



Is CBD Oil Safe for Children

Summary

CBD Oil for children: What you need to know	2
CBD Oil for Kids with Epilepsy: safe, effective, or trend?	4
Is CBD Oil safe for children? A comprehensive guide	6



CBD Oil for children:

What you need to know

Cannabidiol is just one of the many substances found in the Cannabis plant. In recent years, some studies suggested that it has many benefits and applications for human health, including for children.

But not everyone trusts this compound due to its origin and the fact it is still in early studies phase. Although research has concluded CBD can be taken safely daily, there are still people suspicious about it, especially when it comes to children.

Hence, in this post, we will discuss everything you need to know about CBD and their uses on kids. We will see that this information can surprise you! Keep reading!

The safety of CBD

CBD is a safe substance for humans. Many people already take it to treat a wide range of conditions, from psychological disorders to ordinary joint pain. CBD is not toxic for human. Also, it does not make its user numb or dizzy, such as other cannabinoids, namely the THC.

Thus, CBD can be taken by anyone, excluding of course pregnant women and special cases. If you are undergoing complex treatments, get advice from your doctor. Excluding those cases, everyone can take CBD Oil freely.

The CBD safety is acknowledged for specialists and authorities, which is reflected on the substance legal status and regularisation. CBD can be bought and sold in the open market, and its most popular form is CBD Oil.

Yes, CBD is legal, safe and does not make you high. Instead, it can help your body rebalance its chemistry, improve your sleep quality, fight anxiety and depression, and even relieve pain.



The most promising CBD properties for medicine, however, is its potential to treat symptoms of conditions like ADHD and Epilepsy. It also serves as a substitute for opioids for patients undergoing hard treatments, for instance, chemotherapy.

CBD for children

But is CBD safe for children?

The answer is yes, CBD is safe for children. Not only it is safe, but it is already used as an alternative treatment by several parents across the world and in the UK.

A lot of parents already are comfortable giving CBD Oil to their children, and they are not wrong. The substance is effective to help kids cope with several conditions, for instance, epilepsy, anxiety, and hyperactivity. Some people even use it to help kids with autism going through the day.

So, CBD is not just a trending topic, but also a potential ally that inspires hope on a lot of parents that want to give their children a better life.

If you are interested in testing whether CBD Oil works for your children, you can do it safely with ease of mind. Remember to start with lower dosages, consult a doctor, and choose a trusted supplier.



CBD Oil for Kids with Epilepsy: safe, effective, or just a trend?

One of modern medicine most intriguing subjects is the real application of CBD and it promising results on treating epilepsy symptoms in kids. Nowadays, we already have data backing up the fact, but not everyone is convinced.

A lot of parents today are already comfortable giving their children CBD, especially in the form of CBD Oil. However, despite its potential, the substance is still face some stigma from society.

Thus, in this post, we are going to dwell on the question of whether CBD oil can be used safely in helping kids with epilepsy.

The kinds of Epilepsy in Children

The most characteristic symptom of epilepsy, in kids and adults, is the recurrence of episodes of seizures. Seizures are sudden bursts of involuntary activity between nerve cells, which cause abnormal movements in muscle tones which the person cannot control.

Epilepsy is a condition caused by some kind of brain damage. So, kids can develop epilepsy by head injuries, difficulties at birth and also infections that affect the brain, such as meningitis.



While there are many kinds of epilepsy, there are two kinds that tend to attract more attention from the scientific community. Those are more rare and severe forms of epilepsy: the **Lennox-Gastaut syndrome** and the **Dravet syndrome**, also classified as **epileptic encephalopathies**.

Fortunately, both syndromes seem to be treatable, or at least appeaseable, by cannabidiol. That makes CBD Oil a promising product to help kids suffering from these conditions.

Lennox-Gastaut syndrome (or LGS) is one of the most severe epileptic encephalopathies, characterized by multiple seizure types, abnormal and complex results on electroencephalographic (EEG) recordings, and impairment of cognitive function.

Dravet syndrome (or DS) is an untreatable paediatric epilepsy, often associated with an increased mortality level. The condition is characterized by frequent and prolonged seizures, slow cognitive development, speech impairment, sleep disturbances, and other health problems.

CBD may just be the answer

The greatest challenge of both LGS and DS is its resistance to traditional and commonly known pharmacological treatment. The increased resistance is what make those epileptic encephalopathies so much severe.

This is why the scientific community is so interested in CBD. A [study](#) from 2019 has shown that oral administration of CBD can ease the symptoms of both diseases, something that alternative treatments fail to achieve.

The study cites the historic use of cannabis as a homoeopathic agent and its anecdotal and preclinical evidence on preventing seizures in kids. A lot of other factors also facilitate the acceptance of CBD, such as the positive media coverage and reports disclosed by users.

That said, the study also states that "the exact mechanism of CBD anticonvulsant effects is unknown in humans". The evidence is only empirical, but studies also show that CBD is safe for kids to take while following common recommendations: start with lower doses and stick with a trusted supplier.



Is CBD Oil safe for children? A comprehensive guide

More and more parents are choosing to treat their kids with CBD, or cannabidiol. The lipidic compound, found in Cannabis plant among several other substances, is argue, inside and outside the scientific community, as a promising way of treating several conditions.

The administration of CBD on kids has become very popular, especially as an alternative method to ease psychiatric disorders and rare diseases, like the Lennox-Gastaut syndrome and the Dravet syndrome.

With such abundant information and scarce evidence, it is easy to be overwhelmed. Hence, in this post, we will guide you through the facts of CBD and explain its safety concerns for kids!

What is CBD and how to deliver it to kids?

CBD is a safe compound for any human. Some studies suggest that CBD would only be toxic on level above 20,000 mg, all taken at once. This is 1,000% higher than the recommended dose for daily users.

Addressing the elephant in the room, CBD does not make anyone "high". It lacks the psychoactive properties of THC, or tetrahydrocannabinol (the active component responsible for the drowsiness effect of Cannabis Sativa and Cannabis Indica).



Cannabidiol can be delivered to kids in many forms, with the CBD Oil being the most practical and, thus, the most popular. Parents can mix the Oil in their children's food and beverage to facilitate the administration. Afterall, CBD Oil can be a bit too bitter for a kid's taste.

As for safety, you can rest. CBD is considered to be a safe substance for both adults and kids, being authorized by authorities like the World Health Organization. The international organization has published a report on Cannabis acknowledging it is "generally well tolerated with good safety profile".

Treating children with CBD

There is a wide range of conditions on children that can be treated with CBD, but ordinary conditions are rarely the goal when we think about the treatment of children. The most common cases involve psychological disorders and more severe conditions.

Anxiety

A 2015 [study](#) has shown promising results for CBD as a treatment for anxiety in kids. CBD is often associated with a relaxing effect, improving mood, and also helping people to sleep better.

Hyperactivity and Attention Deficit

Attention deficit / hyperactivity disorder (also known as ADHA) is a common condition that affects children, characterized by impulsiveness and difficulty on maintaining focus. That can lead to trouble in school and reduced confidence, which can provoke further problems later in life.

CBD is being used to treat ADHD, helping kids to focus, and feeling more relaxed. A lot of people report positive effects in managing ADHD symptoms, but further studies are still needed to understand how it happens.

If you know children facing those problems, CBD Oil can be an alternative and safe way to manage the worst symptoms of those conditions. Remember that it is safe for children to use CBD.

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Even so, the best advice is to consult a physician and to keep buying from a single and trusted manufacturer. This way, you can ensure your children are taking a product with the same standards of fabrication.