





LEAN AND GREEN

All the gear you need to spring into your workout.



1 JAYBIRD TARAH PRO

jaybirdsport.com

\$160

These wireless headphones' 14-hour battery will get you through nonstop workouts, and they're completely weatherproof, so no rain, late-season snow, nor ungodly amount of sweat will dampen your ability to pump iron (and fists).

2 CATALYST WATERPROOF BACKPACK

catalystlifestyle.com

\$120

If Mary Poppins turned into a gym rat, this is the bag she'd rock. It holds up to 20 liters of stuff, yet (like magic) packs down to fit in your palm. And it's designed to withstand 32.8 feet of water, so feel free to wear it into your next ice bath.

3 HEX DETERGENT

hexperformance.com

\$10

Cleanse your clothes of all sweat, grime, and stank with this antistink, eco-friendly formula.

4 BIONIC BODY RESISTANCE TUBES

bionicbodygear.com

\$22

Tear-resistant and available up to 100 pounds, these aren't your mom's workout bands. Wrap around trees for presses and squat to your heart's content.

5 MERRELL TRAIL GLOVE 53D

merrell.com

\$100

These mesh sneaks were designed to feel as close to being barefoot as possible, helping you stabilize during rapid changes in movement, so you can hit the trails easily without risk of taking a hit.

6 RIDGE MERINO MEN'S HEIST HOODIE

ridgemerino.com

\$100

This stylish hoodie provides the feel of cotton and the warmth of wool—minus the itch and odor.

7 LULULEMON GRID TECH PANT

shop.lululemon.com

\$118

Lightweight and insulated, these pants were designed with your outdoor training sesh in mind, with secure pockets that protect your phone, keys, or wallet.

8 LASSO COMPRESSION SOCKS

lassogear.com

\$30

Keep your toes toasty and ankles safe with compression socks that prevent ankle rolling 75% more than other athletic socks.