

HOW TO GET GLOWING SKIN WITH 5 EXCITING CBD OIL BEAUTY RECIPES



Finally, the pandemic is close to counting its days. Although a lot of sanitary measures might endure a few more months after immunization, social isolation is being waived in various countries. So, now is the right time to mind skincare!

As the summer approaches, glowing skin can mark your great comeback from the shadows of quarantine. And, for that, nothing is better than a soft silk-like glowing skin to impress everyone around you!

However, this achievement is not that simple. You cannot just pick whatever product the market is throwing at you. There are so many beauty products out there that promise to help your skin to glow.

Nevertheless, those products lack the most essential ingredient that can really help you achieve unrivalled glowing skin. Fortunately, we are here to make you aware. So, your best shot at glowing skin is with CBD oil.

CBD oil has the right antioxidant components for glowing skin. This essential oil also has anti-inflammatory properties that help rejuvenate your dead skin

cells. Beyond that, it will help keep your body free from acne and reduce the effect of aging.

Below, you will find some of the most doable CBD-infused beauty recipes that you could try at home today!

Check it out!

CBD Oil Infused Anti-Aging Cream

This CBD Oil Infused Anti-Aging Cream is a dream come true for those who are looking for a thick and heavy moisturizer. If you prefer natural products, this is the best procedure for you. This naturally produced seed oil is amazing for the regeneration of skin cells.

Among its benefits, the application of CBD oil will help boost and balance your immune system, act as relief, and reduce age signs.

The following recipe, which I am about to give away, is easy to make but highly effective. It is truly the best for a healthy skincare routine.

Things to prepare:

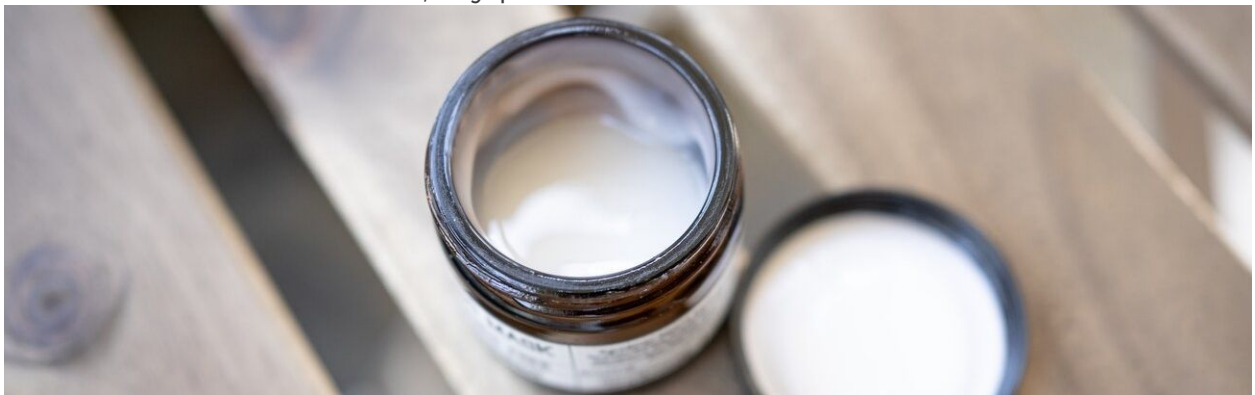
1. 10 drops of any essential oil
2. A spoonful of shea butter
3. Half a teaspoon of vitamin E oil
4. A tincture of CBD oil
5. 2 spoonfuls of beeswax
6. 2 spoonfuls of coconut oil
7. Half a cup of almond oil.

Tools:

1. Mason jar or any jar.
2. A saucepan.
3. Small jar or a jelly jar (this will serve as a container for your finished product)

How to prepare:

1. Put all the ingredients in a jar. Place the jar into a saucepan filled with water of about 1/3.
2. Turn on the heat to medium. Let the water in the saucepan simmer while you stir the jar's contents consistently. Don't let the water boil. If it's about to boil, lower the heat.
3. When all the jar's contents are nicely melded and melted, take it out of the saucepan. Turn the heat off the saucepan completely. Pour the mixture in a jelly jar or a small jar.
4. Cool the contents of the jelly jar at room temperature while the cap is off. Once it hardens into a creamlike or waxlike texture, seal the cap, and store it in a cool, dry place.



CBD Moisturizing Cream

This DIY CBD-infused Moisturizing Cream is also easy to make. This recipe features THC-free CBD oil that helps rebuild damaged skin and reduce aging.

When properly done, the moisturizing cream will help improve skin sensitivity and promotes a vivid acne-free body.

