Meta Title: Guide on Staking and Winning Bets on Canadian Football

Meta Description: On this page, learn everything you need to know about how to bet on Canadian football including tips for betting on the CFL and the best betting strategy.

Canadian Football betting strategy guide

Canada is known for many things, one of which is its unique football style. Of all the sports available in this jurisdiction, football stands out. This is due to some features like its large playing field, energetic gameplay, and unique rules.

The popularity of Canadian football can also be seen in the number of wagers it garners at sportsbooks. You are on the right page if you wish to bet on Canadian football but don't know how. This article serves as a football betting strategy guide especially on the CFL.

We will cover;

The best Canadian football strategy

Tips for betting on football in Canada

Differences between American Football and Canadian Football.

And more.

Football Betting Strategy for Soccer vs CFL vs NFL

Strategy	Results in Soccer	Results in NFL	Results in CFL
Arbitrage	0	↙	0
Value	↗	↗	↗
Matched	↗	↗	↗
Lay	↗	0	0

Adapt your strategy by the sport you bet on

We tested the strategies listed in this article on different sports. The result of our research is what is contained in the table above.

The up-right arrow shows that the betting system is effective on a particular sport while 0 signifies that it failed to work.

A betting strategy can have seperate results depending on the sports you bet on. This is because some are formulated with specific sport games in mind.

NFL vs. CFL core differences

- American football (NFL) is different from the Canadian Football League (CFL)
- CFL features 12 players, while there are 11 in NFL
- 3 downs per possession in CFL vs. 4 in NFL
- CFL features a bigger playing field (110 yards long 65 yards wide) than NFL (100 yards long and 53 and ⅓ yards wide)
- There is no fair catch rule in Canadian football
- In CFL, any kick that enters the end zone is a live call, except for successful field goals
- Tested tips for betting on football

Start analyzing your games now

One of the most important ways to bet right on football is to analyze the matches before you wager on them. By checking statistics and past records of the team, you can understand how they performed against other teams and each other in their previous games. The information you will gain from researching the teams will guide your betting decision. Here

It is said that statistics is the basis of analysis. Here is to analyze matches using statistics.

Statistics

- Find a good CFL stats provider
- Look at historical records between the teams
- Compare expected touchdowns and other indicators etc
- Compare the calibre and delivery of the members of each team
- Look for the home and away stats of each team and the results of their past three matches.

Tipsters

Tipsters regularly provide information on the possible outcomes of sporting events. Top-notch tipsters are well informed about the sport; they do all the analysis and lead you on who and what to bet.

You will find several tipsters on the internets focused on the CFL since it isn't as popular as other sports globally.

Their tips could guide your betting strategy. However, Canadian Football, like all other sports, is unpredictable and prone to surprises, so don't rely too much on tips.

Watch the weather

Your pre-match analysis isn't complete if you don't factor in weather conditions during the game. This is because the weather is another factor that can impact the result of a game significantly. Here is how;

- Rain and snow can moisturize the field, reducing players' skills and mobility.
- The wind can affect passing and kicking.
- A weak fog can impair the visual abilities of the players
- The wind can also change the trajectory of the ball.
- A team that is used to playing in a hot zone will likely lose more matches in winter and vice versa.

Is there a home-field advantage

Almost in every sport, many teams perform better at home, in their own stadiums, than when they are visiting or away. This is referred to as the 'home advantage.'

Several factors have been attributed to this. Some of them include familiarity with their stadium features, following regular training routines and the presence of their fans to cheer for them.

However, teams don't win at their home stadiums every time; else, the game would be predictable and boring. So while the home advantage is a good factor to consider while betting on football, it should only form a part of your analysis.

Hedge your bets live

Hedging a bet means placing a second bet against your initial wager to ensure that you win a profit or reduce your losses at the end of the match.

Let's say you have placed bets on a game, and when the match starts, your chosen team isn't performing up to expectations. You can use live sports betting to hedge your poor bets.

- Decide your maximum wager size on each be
- Create and stick to your bankroll management plan
- Discipline is the keyword for betting profits
- Don't rush your bets
- Don't chase your losses
- Learn to take a break after a losing streak (3 losses)
- Don't bet based on passion or love for a team

Know your football bet types

Point Spread

Spread example	Meaning
Ottawa Redblacks -4.5	Ottawa to win by 5 points
Toronto Argonauts +4.5	Toronto not to lose by 5 points

The point spread is the margin of victory a bookmaker predicts the favourite will have over the underdog in a match. In the table above, a negative value of -4.5 means that Ottawa Redblacks is the favourite and is expected to win by at least 5 points to cover the spread. With a positive value of +4.5, Toronto is the underdog and can lose by 4 points or less to cover the spread.

