

THE ANSWER IS

Kovler

TODAY'S TREATMENTS, TOMORROW'S CURES



AT THE FOREFRONT
**UChicago
Medicine**

Kovler
Diabetes
Center



The University of Chicago Medicine Kovler Diabetes Center is a comprehensive center for *innovative* diabetes research and *unparalleled* patient care.

A National Institutes of Health Diabetes Research and Training Center, our mission is to provide holistic treatment, care and education that empowers our patients to effectively manage their diabetes for a lifetime.

INDIVIDUALIZED CARE

You have questions and Kovler has answers—*today.*

At the University of Chicago Medicine Kovler Diabetes Center, our nurses, clinicians and researchers know everyone's story is different.

Atypical or monogenic, type 1 or type 2—no individual is typical, and there are no one-size-fits-all solutions. The Kovler Diabetes Center treats the full spectrum of diabetes conditions.

Kovler is a place unlike other diabetes centers, offering highly individualized, personalized care. At Kovler, you and your care team are empowered to take the steps necessary to improve today, in order to have an even healthier tomorrow. Kovler specializes in supporting you, whatever your diabetes diagnosis, so that you can thrive now and look forward to what's next.

1.5 MILLION

Americans are diagnosed
with diabetes every year.*

KOVLER PARTNER

Amy Hess Fischl, MS, RD, CDE

Registered Dietitian, Certified Diabetes Educator and Program Coordinator, Teen Transition Program

On any given day, Amy Hess Fischl could help map out realistic dietary goals for people with diabetes, connect curious visitors with qualified diabetes educators or help a teenager who's been coming to Kovler since infancy move on to the next steps of a treatment plan.

"The cornerstone of diabetes management is individualization," said Hess Fischl. "We know that one size doesn't fit all. The most important thing is really to listen to what a person wants and needs."

Hess Fischl emphasizes accessibility as an important aspect of quality diabetes care. People with diabetes have a number of questions and having somewhere to find answers is key to their treatment process.

"People have access to us between visits. If a question pops up, they don't have to wait three months for an answer," Hess Fischl said. "We pride ourselves on being available. Those day-to-day things can become overwhelming, so providing constant, ongoing support really helps."

Kovler's nurses, clinicians
and researchers work
with you face to face.



**"The cornerstone of
diabetes management
is individualization."**

Amy Hess Fischl, MS, RD, CDE

Registered Dietitian, Certified Diabetes Educator and
Program Coordinator, Teen Transition Program



“I research, see patients, help build and direct Kovler, and help mentor students and junior colleagues who are destined to make ever bigger impacts on diabetes research.”

Louis Philipson, MD, PhD

Faculty Director, Kovler Diabetes Center;
James C. Tyree Professor of Diabetes
Research and Care, Departments of Medicine
and Pediatrics

AT THE FOREFRONT

Kovler is shaping diabetes care and treatment for *tomorrow*.

KOVLER PARTNERS

Louis Philipson, MD, PhD

Faculty Director, Kovler Diabetes Center; James C. Tyree Professor of Diabetes Research and Care, Departments of Medicine and Pediatrics

Named one of *U.S. News & World Report's* Top Doctors, faculty director Louis Philipson founded the Kovler Diabetes Center in 2006. Kovler is a consistent source of top diabetes experts thanks to Philipson's work.

“My junior colleagues continue to expand and grow our diabetes center as they take leadership positions,” Philipson said.

Meltem Zeytinoglu, MD, MBA

Assistant Professor, Department of Medicine



“I am proud to be a part of a place where there are subspecialists within diabetes that are national and international experts,” said clinician Meltem Zeytinoglu.

Zeytinoglu specializes in preventing endocrine disorders, including diabetes, and is working to bring more trials to the older adult population.

She enjoys working with a multidisciplinary team toward the same goal. “We’re all working to dismantle a disease that today affects 400 million people around the world,” she said.

Home of one of the most highly recognized diabetes clinicians in world, Kovler Diabetes Center founding faculty director Louis Philipson, Kovler carries on the rich legacy of UChicago Medicine's more than 100 years of diabetes breakthroughs and research.

Philipson has built a multidisciplinary team of leaders in pediatric and adult diabetes who are preparing tomorrow's diabetes experts.

Kovler's prestigious pediatric and adult endocrine fellowship programs attract the nation's top talent, ensuring that Kovler persists as an international destination in diabetes care and treatment long into the future. A leader in making clinical trials available to all individuals with diabetes, Kovler provides early detection and prevents the development of diabetes. At Kovler, clinicians, researchers and nurses are making the critical discoveries that will bring us closer to cures.

