



# ways to prevent common safety risks as a female traveler

## Duplicate essential documents



Take a photocopy of your passport, visa, and other essential documents. The less you handle your passport in public, the lesser the chance it will get stolen or go missing

## Share your plans

Let your trusted friends and family know your travel plans, so in case anything happens, they know exactly where you are



## Blend in

Study the locals and try to dress and act like them. Try not to attract too much attention to yourself.



## Always travel during the daylight

Make sure whatever mode of transport you are using arrives before nightfall. There will be people around who can help, you are visible and you will be less of an easy target.

## Keep valuables safe

Keep valuables on you, hidden. Use a dummy wallet with small change, and make copies of your important documents



## Essential contact details on a piece of paper

Write the address and number of your accommodation on a piece of paper and keep it safe. It's much better to show a piece of paper rather than relying on your phone which might run out of battery or get stolen.



## Learn emergency phrases

Simple phrases like "help" and "stop" can be lifesaving in emergency situations

