks not only keep your feet warm and dry by wicking away sweat, they're hygienic, too. Tavi Noir's mary jane-style socks, perfect for yoga or barre, have a fitted heel, arch support and a super-grippy silicone sole for the most difficult poses.

To buy: [Everyday Yoga](#), \$14

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