In 2017, approximately
425 MILLION
adults around the world
were living with diabetes.

By 2045,
629 MILLION
adults around the world
will be living with diabetes.**

REACHING AROUND THE GLOBE

Kovler is an *international* destination for care.

As a National Institutes of Health Diabetes Research and Training Center, the Kovler Diabetes Center sets the bar for excellence in diabetes care and research.

Part of UChicago Medicine's ever-expanding network, Kovler reaches beyond the Chicago area, across the nation and around the globe. And as the number of people with diabetes around the world increases dramatically each year, the number of patients traveling internationally to benefit from Kovler's breakthrough research and outstanding care also increases.

“We have access to world-class scientists. This makes us unique in the scale of research that we can do and the impact that we can make.”

Gokhan Dalgin, PhD

Staff Scientist
Department of Medicine

KOVLER PARTNER

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Department of Medicine

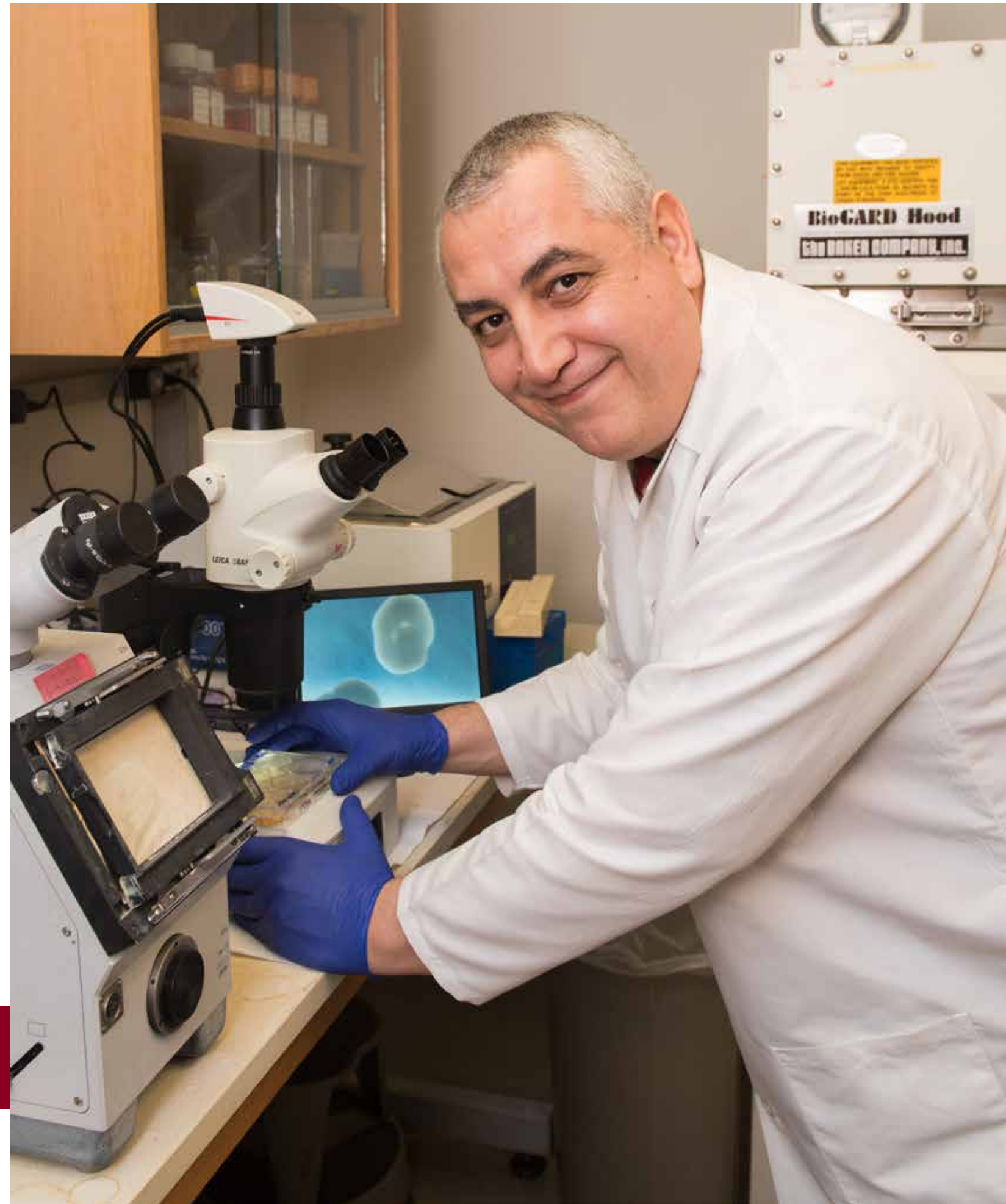
The Kovler Diabetes Center is one of few facilities that treat a very specific group of people: those diagnosed with monogenic diabetes. To treat these individuals, Kovler brings together a special team of expert clinicians, administrators, coordinators, geneticists and researchers.

