

Sail through SUMMER

Our survival guide covers everything from packing to spending less, whether you're home or away



PACK LIKE A PRO

Here's how to ensure you're not overloaded – or underprepared

SMART STACKING

- Put shoes at the bottom of your case. Place them sole to sole in shoe bags and fill with rolled-up socks and phone chargers to help keep their shape – and save space.
- Consider buying packing cubes to compartmentalise your belongings,

or try Tesco's Monaco range of suitcases, which have in-built dividers – genius!

DON'T GET WEIGHED DOWN

Phone ahead to check if your accommodation has toiletries and a hairdryer, so you're not carrying unnecessary items. And if you need a new suitcase, go for an ultra-lightweight one so you don't waste your precious baggage allowance.

THE BIG SQUEEZE

Using vacuum storage bags will save space. Or try rolling clothes in resealable bags, then sealing as tightly as you can so air's compressed.

PREVENT CREASES

To stop creasing in your case, roll clothes after ironing. For shirts or blouses, layer with tissue paper to stop them rubbing against other materials.