

PureGym

Smart
students use
dumbbells



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Smart students use dumbbells

Hi <Name>

Exams loom, and revision's become your life. But here's the key thing to remember this exam season: work out, score high.

Tone up for higher grades

Someone wise once said that success lies in honing your mind, body and soul. But did you know that if you keep your body feeling great, your mind and soul will follow?

Learn to feel the burn

Fact: exercise increases blood flow to the brain, producing chemicals that decrease stress, boost mood and help you perform better mentally. It's students who make time for the gym who make the grade when it comes to exams.

Calm down, press up

We're here to help you take control of revision stress, and make your time work harder. There are 1440 minutes in the day. Invest just 30 of those at a PureGym class, and feel your nerves calm, stress subside... and watch those grades grow.

Ready to #Workitstudent?

GAME ON. LET'S GO

FIND FITNESS INSPIRATION

We're posting fast, powerful fitness challenges to keep you on your A-game.

FACEBOOK

Tune in for live gym classes with **Periscope** – work out wherever you are.

TWITTER

Need an PT pep talk? Lift your spirits and keep your cool with our inspirational one-liners.

INSTAGRAM

4th Floor
Town Centre House,
Merrion Centre
Leeds
LS2 8LY

Registered in England
Company No. 06690189 VAT
No. 945 5577 81

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Your home club is:
Pure Gym Birmingham City Centre
Fiveways Entertainment Centre
Broad Street
Birmingham
B15 1DA

Email us

*Terms and conditions apply – See website for details.**Subject to conditions.

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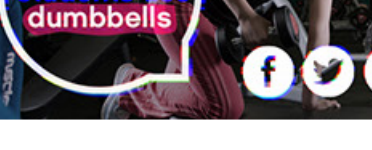







FITNESS & CLASSES

MEMBERS LOGIN



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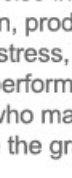
GAME ON. LET'S GO

FIND FITNESS INSPIRATION



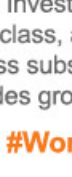
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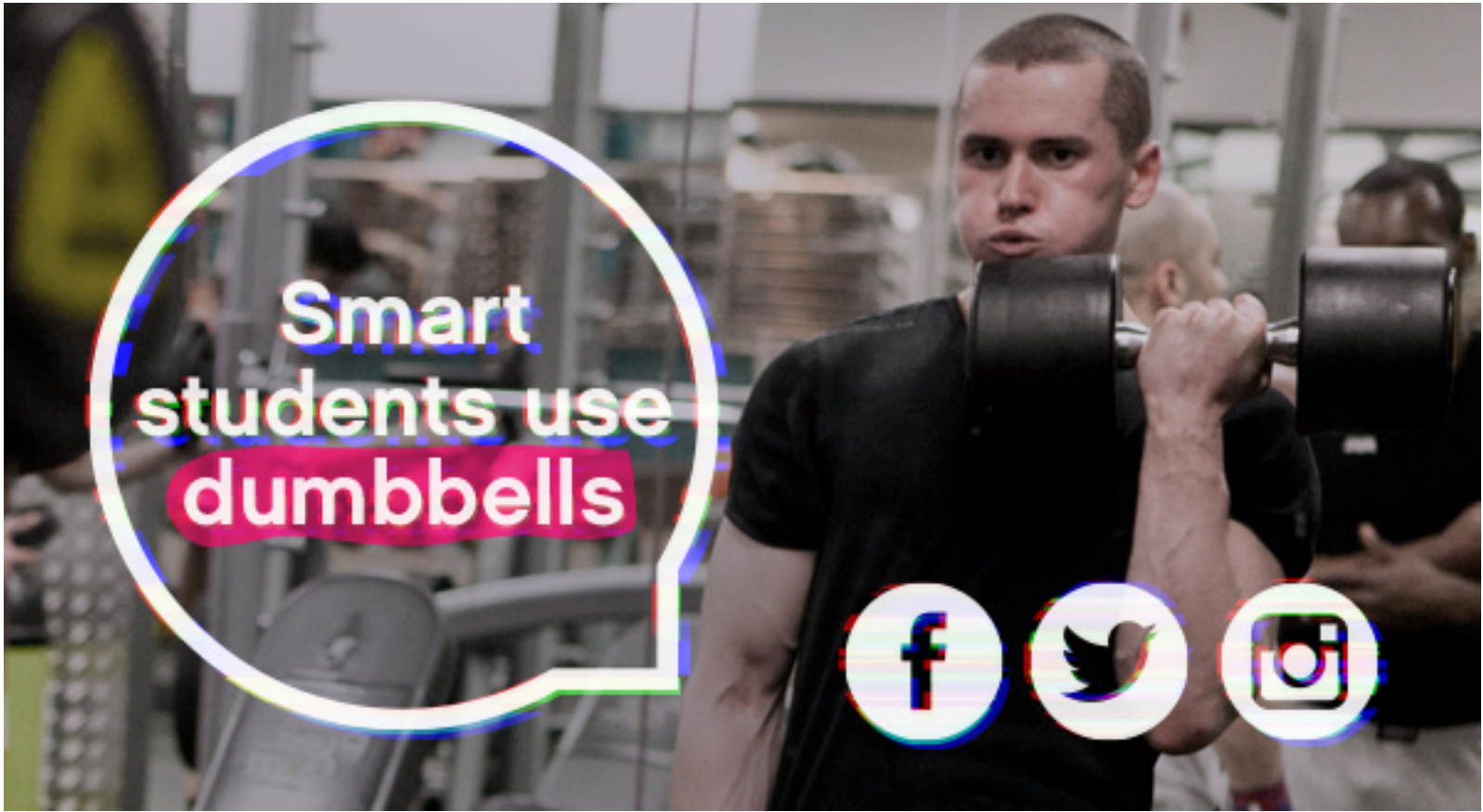


