

WHO ARE WE?

Pregnancy is hard and scary. There are many unanswered questions and that doesn't help when you want the best for your baby and yourself.

Our care programs designed by doctors with over 25 years of experience are aimed at providing the right information and guidance towards healthy eating and weight gain before and during pregnancy.

Talk to us

**info@lville.com
(647)456-289**

**30 Egan Avenue
TO, M4J 2Z3**



**LESLIEVILLE
CARE**

WWW.LVILLE.COM



We at Leslieville Care have been of service to our community for the past 30 years. We believe in extending the doctor-patient relationship beyond the traditional setting to give you excellent care during this important time. With more than 15,000 satisfied families, we continue to grow every day.

WHAT WE DO

We understand the importance of having a happy and positive state of mind while you're pregnant. Depression and anxiety are common among pregnant women and can have fatal affects. Our support groups provide care and support by connecting you with other pregnant women from your community.

OUR HISTORY

OUR SERVICES

EXERCISE PROGRAM

Our Exercise Program includes 30 minutes of moderate exercise (that makes you sweat), five days a week. It will prepare you for the physical challenges of pregnancy and labour, and help you maintain or achieve a healthy BMI for pregnancy.

SUPPORT GROUPS

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