



Live well.
Enjoy more.
We handle the details.



Bethany Village
Graceworks Lutheran Services

bethanylutheranvillage.org
937-436-6850



Bethany Village
Graceworks Lutheran Services



We handle the details.

Embrace the good life.
A unique lifestyle.

The good life means something different to everyone. That's why the Bethany Village lifestyle is uniquely yours. Shape your perfect day, every day.

- Fine cuisine in a tasteful setting
- Casual and delicious bistro dining
- Fresh, fun and engaging social calendar
- An energizing and stabilizing fitness program
- Quiet moments to explore the parklike setting



Dine well. Enjoy more.

Elevated dining, inspired comfort food and upscale grab-and-go.

Bring your appetite for nutritious meals made with fresh, seasonal ingredients and your hunger to socialize and build relationships.

- **Fountain Place** – Offering a sophisticated setting for fine dining.
- **Plate & Table at Vista Place** – Featuring American home cooking in a casual setting.
- **The Bistro** – An inviting spot with high-end deli specials and grab-and-go meal options.

Turn to the next page for examples of our restaurant menus.

Dining choices. Lively conversation.

Enjoy more than a taste of
Bethany Village.

It's where you'll find new friends and a place to call home.

plate + table AT VISTA PLACE

soups

Boston Clam Chowder
Tomato Basil
Chicken Noodle
French Onion

entrees

Veal Piccata—Lightly floured and baked veal featuring tangy lemon, capers, and a rich buttery pan sauce

Shepherd's Pie—Ground beef braised with Guinness and sautéed fresh mixed vegetables, topped with pureed and seasoned carrots, and mashed potatoes

Crab Cakes—Jumbo lump crab seasoned and breaded, served with lettuce, tomato, aioli, and cocktail sauce

side choices

Au Gratin Potatoes, Fresh Broccoli, Whipped Potatoes, Brussel Sprouts, Carrot Raisin Salad, Tossed Salad, Applesauce

Fountain Place

APPETIZERS

Shrimp Cocktail—With house-made aioli and cocktail sauce

SALADS

Fountain Place Salad—Fresh-cut romaine hearts, freshly sliced apples, dried cranberries, and house-made Fountain Place dressing

ENTREES

Shrimp Scampi—Sautéed shrimp tossed with fresh pasta, topped with scratch-made white wine, and garlic lemon-butter sauce

Filet Mignon—Prime black Angus 8oz filet charbroiled to order and finished with house-made maître'd butter then topped with hand-breaded onion straws

WIDE SELECTION OF WINES AND BEERS

Join us for Sunday Brunch featuring made-to-order omelets and waffles

-THE BISTRO-

SOUP

Fire-Roasted Vegetable Soup

SALADS

Asian Salad—Romaine lettuce, baked chicken, roasted edamame, almonds, carrots, Chow Mein noodles, Mandarin oranges and sesame dressing

Cranberry Apple Salad—Romaine, chicken, dried cranberries, apples, and candied pecans with honey-lemon dressing

Chef Salad—Romaine, roasted turkey breast, ham, shredded Swiss and cheddar cheeses, hard-boiled egg, tomato, cucumber and choice of dressing

SANDWICHES

Reuben Sandwich—Corned beef, sauerkraut, 1000 Island dressing, Swiss cheese on toasted marble rye

Caprese Panini—Fontina cheese, tomato, spinach and basil pesto on panini pressed Italian bread

Full breakfast menu served each morning

Live well. Stay healthy.

Let's tailor a plan to keep you active and thriving.

Fitness shouldn't be intimidating. Share your fitness goals and tell us about any physical challenges you want to overcome. Enjoy the social and physical aspects of exercise classes or one-on-one time with a personal trainer. You'll have what you need to build your own exercise routine.

Bethany Village Fitness Center

Fitness Center Class Schedule

| | |
|---|-----------------|
| Everyday Strength: Monday, Wednesday, Friday..... | 9:30am-10:15am |
| PACE: Monday, Wednesday, Friday | 11:00am-11:30am |
| Circuit of Life: Tuesday and Thursday | 9:30am-10:00am |
| Rock Steady Boxing 1: Monday and Wednesday..... | 1:15pm-2:00pm |
| Rock Steady Boxing 2: Tuesday and Thursday..... | 1:15pm-3:30pm |
| Chair Yoga: Monday and Friday (Vista Lounge)..... | 3:30pm-4:00pm |
| Rotating Exercise Classes: Tuesday and Thursday..... | 10:30am-11:15am |
| BVTV Exercise Class: Tuesday and Thursday (Ch. 1)..... | 1:30pm-2:00pm |

The Bethany Village Fitness Center has two full-time fitness instructors on staff to assist you with your exercise plan.



Rock Steady Boxing

Rock Steady Boxing is the first of its kind: a national program designed to help improve the quality of life for individuals diagnosed with Parkinson's disease to manage their symptoms while staying active.

Embrace Life. Have Fun.

Enjoy activities that create good times, bring people together and inspire new interests.

Whether you love the excitement of a community-wide event, an off-campus outing or the intimacy of a small resident club, you can explore your interests and passions.

Life Enrichment Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|--|
| <ul style="list-style-type: none">• Worship services | <ul style="list-style-type: none">• Book Club discussion• Learning series UD• Cocktails and Canvas• Shopping center bus• Happy Hour | <ul style="list-style-type: none">• Helping Hands volunteer group• Art Institute tour• Bridge Club• Dinner Club | <ul style="list-style-type: none">• Walking Club• Writing Club• Library speakers series• Wii Bowling | <ul style="list-style-type: none">• Opera performance• Pet therapy• Mahjong group• Dinner Club• Bocce Ball | <ul style="list-style-type: none">• Resident Council Meeting• Walking Club• Women's Luncheon• Schuster Center performance | <ul style="list-style-type: none">• Technology Club• Croquet on the Green• Saturday night movies |
| <ul style="list-style-type: none">• Worship services | <ul style="list-style-type: none">• Book Club discussion• Learning series Sinclair Univ.• Shopping center bus• OSU Stadium behind-the-scenes tour | <ul style="list-style-type: none">• Walking Club• Art Institute tour• Helping Hands volunteer group• Pokeno• Dinner Club | <ul style="list-style-type: none">• Wii Bowling• Writing Club• Nature Center tour• Puzzle Exchange• Tea Room• Trivia & Treats | <ul style="list-style-type: none">• Hauer Swing Band• Caregiver support group• Ice cream social• Dinner Club• Bocce Ball | <ul style="list-style-type: none">• Walking Club• Billiards league• Men's Luncheon• Music performance by the lake | <ul style="list-style-type: none">• Technology Club• Croquet on the Green• Saturday night movies |