This recipe's final product shall give your skin a healthy daily dose of antioxidants, fatty acids, cannabinoids, and essential vitamins and minerals. It is easy and therapeutical!

Things to prepare:

1. 30 tincture drops of CBD oil (Buy pure CBD Oil Online)
2. 10 drops of chosen essential oil
3. 5 grams of coconut oil
4. 15 grams of cacao butter
5. 35 grams of argan or jojoba oil

Tools:

1. Glass bowl
2. Saucepan with boiling water
3. Dark glass jar
4. Refrigerator

How to prepare:

1. Put all the ingredients in a glass bowl. Put the bowl in a pan with freshly boiled water (off the heat). Stir all the contents in a glass bowl.
2. Once everything is melted and melded, pour the glass bowl's contents into a dark glass jar. Store it on the bottom part of your refrigerator.



Anti-Wrinkle CBD Cream

This Anti-Wrinkle CBD Cream is perfect for people who don't want heavy creams crammed on their face. For this recipe, I used a unique combination of ingredients that made a much lighter cream for your skincare.

The outcome is gentle enough cream for your skin, which does not cause facial redness but reduces wrinkles and fine lines. This is the best option for those seeking anti-aging effects on the body and a wrinkle-free face.

The cannabinoids in this cream have several properties that help people keep their glow and prevent lines from forming under your eyes. Thus, this recipe is for anyone who is looking to reduce wrinkles, but they also work to reduce any inflammation under the eye.

Of course, glowing skin is assured with this CBD oil cream!

Things to prepare:

1. 4 drops of essential oil of your choice
2. Half a tincture of **CBD oil**
3. Half a teaspoon of vitamin E oil
4. Half a teaspoon of shea butter
5. A spoonful of coconut oil

6. 1 ½ teaspoons of beeswax

Tools to prepare:

1. Piping bag
2. Saucepan
3. Pyrex dish
4. A jar

How to prepare the recipe:

1. Place the following ingredients on the pyrex dish:
 - coconut oil
 - beeswax
 - shea butter
2. Place the pyrex dish on a saucepan with enough water to let the dish float.
3. Turn medium heat below the saucepan. Let the water simmer, but don't let it boil. Stir occasionally on the pyrex dish.
4. Once the contents of the dish are thoroughly melted, get it off the saucepan and add the rest of the ingredients. Mix them.
5. Pour the contents of the dish into the piping bag. Pour the contents into a jar using a piping bag. Allow the contents of the jar to harden before using the product.



CBD-infused Face Tightening Mask

Did you know that CBD could boost the production of collagen on the skin? Yes, it does! Collagen is an essential protein that builds your skin and ensures it is elastic and young. So, the production of collagen in our skin tightens our skin and hydrates it.

Using CBD extracted from cannabis Sativa is a common recipe among many people because of its positive effects on the skin. Its ability to reduce inflammation, to give a glowing aspect, and other conditions are part of the reasons why I used it in this recipe.

Here's a simple DIY recipe for a CBD-infused Face Tightening Mask.

Things to prepare:

1. Two spoonfuls of bentonite clay
2. A teaspoon of cinnamon
3. Two spoonfuls of honey
4. Two spoonfuls of CBD oil.

Tools to prepare:

1. Bowl

How to prepare:

1. Mix the clay and cinnamon in the bowl.
2. Add the honey and CBD oil deliberately in the bowl. Mix them until they form a paste.
3. Spread the paste on your face for 15 minutes.
4. Wash it off with lukewarm water and get rid of the paste by using a gentle-textured towel.



CBD-Infused Night Cream

This CBD-Infused Night Cream is a rather basic face moisturizer. However, due to its thick consistency, it's ideal to be used for your nightly routine.

This recipe's outcome will give you a complete facial moisturizer to be used at night on a regular basis. This will provide your skin with the relief it needs from redness and other negative face conditions. Besides, it will give the glowing aspect you are looking for!

Results are visible by the next day, and all acne issues will even out or reduce.

Things to prepare:

1. Eight drops of lavender or rosehip essential oil

2. A spoonful of vitamin E oil
3. Two spoonfuls of Shea butter
4. A tincture of CBD oil
5. Two spoonfuls of beeswax
6. A cup of almond oil
7. Two spoonfuls of coconut oil

Tools to prepare:

1. Saucepan
2. Glass jar

How to prepare:

1. Put all the ingredients in the glass jar.
2. Fill the deep saucepan with water of about 1/3.
3. Place the glass jar in the saucepan.
4. Heat up the saucepan in medium and let the water simmer but not boil. Stir the contents of the glass jar.
5. Once melted and thoroughly mixed, get the glass jar out of the saucepan. Let it cool and harden. Put the lid back on and store it in a place away from the sun.