



Get Wild in the New Year

You can't fool us: We know your New Year's resolution is to get outside more. Austin's gorgeous, so we really can't blame you there. But it's also full of rich — and edible! — plant life for you to enjoy. (And, well, EAT.) And we want to share it with you.

Local Leaf owners Eric and Stacy bonded over their love of the natural world, and every single Local Leaf bottle of yaupon maté is brewed with a love and care for our environment here in Central Texas. Part of our mission is spreading knowledge about our environs and encouraging local sustainable foraging. That's why in Spring 2018 we're offering Wild Edibles tours right here in Austin's parks. Sign up the links below!

Naturist Eric Knight will regale you with details about the native and naturalized flora of Central Texas in general and Austin in particular. On each gentle trek, you'll learn to identify wild spring greens, deliciously edible "weeds," and how local field guides will help further your foraging adventures. Wild edibles currently in season include hackberries, cucumber plant, and Anacua.

But don't just keep the knowledge to yourself! A Wild Edibles Walk is a great gift for the outdoors lover who has everything. Buy two and share an experience with a friend or loved one that will stay with you both far longer than any material gift. It'll feed y'all for a lifetime!



APRIL 7TH, 2018
Wild Edibles Tour
Zilker Nature Preserve
2.5 hour walk
9am-11:30am
Austin, TX



MAY 5TH, 2018
Mary Moore Searight Metropolitan
Park
Wild Edibles Tour
2.5 hour walk
9am-11:30
Austin, TX

Meet the Teacher

Eric Knight is an environmental engineer who has taught numerous plant walks and edible and medicinal plant classes for Earth Native Wilderness School, the Austin Nature & Science Center, and the Lady Bird Johnson Wildflower Center. He's excited to share his ethnobotanical knowledge.



Drink Wild, Stay Wild

Local Leaf's crisp and caffeinated wild harvested Yaupon Maté tea is available all over Austin, including at:

- Tiny Taiga
- in.redients
- People's Pharmacy (South Lamar)
- Texas Farmer's Market at Mueller (Sundays 10am-2pm)