Over Under

Over/Under example	Meaning
Over 3.5	Over 4 points in the match
Under 3.5	Less than 4 points in the match

Over/under refers to the total number of points an oddsmaker predicts will be scored during the game. The value is set by the bookmaker, and you bet higher (over) or lower (under) the number.

Moneyline

Moneyline example	Meaning	Total payout for $100 bet
Toronto Argonauts -160	Bet C$160 to win C$100 if Toronto wins	C$260
Montreal Alouettes +140	Bet C$100 to win C$140 if Montreal wins	C$240

This type of betting can be used in place of the point spread. Here, the team you win is not bound by any number of goals and is only required to win. As usual, the minus (-) represents the favourite, while the positive sign (+) indicates the underdog. It's easiest to calculate Moneyline bets when you use 100 as the baseline value. This makes the table above more explainable.

Player props

Apart from your standard Canadian football bets, there are also a wide variety of outcomes you can wager on. They are referred to as prop bets; here are some popular options

- Over/Under on total passing yards
- Player to score the first touchdown
- How many interceptions a quarterback will have
- How many rushing hands will the top running back have and many more.

However, if a player you're betting on doesn't start, the bet counts as void.

Futures

Future bets are made on events in the future, such as the league, Super Bowl and The World Series championship. In essence, they imply choosing the winner of a league.

Best Football betting systems

Arbitrage betting

Arbitrage betting involves comparing the odds from multiple bookies and placing hedge bets that give you a certain payout risk-free. It is when you place more than two bets on the same event at more than two sportsbooks.

However, you should keep in mind that some online casinos/bookies do not allow arbitrage betting and will close your account if you employ it.

How to find arbitrage opportunities

- Start by searching for arbitrage opportunities at sportsbooks manually
- Check for arbitrage scanner services to see if they are scanning a particular bookmaker
- Find the highest odds
- Open Canadian football markets at several sportsbooks
- Compare the odds of the markets
- Place bets at X odds on a sportsbook
- You can use an arbitrage calculator to check the amount you would need to wager on the other sportsbook(s)
- You claim a risk-free bet

Value betting

Value betting is when you find odds that give you an edge over the bookie. You can also say it refers to capitalizing on "off odds" at a particular sportsbook. When you find such odds, objectively access it and see whether the bookmaker had overvalued a bet, then you can wager on it.

However, you need to be objective and be sure about your facts before banking on value bets.

Value betting in poker vs sports betting.

If you are familiar with wagering on poker games, then value betting may not be a new idea to you because they are based on the same idea.

Value betting in poker simply refers to wagering as if you have a better hand than you actually do. By doing so, you get the opponent(s) at the table to start thinking they got a worse hand than yours. They will play along these lines and in no time commit an error you will use to your advantage.

However, note that value betting in sports is even more realistic and practical than poker because you are placing bets based on an objective assessment birthed from multiple stats

and figures. However, in poker, you are making these bets based on your intuition and card counting skills.

Either way, Value betting can be profitable if done properly.

Matched betting

Match betting means claiming a free bet and placing a risk-free bet. It works by using free bets and other promotions to cover all outcomes of a match. When you match-bet on college football, it can open you up to profits since it won't matter which team wins the game.

Lay betting

Lay betting, in simple terms, refers to wagering on something not to happen. For instance, if you lay a football club to win, you will get a payout if the team loses or the game ends in a draw.

When you lay a favourite, it means you are counter-betting on them. This strategy is common to betting exchanges.

- For instance, if you come across a Moneyline odds with BC Lions -160 and Edmonton Elks +120
- If you lay BC Lions, it means you are betting on BC Lions not to win the match
- Your bet is settled as a winner if BC Lions lose or draw the game.

Where to bet on football?

Casino	Sports betting	CFL League	Welcome bonus
Betway	✓	Yes	100% match up to $100
888 Casino	✓	Yes	First $10 bet attracts $30 in Free bets
ComeOn Casino	✓	No	100% bonus up to $100
Zet Casino	✓	Yes	First Deposit Bonus $150
bet365	✓	Yes	Up to $30 in Bet Credits
	✓	No	

Best football betting strategy for CFL

Having researched and tested several football betting systems, we can rightly say that finding value is the best way to maximize your bets on the CFL. Therefore, value betting is the best and most practical betting strategy. Here are more reasons why we select value betting as the best football betting strategy.

- It is simpler and cheaper to learn
- You are not possibly breaking any rule
- It could give you an edge over the bookmaker
- You will profit in the long run
- Having more than one betting account is not compulsory

Enhance your value betting

The best way to implement value betting in your online betting strategy is to start by claiming a bonus at the sportsbook. We believe bonuses and free offers are essential to having a top-notch sports betting experience.

That's why we only recommend casinos that offer bonuses when you play their sportsbook options. So sign up, claim the welcome offer and start finding value odds to bet on. Have an exciting and rewarding sports betting adventure!