Every day, developmental biologist Gokhan Dalgin conducts research to improve diabetes treatment. With access to premier facilities, Dalgin studies the systemic effects of diabetes drugs in a controlled environment. He monitors the dozens of miniature organs he's cultivated from stem cells. By introducing a drug to a miniature version of a pancreas or brain, he is able to monitor how the same drug might affect an actual person.

“We want to know if cells will respond to a drug,” said Dalgin. “Not every drug works perfectly for everyone.”

352 MILLION

people around the world are at risk
of developing type 2 diabetes.**





“I hear directly from community members about Kovler’s lasting impact. The work we do to inform people about diabetes is critical.”

Celeste Thomas, MD

Associate Director, Kovler Diabetes Center;
Assistant Professor, Department of Medicine

SUPPORTING COMMUNITY EDUCATION

Kovler is committed to *communities.*

KOVLER PARTNER

Celeste Thomas, MD

Associate Director, Kovler Diabetes Center;
Assistant Professor, Department of Medicine

Directly interacting with a community where diabetes treatment is so essential is part of what allows Kovler to make such a lasting impact.

For Celeste Thomas, fostering community outreach is a primary objective. Thomas has led, coordinated and introduced numerous Kovler events where community members learn about diabetes care from some of the world’s top physicians.

Thomas says one of the benefits of these community events is that attendees often go on to share this new information with their families and social networks.

“Families leave these events able to start a conversation about how they can prevent and manage diabetes,” she said.

At UChicago Medicine’s Hyde Park location, more than a third of admitted patients have diabetes.

Recognizing conditions that can contribute to or complicate diabetes is an important community concern, so the Kovler Diabetes Center reaches into communities to improve and even prevent situations that, if left untreated, could further escalate.

By reaching into communities, Kovler treats people with unique diabetes experiences, as well as provides education, psychosocial support, and pediatric and teen programming opportunities that offer information and resources.

1 in 3

patients admitted to UChicago Medicine’s Hyde Park location have diabetes.

1 in 5

adults living on the South Side of Chicago have diabetes.

1 in 9

Chicagoans have diabetes.

CARE AT EVERY AGE

Kovler treats the *entire* family.

Ideal for families, the Kovler Diabetes Center treats patients with any and all types of diabetes, at any stage of life.

Cures are different for different people. However, treatments that work for one family member can often work for another.

By serving the entire family, from children to teens to adults, Kovler allows individuals to build natural support groups and learn from one another's experiences while recognizing that treatments—and cures—are unique from one case to another. Kovler lets parents sleep better; Kovler lets kids be kids; and Kovler encourages families to connect with other families.

“I view my role as making sure that we’re doing the best possible job meeting the special needs of younger kids while taking care of the whole family.”

Siri Greeley, MD, PhD

Associate Director, Kovler Diabetes Center; Assistant Professor, Departments of Pediatrics and Medicine

KOVLER PARTNER
Siri Greeley, MD, PhD

Associate Director, Kovler Diabetes Center; Assistant Professor, Departments of Pediatrics and Medicine

Siri Greeley specializes in the care of infants, children and teenagers. He's part of a team of physicians trained to treat diabetes at every life stage and make sure the transitions are as seamless as possible.

Greeley was initially motivated to become a physician after witnessing his own father's battle with diabetes.

“I love being able to interact with families on multiple levels, like being able to play with the kids and explain things to them in a simpler, more straightforward kind of way,” Greeley said. “And then also being able to help educate parents.”

193,000

Americans under the age of 20 are estimated to have been diagnosed with diabetes.*

1.1 MILLION

children around the world are living with type 1 diabetes.**

Kovler serves the entire family, from children to teens to adults. ▶





*According to numbers recorded in 2015 by the American Diabetes Association

**According to numbers recorded in 2017 by the International Diabetes Federation

WHAT'S NEXT, *now*

Support Kovler today and help us find the answers.

KOVLERDIABETESCENTER.ORG



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AT THE FOREFRONT

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