

MY FABULOUS WORLD

Elle Macpherson

The Australian supermodel turned wellness entrepreneur gives us a look at her globe-trotting lifestyle.



UNIFORM

I typically fly in jeans, a T-shirt, and **Azzedine Alaïa** ballet flats, with a cross-body **Hermès Jypsiere** handbag. On the plane, I use a cashmere pillow and blanket from **Banjo & Matilda**, my brother's company.



HOMECOMING

There's nothing better than returning to Sydney, where my family lives. I love to swim in the famous outdoor pool at **Bondi Icebergs Club** (icebergs.com.au), and I often rent a house in Byron Bay so I can go surfing twice a day.



STAYING HEALTHY

Before and after a flight, I mix water with a travel pack of my supplement, the **Super Elixir** (net-a-porter.com; \$27 for 7). It has vitamins, minerals, and alkalizing greens, which give me energy on the road.



GREAT GETAWAY

My son and I recently stayed at **Clayoquot Wilderness Resort** (wildretreat.com; doubles from \$1,598 per person, all-inclusive), in British Columbia, where we went bear-watching, horseback riding, hiking—you name it.

SHOPPING FIX

I live in Miami, where the Design District is filled with new stores. One of my favorites is **Chrome Hearts** (chromehearts.com), which sells everything from sweatpants to fine jewelry, including a cool collection designed by Kate Hudson.



GO-TO PRODUCTS

The rose oil in Dr. Sebagh's **Rose de Vie Serum Dèlicat** (drsebagh.com; \$192) keeps my skin hydrated on the plane. To combat dry lips, I use **Lucas' Papaw Ointment** (lucaspapaw.com.au), which has extract of papaw, or papaya, that's grown in Queensland.—As told to Katie James



CLOCKWISE FROM TOP RIGHT: PETRINA TINSLAY; COURTESY OF DR. SEBAGH; COURTESY OF CHROME HEARTS; COURTESY OF QUASAR EXPEDITIONS; COURTESY OF CLAYOQUOT WILDERNESS RESORT; COURTESY OF WELLECO; SPLASH NEWS/CORBIS

Act Fast: Off-Season Patagonia

The region's hotels traditionally close during the cooler months from May to September. But this year, **Quasar Expeditions**, a tour operator with nearly 30 years of experience in South America, is offering wildlife-centric winter trips to Chile's Torres del Paine National Park. Travelers can track pumas, foxes, and the rare Geoffroy's cat (a speckled, indigent cousin of the ocelot), and stay at the luxe Explora Lodge. Other perks of a slow-season visit: tourmaline blue skies, wind-free hikes, and having the park's spectacular landscapes all to yourself. quasarex.com/patagonia; five-day trips from \$7,150 per person.—N. E.



FLIGHT PLAN

*Beantown, meet Ben-Gurion. Israeli airline **El Al** will offer nonstop flights from **Boston to Tel Aviv** starting June 28, adding to its existing direct routes from New York, Newark, and Los Angeles.*