

Kendra's Cravings

"I eat throughout the day," says the 5-foot-4 model, who has added 24 pounds to her formerly 113-pound frame. Baskett starts off with a bowl of her favorite cereal, Lucky Charms, and then sends an assistant to fetch a BLT with Swiss cheese, avocado and pickles on toast. Later, she'll dine on chicken and fruit. "Watermelon is my cure for an upset stomach," she says. "I get cranky when Hank steals mine!"

Her Workouts

Her take-it-easy regimen involves lifting 8-pound weights while sitting on an exercise ball. ("I'm used to doing reps with 15 pounds, but I definitely don't want to do that now," she says.) The former *Girls Next Door* star also walks on a treadmill and hikes. "I'm going to start taking yoga," she says.

"I always wanted to have kids at 24," says Baskett (left, photographed with Kardashian in L.A. Aug. 23).

Party girls turned parents-to-be **Baskett** and **Kardashian** compare bumps and talk to *Us* about preparing for a new type of bottle service

Kendra & Kourtney

Talk Babies



WHAT A DIFFERENCE A PREGNANCY makes. Ten months ago, Kendra Baskett, 24, was a *Playboy* Playmate cavorting nude inside Hugh Hefner's legendary mansion. Flash to today: She's preparing for the arrival of her first child (Henry Baskett IV) with NFL player husband Hank Baskett, 27, whom she wed June 27. Kourtney Kardashian did a similar 180. Her life as single Miami party

girl came to a screeching halt when she learned she was expecting with her on-again beau, entrepreneur Scott Disick, 26. "I was just shocked. I felt like I had a piano sitting on my chest!" Kardashian, 30, tells *Us* of her initial panic. In an interview with *Us*' Melanie Bromley on August 23, the stars of *E!* reality shows *Kendra* (returns in 2010) and *Kourtney & Khloé Take Miami* (Sundays, 10 P.M.), opened up about becoming mommies as

their December due dates approach.

How did your guys react to the big news?

KENDRA I kept taking pregnancy tests every other day, but they were all negative. Then Hank and I were stuck in the airport in Amarillo, Texas, on our way to his annual golf tournament in Clovis, New Mexico, and I'm like, "Hey, let me take another one real quick, I have to pee anyway." So I go in the bathroom and it was

Kourtney's Cravings

Just because she's pregnant doesn't mean Kardashian is loading up on junk food. "Scott jokes, 'Get Twinkies and donuts!'" But I want to eat healthy," she explains. Her feel-good eats? Oatmeal, fruit or Raisin Bran cereal for breakfast and a caprese sandwich on wheat ciabatta for lunch. But when she's dining out, she's not afraid to splurge: "I order pasta or pizza, something good I feel like eating."

Her Workouts

"I haven't been going to the gym that much," the former running enthusiast says. Instead, the 5-foot-1 reality star, who has added 13 pounds to her 102-pound frame, is taking 4-mile trail hikes with her mom, Kris, and sisters Khloé and Kendall near their Hidden Hills, California, neighborhood.



"We almost got married in Las Vegas in 2007, but we've never been engaged," says Kardashian (with Disick Aug. 20).

positive. We both sat down on the baggage claim, and were like, "Oh, my God!" We were just in shock. And all of sudden, out of nowhere, all my symptoms hit me. I was like, "I'm hungry! Go get me something!" **KOURTNEY** Scott was living in New York City, but I called him and said, "I think I might be pregnant." And he was like, "I'll get on the first flight to Miami." I probably took 10 pregnancy tests. I was chugging huge bottles of water and taking them throughout the day. He was like, "How many of these tests are you going to take before you realize that you're pregnant?" But he was always very supportive of me having the baby.

"I feel like the timing was perfect and everything was totally meant to be."

KOURTNEY KARDASHIAN

You debated keeping the baby. Why?

KOURTNEY Some of my friends said, "Oh, just get an abortion. Can you really see yourself with a kid right now?" When I looked online there were all these stories of people feeling so guilty because they didn't think it through. For me, it was a journey to go through. I truly believe that everything happens for a reason. I'm 30 years old, I can afford to have a child

and I'm with someone who I'm in love with and who supports me. Plus, I have such a great family.

But the pregnancies weren't planned, right?

KENDRA We always hinted to each other from the beginning that we wouldn't mind having kids soon. We weren't trying, but we didn't use a condom that night.

