

JULIEN GREMAUD

Meet Chef Julien Gremaud, owner of Avocado Grill, a West Palm Beach eatery that has been pleasing the locavore-driven palate since 2014. Hailing from St. Tropez, Gremaud draws inspiration from that sunny, seaside paradise and translates those touchpoints effortlessly into delicious South Florida fare. Here, Gremaud talks about his favorite Middle Eastern dish, the magic of winter and why Downtown West Palm Beach should be visited regularly.

How I've seen downtown grow:

"Downtown has grown so much since I've been here — close to 10 years. It is exciting to see how it has evolved, and I am very much looking forward to what is to come. There are new residences, restaurants and shops. Brightline has been a great addition to the traffic here. I love to travel and experience new cities, and to see West Palm Beach grow and add things that I see in bigger cities is amazing."

What makes downtown unique:

"There is a great mix of places to eat, shop and have some fun. I love how there is something for everyone."

What I love most about downtown:

"Whether you want a fancier meal or a quick bite, if you want to shop or peruse art — even if you'd like to check out some local history — there is something that will satisfy your mood!"

Where I eat downtown:

"I love walking around Downtown West Palm Beach and stopping in to some of the great restaurants we have. Leila is a great spot for Shish Tawook (a Middle Eastern dish featuring chicken marinated in fresh garlic and olive oil with a zest of lemon). It is consistently good."



Julien Gremaud, owner of Avocado Grill. PHOTO BY JIM BERIAU

THE DOWNTOWNERS

West Palm Beach business owners dish about why they're downtown — and why you should be, too!

Where I play downtown:

"123 Datura is a great spot to visit when I'm done cooking. They have great cocktails and music, and the vibe is always fun."

Where I shop downtown:

"As a chef, my shopping is eating. I love to walk through the GreenMarket during season. Picking up fresh vegetables and herbs to use in dishes

inspires me. I love to give Avocado Grill diners a taste of the freshest possible food, and utilizing local produce is a priority for me. It's even better when I can get it just steps from the restaurant."

When I love downtown:

"Winter is the best! GreenMarket, the holiday activities, the events in Meyer Amphitheatre. The energy is the highest during the winter."

Why I want to be downtown:

"Downtown is a great place to be and a meeting place for locals and visitors. I love being in the action."

Why you visit downtown:

"You never know what you'll find in Downtown West Palm Beach. For me, it is a must-visit on a regular basis."

AVOCADO GRILL
Julien Gremaud

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