

How To Survive In A War-Torn Country

War; the projection of an idea of a few men at loggerheads but mostly always suffered by civilians and the innocents. No one should like war and the truth is that no one really wins in the end. When you take into account the lives and infrastructures lost, families displaced and put in complete disarray, and future leaders reoriented by the tunes of war, then nobody really wins.

War most times is a long and exhausting endeavour. Another hard fact is that by the time the war is over, nobody really remembers why it happened in the first place. But it happens and war is real, most people never really understand how real it is till it begins.

Although soldiers go through horrendous nightmares at the war front, civilians also don't have it any easier. Surviving in a war ridden country can be tough and extremely hard but we've seen cases of people who have devised excellent means of getting by. This ingenuity shown by these lots is the reason why I can come up with this write up today. With lives being lost every day, it kind of makes it hard to get anything done or going.

But still people, when pushed to the brink, our survival skills as humans come to the fore. Humans are survivors after all.

How then do these people persevere and overcome this hardship and hard times.

The truth is, in war times, the rules are different and you must survive how you must. It's your ultimate task. This doesn't however mean resorting to the life of crime. There have been cases of people showing ingenuity to promote health and food supply.

As earlier stated, war is a different rule; certain things that you'd get away with normally, you won't now. Preserving is the number one rule of war, and that means no room for wastage. Use only what you need and know that everything can be used and serve a purpose. For example, during the World War II, throwing away of paper was deemed a criminal offence. Do you know how many good sheets of papers can do?

The same goes for food. Food rationing and planning is essential in war zones, especially as the bulk of it is stored for emergency situations. This is why it is essential in a war ridden country to try as much as possible to grow your own food. At the very least, have your own garden.

Self-production of manure and fertilizers are the best way to keep the agricultural going. People turn to local resources like rubble and trash to keep the farms fertile and yielding. A perfect example of this case was displayed by the residents of Eastern Ghouta.

Various organisations, NGO's and the UN run food programs in these areas but it's usually never enough to satisfy the growing masses. The UN World Food Program in Aleppo alone cooks and serves thousands of meals a day. It is essential to find these camps or outlets.

Health like food is also paramount and you must endeavour to try as health safe as you possibly can. It is never easy but you must try. There are really inspiring cases of medical

practitioners who keep clinics up and running through the help of volunteers from the local or neighbouring communities. A lot of these clinics are usually underground and are ever on the move as they can become easy targets of attacks.

In some countries, people bath with melted snow in order to preserve water. There have also been cases of people burning their furniture and personal effects in order to stay warm. People also try to purify their water with chlorine. People in some countries have even generated electricity from scraps.

The truth is that there is no definite way to survive in war-torn countries like Syria, personal experience in such situations is usually the best factor in devising a survival plan. After all, the saying is that experience is the best teacher.

The biggest advice to anyone in a war-ridden country is that you should get out when you still can. That can be the biggest survival tip.