KOURTNEY I forgot to take the Pill a few days in a row, so I was waiting until I got my period the next month to start taking it again the right way. Scott and I had been on a break for six months and we were slowly trying to work things out in April. When he was in town, I would tell Khloé [her sister, 25], "Alright, guys, I'm going to sleep!" And then I would sneak over to his hotel and sleep there, and no one had any clues.

So were you together when you discovered you were pregnant?

KOURTNEY I would say yes. We always had this definite bond and connection. We started dating in March 2007 and broke up in November 2008 because of trust issues that I had with him. It wasn't that I didn't trust him around girls; it was just certain ways that he would behave. He would go to New York and hang out with the wrong people and party and act a certain way that wasn't the Scott I knew. When we broke up, I was so like, "We are done with Scott, he is out of our lives." So then all of a sudden I'm like, "I am having a baby with Scott," and my family

said, "Wait, you made us hate Scott!" But these days, everyone has been really supportive of us. My mom and Scott have definitely been getting along.

Speaking of moms, you both broke the pregnancy news to your mothers on camera.

KENDRA I shouldn't have done that! I raised the champagne glass [at my San Diego bridal shower] and I was like, "Well, I can't take a sip of this because I'm pregnant!" She was very shocked. I don't think she could see me as a mom yet. I'm still her baby.

KOURTNEY Khloé and I went to my mom's house, and I made Khloé tell her because I could not say the words. She was so shocked! And telling Bruce [stepdad Jenner] was terrifying. But that man doesn't get shocked by anything in this family.

Tell Us about finding out the baby's sex.

KENDRA The whole time, I felt it was a boy. We took an at-home gender test, and it's not 100 percent accurate but we wanted to do it for fun, and it came out a boy. We went in [for a sonogram] to make sure. **KOURTNEY** I think I will find out just for decorating the nursery. I go to my doctor next week. I'm really excited to find out!

How are you doing emotionally?

KENDRA I cry over every little thing now! The other day at the grocery store I saw some little boys open

the car door for their mom, and I just started sobbing. **KOURTNEY** I throw bitch fits, and the other day, I was like, "This house is such a mess! Now that Scott's living in my house, there's stuff everywhere! We need to get it organized!" Everything I had to do, I blamed it on Scott.

Do you think you two will get married?

KOURTNEY We talk about marriage all the time, but there's so much to do with the baby. Planning a wedding right now would be too much. I'm not in a rush, but I can definitely see us doing it after the baby comes. I'm like, One step at a time. . . . Let's see how we feel tomorrow.

"I want to be a young mom, not the mom inside. I'll be the coach of the baseball and soccer teams!"

KENDRA BASKETT

Has your level of intimacy changed?

KENDRA I've been hornier! We'll be off-roading, and we'll go at it in the bushes somewhere! Or we'll be driving, and he'll pull over. Quickies are the best! If he lasts any more than a couple of minutes, I'm like, "I'm done!" I'm not joking: I'll stop.

KOURTNEY I feel like that too. I get so exhausted at nighttime.

"We always have date night every week!" says Kendra (with Hank at their June 27 I do's).



DOTING DADDY-TO-BE

Baby Baskett gets plenty of aural stimulation: When Kendra isn't putting headphones on her bump (country music during the day, classical at night) father Hank Baskett is bonding. "Hank talks to him all the time!" says Kendra. What's more, the Philadelphia Eagles star wishes he could be the one to give birth. "Hank's always like, 'I wish I had him in my belly,'" she says. "You get that one-on-one time with your baby."

Kourtney Then and Now

Kardashian, who sucked down champagne Dec. 31 in Las Vegas, tells *Us* she's done with crazy late nights. "I would rather sit at home in bed and eat a snack," she confesses.



Wild



Mild



Though her beau bought her a sporty new Porsche, the co-owner of Dash boutique says she's looking for a more kid-friendly ride: "I'm like, 'Do we want an SUV or a sedan?'"



How has your body been changing?

KOURTNEY My boobs have grown enormously. I'm popping out of my bra, but I still haven't gotten new bras yet.

KENDRA Oh, girl! I get it. I went from a size small sports bra to size large sports bra. These things just won't stop growing.

You have implants. Will you breast-feed?

KENDRA I was so scared that I wasn't going to be able to nurse that when I saw stuff come out of my nipples the other day, I was like, I can breast-feed? And

I asked my doctor who said, "That's fine, but it's not milk yet!"

KOURTNEY They say usually you can [breast-feed with implants]. I want to.

Any mom-to-be beauty secrets?

KOURTNEY To prevent stretch marks, I put on cocoa butter every day, twice a day. I lather my belly down.

