

# EXPRESS YOUR SELFIE!

**Reality star Joss Mooney tells us about partying in Ibiza and awkward celeb encounters...**



**L**ooking through Joss Mooney's Instagram feed, you'll notice that he's not exactly shy when it comes to whipping his top off.

But the former *Ex On The Beach* star is, quite rightly, proud of his super lean physique and, in among the snaps of his abs and enviable holiday destinations, you'll spot at least one picture of him with some clothes on!

Here, Joss tells us what's going on in this fun-looking group shot, why he used to dress as a naked spartan and the celeb he won't be asking for a selfie...

**So what's the story behind this holiday pic?**

A big group of us went to Ibiza. I'm really good friends with Holly Hagan and we decided to go on holiday together – and we met a lot of people out there. It was so much fun. I lay off the training when I go to Ibiza – we were just

partying – but I tried to eat healthily so I could drink what I wanted!

**Are you in touch with your Ex On The Beach gang?**

Not really. Ross Worswick is probably the only one I'm in contact with – he's my best friend. But I recently did *Beach Body SOS* for MTV with Vicky Pattison and we're getting on quite well.

**Do you have any selfie regrets?**

When I was in the Dream Boys, I had to wear some really weird stuff. For example, I'd be backstage dressed as a naked spartan or something like that, and then I'd take a selfie. People would say to me, "Joss, what are you doing?" But it's like when you look back at a picture from a year or so ago – at the time you thought you looked really cool but now you're just like, "Oh no, why did I do that?"

**Confess – do you spend a lot of time of social media?**

Yeah, mostly I'm promoting my fitness brand so I try to do lots of Instagram stories and I'll upload a picture every two days. One of my recent posts got nearly 19,000 likes! But I'll only scroll through and read the comments when I'm bored or if I'm on the train.

**Ever had any really awkward celebrity moments?**

[Laughs] Erm... yes, I have. A few years ago, I was hosting an event for Skinny Tan because they just needed a topless guy. I remember I was at the door greeting people and Stephanie Pratt walked in. I said, "Hi, you OK?" and she just looked me up and down like a piece of shit, rolled her eyes

and walked past me. I've never wanted to put a top on more!

**How many attempts does it take you to nail the perfect selfie?**

Five to ten, but recently I've been nailing a few on the head! There have been some days when I've tried to take one and given up, but you can always put a Snapchat filter on and boom. I'd never edit pictures of my body, though. There's a lot of body shaming on Instagram, so it's important to be as real as possible.

**Would you ever date anyone who started messaging you on Instagram or Twitter?**

I guess that depends who it was – but there's no chase there if someone slides into my DMs!

JADIE TROY-PRYDE

## SOCIAL ME...ME... MEDIA!

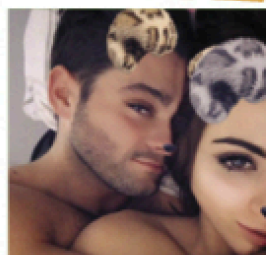
**Catch up with what the stars have been saying online**

**JONNY MITCHELL ON INSTAGRAM**  
Missing my weekend vibes.

@daniellezarbx

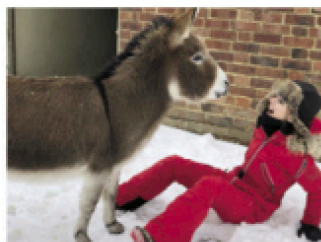
MONDAY, MARCH 5

Aww. CBB's Jonny gets cosy with his new squeeze Danielle Zarb.



**GERI HORNER ON INSTAGRAM**  
DONKEY!!!

SATURDAY, MARCH 3  
While the rest of the nation ground to a halt during Snowmageddon, Geri got to hang out with this cute fella. Nice ass!

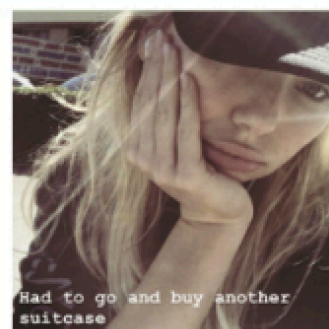
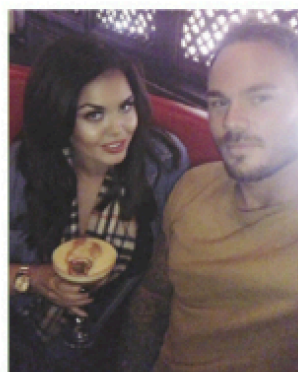


**SCARLETT MOFFATT ON INSTAGRAM STORIES**

Date night with my love

TUESDAY, MARCH 6

It looks like Scarlett is smitten with her hunky new boyfriend Lee Wilkinson.



**GEORGIA TOFFOLO ON INSTAGRAM STORIES**

Had to go and buy another suitcase

MONDAY, MARCH 5

After hosting *This Morning's* Oscars coverage, was the extra case to cart home your bulging goody bag, Toff?

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**abc**

July to Dec  
2017  
170,887