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PureGym™

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Lorum est ipsum student

Hi <Name>

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Lorum est ipsum student

Student book a class to lorem est lorem

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PureGym™
enjoy fitness

4th Floor
Town Centre House,
Merrion Centre
Leeds
LS2 8LY

Registered in England
Company No. 06690189 VAT
No. 945 5577 81

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Lorum
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Hi <Name>

Let's keep this brief Lorem ipsum dolor sit amet, consectetur adipiscing venenatis mattis metus non tempor.

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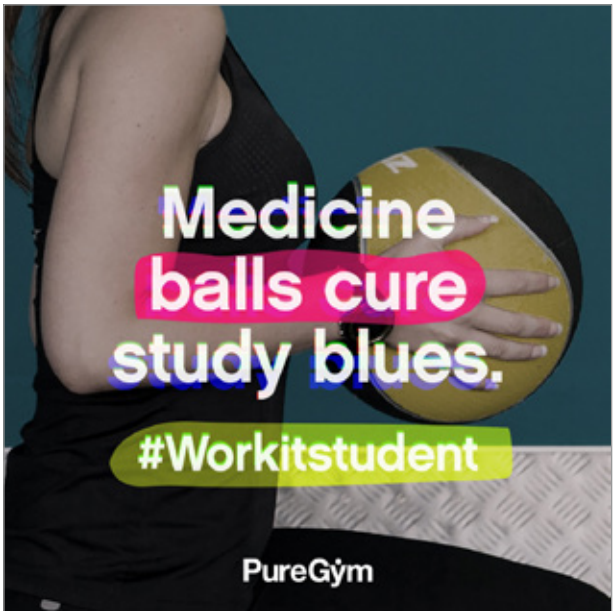
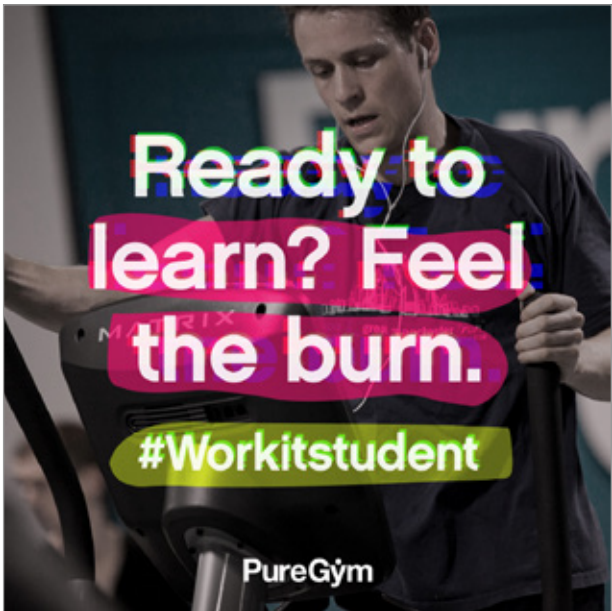
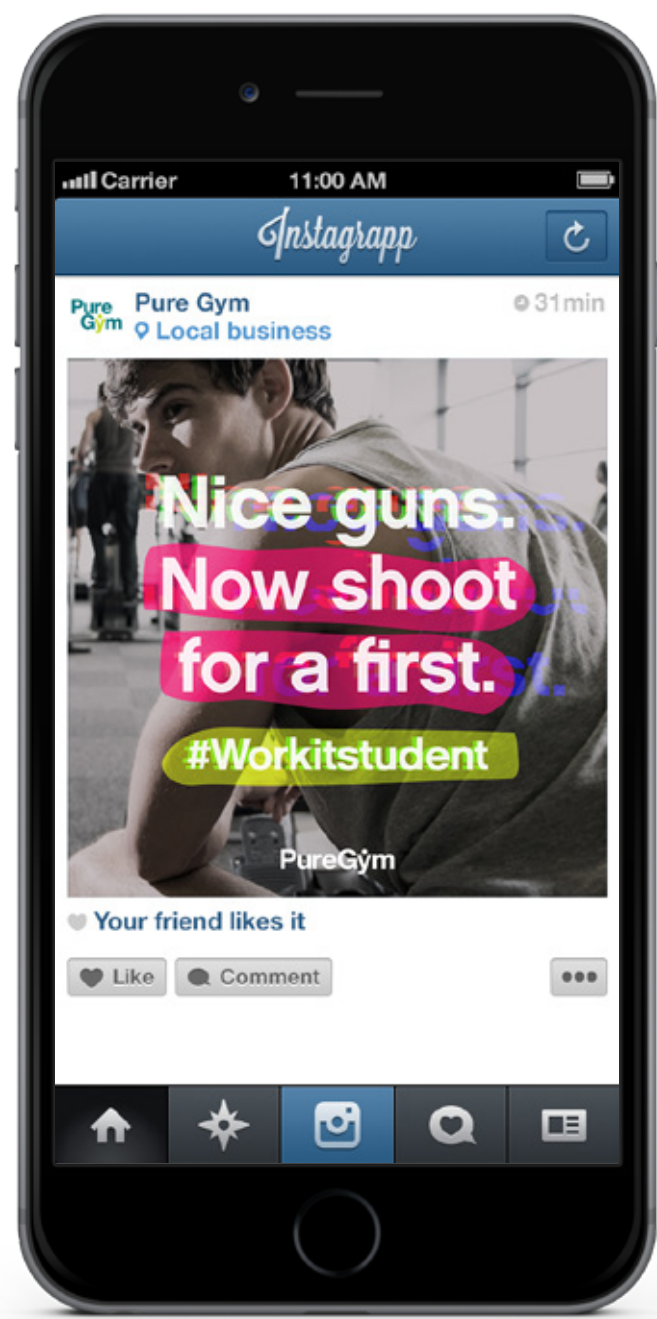
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INSTAGRAM



Lorum
est ipsum
student

The image shows a vertical banner advertisement for PureGym Birmingham City Centre. At the top, there's a circular inset photo showing two men in a gym setting; one man is wearing a black t-shirt and the other is in a light blue shirt. Overlaid on this photo is the text "Lorum est ipsum student" in a mix of white and pink fonts. Below the photo is a solid orange button with the text "VIEW CLASSES" in white capital letters. Underneath the button, there's a line of text: "Student book a class to lorem est lorem molestaie illium". This is followed by a paragraph of Lorem Ipsum placeholder text: "Lorem ipsum dolor sit amet, consectetur illium adipiscing elit. Cras ut dui varius, bibendum lorem tu est ipsum enim nec." Below the text is another solid orange button with "VIEW CLASSES" in white. The lower half of the banner has a white background. It starts with the PureGym logo, which consists of the word "PureGym" in teal and yellow, with the tagline "enjoy fitness" underneath. To the right of the logo is a small "TM" symbol. Below the logo, the address is listed: "4th Floor", "Town Centre House,", "Merrion Centre", "Leeds", "LS2 8LY". Further down, it says "Registered in England", "Company No. 06690189 VAT", "No. 945 5577 81". Below that is the copyright notice: "© 2015 Pure Gym Ltd". Then, there's a heading "Your home club is:" followed by the specific location details: "Pure Gym Birmingham City Centre", "Fiveways Entertainment Centre", "Broad Street", "Birmingham", "B15 1DA". At the bottom of this section is an orange button with the text "Email us" in white. The very bottom of the banner has a grey footer area containing two lines of fine print: "*Terms and conditions apply – See website for details." and "**Subject to conditions."





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