KENDRA I just noticed [stretch marks] on my boobs, so I'm a moisturizing freak! I have it on 24/7. Hank rubs it on me almost every night too. He rubs it in my feet and everything — my boobs too!



"I have sexual dreams a lot too!" Bakett (right) confides to *Us*.

Baby Dream Decoded!

Kardashian says she dreamed she gave birth to a tiny baby that she kept in her pocket. "But I forgot it was there, so I'd sit down and squish it," she says. Kelly Sullivan Walden, author of *I Had the Strangest Dream*, weighs in: "It's normal for pregnant women to have nightmares about injuring the baby. It's preparing you to be super-careful."

Baby Dream Decoded!

Bakett, who grew up with cats, had a dream that she gave birth to one. "I'm like, What the f--k? I was so confused, and the nurse was like, 'Don't worry, it happens all the time.'" Says Sullivan Walden, "She loves her pets. It's her mind's way of connecting her with something familiar so becoming a mother isn't so scary."

How does your man feel about your new body?

KOURTNEY Scott loves it! He thinks it's so sexy. I still wear my sexy bra and underwear. I'm not gonna wear gross underwear! But last night, I came out of the room, I had just put lotion on everywhere, my stomach was shining and glowing, and he thought it was the sexiest thing. You know you have a good guy when he dies over it!

KENDRA Yeah, when I'm putting the lotion on, Hank will come behind me and just rub it and say, "That's so beautiful! Can we take a picture?"

Are you anxious about the delivery?

KENDRA At first I was scared, but as time goes on I'm more excited about it. I don't want a C-section, but I do want a lot of drugs.

KOURTNEY I think I'll [use pain medication]. My mom did with all six of us. If everything goes OK, I want to give birth vaginally. My doctor, Paul Crane, is the same guy who delivered me and all my siblings. He's like family.

Who is going to be in the delivery room?

KENDRA That is the red zone. Nobody is going in

that room except for Hank. He's the only one with the camera! I don't want anyone staring at my vagina. At first he said, "I'll be there next to you, but won't watch." But now he says, "I want to see the crowning moment." I'm like, "Will you have sex with me after seeing this?"

KOURTNEY Scott goes back and forth. He'll say, "I'm just gonna stand and hold your hand and not look," and then he'll say that he wants to see it. I was actually in the room when [half siblings] Kendall and Kylie were born. My mom was crazy: She

had all of us in the delivery room! I feel like my whole family will be in there, too. But if they start annoying me I'll say, "Everyone out immediately!"

Your lives have changed so much very quickly.

KOURTNEY Right before this all took place, Khloé and I went to Miami to be single, crazy girls having fun, focusing on ourselves. I made out with a girl, and we had a great time. I never would have thought that all of this would have happened to me.

KENDRA Partying was one chapter in my life and it

will always be a part of me. And when the baby's born, I'll bring him back to the [Playboy Mansion]. Hef is a huge part of my life, and I don't care about any other whore there. I care about Hef. He's a good dad, a great person, and I want my child to be around him a little bit.

What kind of mom will you be?

KENDRA I want to make sure that my boy knows I'm there every step of the way. I will be putting 100 percent of my love and time into my child.

KOURTNEY I feel like you

don't want to be too much their friend, and you don't want to be too strict. My dad [the late Robert Kardashian] was always the perfect balance.

What's the best thing about expecting?

KENDRA Finally in my life, I feel needed, like my baby needs me. I'm very attached and bonded.

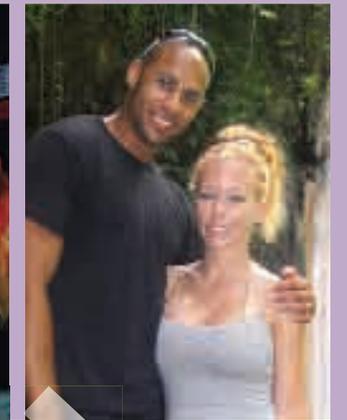
KOURTNEY I love being pregnant. I feel like it's going by too fast. It is the best thing that's happened to me. It's such a spiritual thing happening in your body, and it's what your body was made for. **US**

Kendra Then and Now

During her *Girls Next Door* days, Bakett did her share of partying, but now she says the smell of alcohol is a turn-off. "It is not appealing to me at all," she tells *Us*.



Wild



Mild



The model, who now shares a New Jersey pad with her hubby (they'll reside in L.A. during his off-season), says living in the Playboy Mansion was "a chapter of my life."