

## WELCOME TO THE MEDICAL CITY FORT WORTH REHABILITATION INSTITUTE

At Medical City Fort Worth Rehabilitation Institute, part of the Medical City Healthcare system, our dedicated team provides the treatment you need and the compassionate, personalized care you deserve. Our rehabilitation specialists restore activity through comprehensive education and skilled therapeutic services, all committed to you and your health.

### Amenities & Services:

- Comprehensive, Magnet®-credentialed facility. Only 8% of U.S. hospitals earn Magnet designation, the gold standard for nursing excellence and high quality patient care
- Private rooms
- State-of-the-art gym with advanced equipment
- Fully equipped homelike kitchen with full-size appliances, bedroom and bathroom to practice functional life skills
- Therapy offered seven days a week
- Modified barium studies and fiber-optic endoscopic swallowing evaluations
- Full access to radiology, lab and pharmacy services
- Wireless internet access
- Free parking



## Inpatient Rehabilitation Services



 **Medical City**  
Rehabilitation Institute | Fort Worth

[MedicalCityFortWorth.com](http://MedicalCityFortWorth.com)

Referral Line: 817-347-1550

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## Continuing Care for Optimum Recovery

Some patients need continuing skilled care while recovering their strength and function after debilitating injury, stroke, trauma, amputation, neurological disorder, orthopedic intervention or major procedure.

We provide comprehensive inpatient rehabilitation services as the next step in recovery.

Our supportive, caring environment is focused on emotional and physical needs. Our goals are to help patients realize optimum recovery, restore independent function for daily activities, and assure a seamless transition to follow-up and outpatient care when it's time to go home.

## 24-Hour Nursing Care & Multidisciplinary Rehabilitation

Inpatient rehabilitation assures immediate access to medical care while engaging patients in their recovery process. From assessment and treatment to patient and family education, we customize a plan of care based on the individual's diagnosis, needs and personal goals. Our multidisciplinary approach includes:

- Physical medicine and rehabilitation physician
- Rehabilitation nurses
- Physical, occupational, speech/language and respiratory therapists
- Pharmacists
- Dietitians
- Social workers and case managers



## Providing Comprehensive Therapy Services

There are numerous benefits to receiving daily therapy and treatment.

### Physical Therapy

- Decreasing pain
- Regaining strength, endurance and mobility
- Improving balance, posture and gait
- Reducing further injury or disability

### Occupational Therapy

- Restoring function and strength
- Improving self-care skills and quality of life
- Assuring safety with adaptive equipment

### Speech Therapy

- Improving communication and cognitive skills
- Regaining swallowing and speech skills

Services may also include access to:

- Nutrition counseling
- Assistance for community reentry or return home
- Emotional support and patient education

### Patient Referral & Admission Criteria

Patients with a medical necessity for inpatient rehabilitation:

- Are medically stable, but unable to perform self-care or mobility activities
- Need at least two skilled rehabilitation services
- Have potential to improve function and living skills

A physician's order is required for referral. Our staff is experienced in working with medical staff and insurance companies to assist with admission.

